

# 2022 Stark County Community Health Assessment

# Prepared for:

# **Stark Community Health Needs Assessment Advisory Committee**

Research Funded By:

















Prepared by:

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### **Key Terms**

#### Local Health Department (LHD) assessments and plans

- **CHA** Community Health Assessment
- CHIP Community Health Improvement Plan

#### Hospital assessments and plans

- CHNA Community Health Needs Assessment
- **IS** Implementation Strategy

#### State assessments and plans

- SHA State Health Assessment
- SHIP State Health Improvement Plan

#### The following LHDs participated in the assessment process:

#### **Alliance City Health Department**

537 E. Market St. Alliance, OH 44601 330-821-7373 www.cityofalliance.com/health



#### **Canton City Public Health**

420 Market Avenue North Canton, OH 44702 330-489-3231 www.cantonhealth.org/

#### **Massillon City Health Department**

111 Tremont Ave. SW Massillon, OH 44647 330-830-1710 www.massillonohio.com

#### **Stark County Health Department**

7235 Whipple Ave. NW North Canton, OH 44720 330-493-9904 www.starkhealth.org

The following nonprofit hospitals were involved in the assessment process:

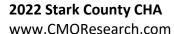
Aultman Alliance Community Hospital 200 East State St.

Alliance, OH 44601 330-596-6000

www.achosp.org

Aultman Hospital 2600 6th St. SW Canton, OH 44710 330-452-9911 www.aultman.org

Aultman Specialty Hospital 2600 6th St. SW Canton, OH 44710 330-363-000 www.aultman.org Cleveland Clinic Mercy Hospital 1320 Mercy Drive NW Canton, OH 44708 330-489-1000 www.my.cleveland clinic.org



# **Stark County Community Health Assessment Advisory Committee**

The Stark County Community Health Assessment (CHA) Advisory Committee, referred to as the Advisory Committee from this point forward, is made up of a variety of agencies and volunteers in the community, including: Access Health Stark County (AHSC); Alliance City Health Department (ACHD); Alliance Family Health Center (AFHC); Aultman Health Foundation; Aultman Hospital; Aultman Alliance Community Hospital; Aultman Specialty Hospital; Beacon Charitable Pharmacy; Canton City Public Health (CCPH); Cleveland Clinic Mercy Hospital; Domestic Violence Project Inc (DVPI); Educational Services Center; Jackson Twp Fire; Lifecare Family Health and Dental Center; Massillon City Health Department (MCHD); Meals on Wheels Northeast Ohio; My Community Health Center (MCHC); OSU Extension; Salvation Army of Canton Citadel; Stark Community Foundation; StarkFresh; Stark Parks; Stark County Community Action Agency (SCCAA); Stark County Family Council; Stark County Health Department (SCHD); Stark County Job and Family Services; Stark County Mental Health & Addiction Recovery (StarkMHAR); United Way of Greater Stark County; and Youngstown State University (YSU).

The following individuals have been involved in the development of the 2022 CHA:

(Chair) Kay Conley, SCHD

Abigail Jenkins, SCHD

Adrianne Price, United Way

Allison Esber, StarkMHAR

Amanda Kelly, SCHD

Amanda Nelson, AFHC

Amy Antonacci, Aultman Alliance

**Amy Krebs, Stark Community Foundation** 

**Anju Mader,** StarkMHAR

Audrey Sylvester, MCHD

Brianna Hill, DVPI

Carol Risaliti, Beacon Charitable Pharmacy

Chelsea Sadinski, SCHD

**Cindy Hickey,** Cleveland Clinic Mercy

Cindy Linger, AHSC

David Green, Stark Parks

Dawn Miller, CCPH

Dan Gichevski, Stark County Family Council

Elizabeth Fiordalis, Cleveland Clinic Mercy

Jessica Boley, CCPH

Jim Adams, CCPH

Julie Donant, DVPI

Kaitlyn Moyes, Salvation Army of Canton

Kelly Potkay, SCHD

Kristen DeDent, Aultman Specialty Hospital

Liz Edmunds, Aultman Health Foundation

Leslie Shaffer, ACHD

Melissa Warrington, Aultman Hospital

Nicolette Powe, YSU

Randy Flint, ACHD

Rob Knight, CCPH

Rodney Reasonover, SCCAA

Serena Draper Hendershot, CCPH

**Stephanie Wheeler,** Cleveland Clinic Mercy

Tasha Catron, SCHD

Terri Argent, MCHD

Terry Regula, MCHC

Tom Phillips, StarkFresh

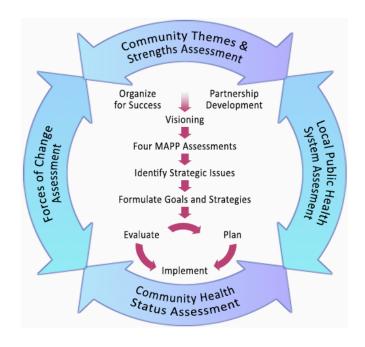
Yvette Graham, OSU Extension

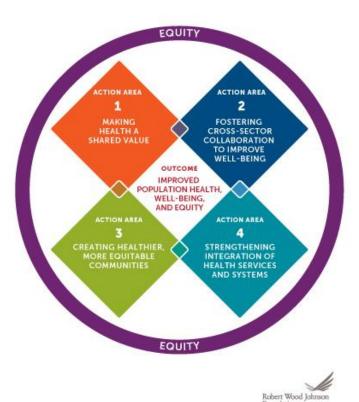
2022 Stark County CHA www.CMOResearch.com



# **Community Health Assessment Model & Framework**

In 2018, the Advisory Committee adopted the Mobilizing for Action through Planning and Partnerships (MAPP) Model. MAPP is a community-wide strategic planning process that assists communities with prioritizing public health issues, identifying resources for addressing those issues, and developing a shared, long-term Community Improvement Plan (CHIP). MAPP is an evidence-based approach to improve public health practice that includes six phases and four assessments. The three significant components underlining the foundation of MAPP are strategic planning, collaboration, and quality improvement.





In 2022, the Advisory Committee began utilizing the Culture of Health Action Framework, developed by the Robert Wood Johnson Foundation. The framework identifies priorities, organized under distinct Action Areas, for driving measurable, sustainable progress and improving the health and well-being of all people. The Culture of Health Action Framework focuses on four areas:

- 1. Making Health a Shared Value
- 2. Fostering Cross-Sector Collaboration
- 3. Creating Healthier, More Equitable Communities
- Strengthen Integration of Health Services and Systems



# **Executive Summary**

In 2010, the Stark County Health Department began facilitating the community health assessment (CHA) process to meet requirements of the Affordable Care Act of 2010 for nonprofit hospitals and Public Health Accreditation Board standards for health departments. The CHA process is supported and guided by local health departments, health care systems, mental health organizations, social service agencies, and non-profit organizations. The committee meets quarterly to:

- → Review data and assist in the development of the CHA
- → Discuss the work being accomplished within the community that directly aligns to the priority health areas within the Community Health Improvement Plan
- → Organize the Health Improvement Summit
- → Identify emerging health issues
- → Determine the best approach to eliminate health inequities

This report begins the 3-year cycle and will include the release of the Community Health Improvement Plan (CHIP) in 2023. The Center for Marketing and Opinion Research (CMOR) was selected by the Advisory Committee to conduct data collection and analysis for the CHA through four project phases.

- 1. The first phase of the project, the Stark Poll, consisted of a random sample telephone survey of Stark County households. This method was used to ensure representativeness of the population and to warrant statistical validity. The final sample size was 600 which resulted in an overall sampling error of +/- 4.0% within a 95% confidence level. The questions on the Stark Poll focused primarily on mental health and addiction.
- 2. The second phase of the project, Secondary Data Analysis, consisted of reviewing and analyzing secondary data sources to identify priority areas of concern when compared to survey data
- 3. The third phase of the study, a Community Health Leader Survey, consisted of a web survey of community leaders who are knowledgeable about public health. A total of 125 community health leaders completed the web survey.
- 4. The fourth phase includes the Maternal Health Community Focus Group, which was a facilitated discussion with a demographic mix of Stark County women of childbearing age. The five participants were all women ages 18 to 44 who live in Stark County. The group consisted of participants of different races and backgrounds, with and without children, and living in urban, suburban, and rural areas.
- 5. The fifth and final phase, was the Voices of Stark County Report, which consisted of data from six community meetings and 15 small focus groups. A total of 167 individuals participated. Voices of Stark County Report was compiled by the Behavioral Health Access and Integration Collaborative.

After gathering data, CMOR compiled the information, by source into a report narrative, with supporting charts and tables. When available, data was compared to previous year's information and other geographic areas such as Ohio or the United States. Analysis included survey data, and health and demographic data. Utilizing all available data, CMOR identified priority health needs for the county including (in alphabetical order):









# **Contributing Factors to Health Challenges**

There are a number of factors that affect the health of a community. When asked what is the most important health related issue or challenge facing the county right now, nearly a third of community leaders, (32%), mentioned social determinants of health. This included transportation, affordable and available housing, access to food, childcare, and violence. Community leaders were also asked to list some problems, barriers, or gaps in services that prevent residents from receiving health related care and services they need. The most common barriers mentioned were transportation issues (42%), lack of awareness of available programs and resources (33%), cost (27%), and a limited workforce (22%).

In Stark County and across the state, life expectancy goes down as poverty goes up, according to an analysis by The Center for Community Solutions. For example, four miles could mean a difference of 16.2 years in life expectancy between a neighborhood on the east side of Canton and a neighborhood near the center of North Canton. Where you grow up and where you live have been shown to be correlated with health, social, and economic outcomes including employment, chronic disease, kindergarten readiness, and lead poisoning (Protecting Stark's Future, 2020). Stark County is unique in that it includes multiple urban areas, as well as suburban and rural communities. Residents who live in urban communities, like Canton, Massillon and Alliance, tend to experience higher rates of stress related illnesses and mental health issues (*Peen et al, 2010*) and higher rates of cocaine and heroin addiction (*SAMHSA, 2012*). Residents of the county's suburban areas generally do not have access to the same quality or selection of health care providers as those who live in an urban setting. However, the percentage of the population in poverty is much higher in the county's urban zip codes, particularly in Canton, than in other areas (*Source: U.S. Census Bureau 2021*).

Income is another contributing factor to the county's health challenges. In Stark County, the annual average household income is \$55,045. The average household income in Canton is \$32,735. In some Canton neighborhoods, like the Shorb neighborhood, household income is less than \$25,000. There, families pay an average of \$705 in rent each month compared to the county average of \$752, despite the neighborhood's high rate of poverty and violent crime (United Way of Greater Stark County, 2022). Residents in communities with the lowest income levels have the poorest health and the most difficulty gaining access to health care. Poverty levels for children in the county are slightly higher than poverty levels for the state and have remained relatively unchanged over the past 5 years. When looking specifically at children under the age of 5, the percentage is slightly higher for the county (23.7%) than the state as a whole (21.8%) (Source: U.S. Census Bureau 2021). In addition, 82% of community leaders felt that it was very important to address people living in poverty.

A closer look at the data reveals concerning racial disparities. Black children in Canton are about 1.5 times more likely to live in poverty than their non-Hispanic white peers. However, poverty isn't just a problem for the City of Canton. Of the nearly 20,000 children living below poverty in Stark County in 2018, around 9,000 or 47% resided in communities outside the city of Canton (Protecting Stark Future, 2020). In terms of poverty, Black and multi-racial respondents had the highest poverty levels (35.3% and 34.3%) followed by Hispanic or Latino (28.0%) (Source: U.S. Census Bureau 2021). In addition, 72% of community health leaders felt that it was very important to address minority populations. Educational attainment also contributes. The percentage of the population with a Bachelor's degree or higher is significantly higher in the state than it is in the county, 28.9% compared to 23.5% (Source: U.S. Census



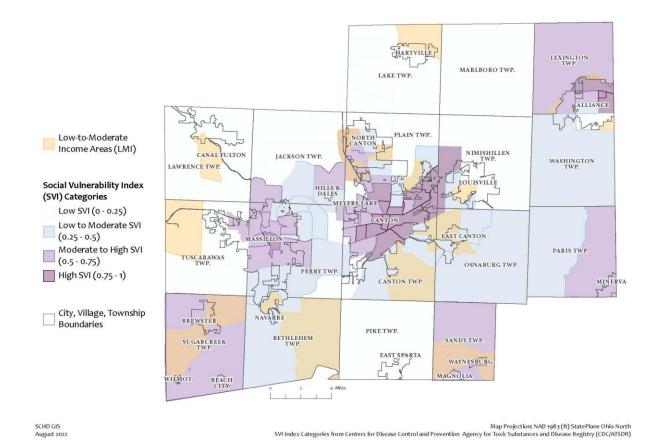




Bureau 2021). In Stark County, the lower the education level, the higher the poverty level for that demographic group (poverty rate for those with less than a high school diploma was 24.6% compared to 2.9% for college graduates) (Source: U.S. Census Bureau 2021).

The aging population is also a contributing factor in the county's health challenges that this is likely to grow in importance over the next few years. Currently, the median age in the county, 42.1, is higher than the median age of 39.4 for the state. Also, 19% of households in the county have someone in the household aged 65 or over (Source: U.S. Census Bureau 2021).

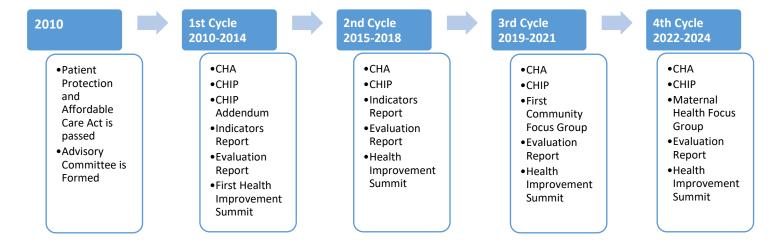
### **Social Vulnerability Index Categories & Low-to-Moderate Income Areas**







# **CHA Timeline**



**Please Note:** The Advisory Committee implemented a 5-year assessment process during the first cycle (2010), then moved to a 4-year cycle (2015) to align with the local hospitals and is currently transitioning to a 3-year cycle (2019) to better align with the state's assessment process.

# **Process for Identifying Priority Health Needs**

Analysis for the CHA included survey data in conjunction with health and demographic data. Using all data available, CMOR confirmed the five priority community health needs for the county that were identified through the prior CHA process. The data is included in this document.









This section presents a summary of the priority health needs for Stark County (in alphabetical order). For each area, data is given to support the identified health need. The priority health needs were identified after analyzing multiple sources of data as outlined in the Research Methodology appendix. The five priority health need areas were identified because they were common themes that appeared throughout the multiple sources of data and had adequate support to identify them as a significant issue.

#### **ACCESS TO HEALTH CARE**

**HEALTH NEED:** A large portion of county residents still do not have access to affordable basic health care services. Access to medical specialists and mental health professionals were also issues.

#### **Progress since last CHA**

- → 24% of community leaders reported the issue of *access to health care* was worse than it was three years ago, 41% reported that the issue was better.
- → 49% of community leaders felt there has been moderate or major progress in increasing the number of residents who have health insurance or Medicaid, 9% said there was minor progress. No one said there was no progress.
- → 42% of community leaders felt there has been moderate or major progress in *increasing the number of residents who have a primary care provider*, 14% said there was minor progress. 3% said there was no progress.
- → 28% of community leaders felt there has been moderate or major progress in *increasing the number of residents who have access to reliable transportation*, 26% said there was minor progress. 13% said there was no progress.
- → The following chart summarize data gathered in 2022 from the Community Leader Survey and indicate community leader's perceived progress on key measures on this priority area over the last three years.

#### **Community Leader: Perceived Progress on Key Measures** Access to Care Increase the number of residents who have access to reliable 13% 33% 26% 22% 6% transportation Increase the number of residents who have a primary care 3% 14% 34% 41% provider Increase the number of residents who have health insurance 9% 35% 14% 42% or Medicaid 0% 20% 40% 60% 80% 100% ■ No Progress ■ Minor Progress ■ Moderate Progress Major Progress Unsure



#### Continuing Support for Access to Health Care as a Focus Area

- On a 10-point scale in which 1 was 'Not at all important' and 10 was 'Very important', access to health care was given an average importance rating of 8.82 by community health leaders, the third highest average importance of the five health related issues from the last CHA cycle.
- 45% of community leaders reported that there are not enough services and programs available in Stark County
  to address access to care issues. When asked what was missing to address this issue, the following were
  mentioned most often: more providers and location, transportation and other social determinants, culturally
  competent providers and care, lack of information or knowledge of available services, and sites that offer
  comprehensive services.
- Just 14% of community leaders agreed that "People in the community know about the health services and options that are available to them."
- Less than half of community leaders, (44.4%), agreed that "Stark County has the needed programs and resources to address health related issues."
- Less than half of community leaders, (48.0%), agreed that "Residents in Stark County are able to access a primary care doctor when needed."
- Less than a third of community leaders who were surveyed, 33%, agreed that "Residents in Stark County are able to access a dentist when needed."
- A quarter of community leaders, (24.8%), agreed that "Transportation services for medical/mental health appointments are available for residents in Stark County when needed."
- Nearly one-sixth of Stark County youth, (14%), have not always been able to get medical or psychological care when they thought they needed it during the school year (Source: Northeast Ohio Youth Health Survey 2021).

#### **ADDICTION**

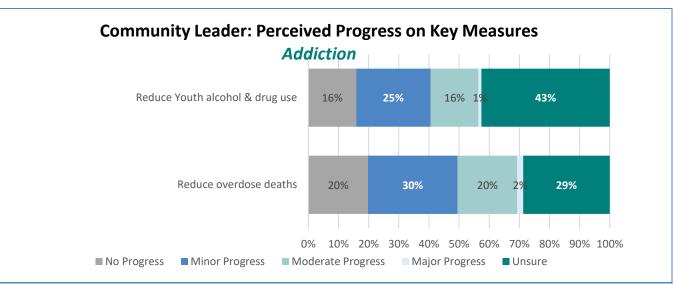
**HEALTH NEED:** Unintended drug overdose deaths are on the rise in Stark County. In addition, a high level of middle and high school students in the county reported using some kind of illegal substance in their lifetime. Excessive alcohol and drug use can lead to an increased risk of other health problems such as injuries, violence, liver disease, and cancer.

#### **Progress since last CHA**

- → 64% of community leaders reported the issue of *addiction* was worse than it was three years ago, 11% reported the issue was better.
- → 22% of community leaders felt there has been moderate or major progress in *reducing overdose deaths*, 30% said there was minor progress. 20% said there was no progress in this area.
- → 17% of community leaders felt there has been moderate or major progress in *reducing youth alcohol and drug use*, 25% said there was minor progress. 16% said there was no progress in this area.
- → The chart on the next page summarize data gathered in 2022 from the Community Leader Survey and indicate community leader's perceived progress on key measures on this priority area over the last three years.







#### **Continuing Support for Addiction as a Focus Area**

- Nearly a quarter of community leaders, (23%) named addiction and overdoses as the most important health related issue or need in Stark County right now. This included the opiate epidemic, increase in overdoses, and the need for more addiction services and locations for sober living.
- On a 10-point scale in which 1 was 'Not at all important' and 10 was 'Very important', addiction was given an average importance rating of 9.08 by community health leaders, the second highest average importance of the five health related issues from the last CHA cycle.
- 63% of community leaders reported there are not enough services and programs available in Stark County to
  address addiction issues. When asked what was missing to address this issue, the following were mentioned
  most often: more providers and locations, community education and information to reduce stigma, a workforce
  or staffing shortage, culturally competent providers and care, and not knowing where to go for help.
- 80% of community leaders felt that it was very important for the CHNA Advisory Committee to address people addicted to drugs or alcohol.
- When asked to rate their level of agreement with five statements about addiction, Stark County residents were most likely to agree that addiction can affect anyone (92.6%) and addiction is a disease (62.9%) (Source: Stark Poll 2021).
- Less than half, (43.1%), felt marijuana use was a serious problem, about the same as 42.7% in 2020. More than a quarter (29.2%) said marijuana was not a problem at all in 2021 (Source: Stark Poll 2021).
- When asked to rate the seriousness of underage drinking in Stark County, about a quarter of Stark County residents
  (25.7%) said it was a very serious problem. Nearly half (46.4%) said it was moderately serious (Source: Stark Poll
  2021).
- Respondents were asked to rate how easy it is for youth to obtain alcohol in their community. More than half (63.1%) said it was either extremely easy (31.6%) or slightly easy (31.5%) (Source: Stark Poll 2021).
- 34% of driving deaths in Stark County in 2020 had alcohol involvement (Source: County Health Ranking 2020).
- The number of unintentional drug overdose deaths in Stark County has increased steadily since 2013, more than doubled <u>from 12.4 to 27.0</u> (Source: Ohio Department of Health 2013-2020).
- Nearly a third of Stark County middle and high school students have used some illegal substance at some point
  in their lifetime. Nearly a sixth, 13%, have used a substance in the past thirty days. Alcohol and marijuana were
  the most common substances used (Source: Northeast Ohio Youth Health Survey 2021).
- Nearly a quarter of Stark County middle and high school students, (24.1%), reported that someone in their household had used a substance, not including alcohol, during this past school year. Marijuana was the most common substance used (Source: Northeast Ohio Youth Health Survey 2021).





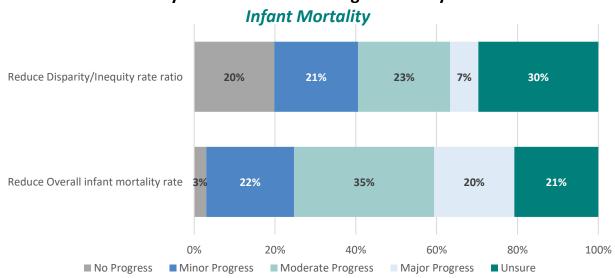
#### INFANT MORTALITY AND MATERNAL HEALTH

**HEALTH NEED:** Although, Black and African American families continue to experience higher rates of infant loss, at times over double the rate of Stark County as a whole, the county has been seeing gradual improvements in the overall infant mortality rate. Premature and low birth weight births are a large contributor to the infant mortality rate which is influenced by maternal health.

#### **Progress since last CHA**

- → 11% of community leaders reported the issue of *infant mortality and maternal health* was worse than it was three years ago, 59% reported that the issue was better.
- → 55% of community leaders felt that there has been moderate or major progress in *reducing the overall infant mortality rate*, 22% said there was minor progress. 3% said there was no progress in this area.
- → 30% of community leaders felt that there has been moderate or major progress in *reducing disparity/inequality rate ratio*, 21% said there was minor progress. 20% said there was no progress in this area.
- → The following chart summarize data gathered in 2022 from the Community Leader Survey and indicate community leader's perceived progress on key measures on this priority area over the last three years.





#### Continuing Support for Infant Mortality and Maternal Health as a Focus Area

- On a 10-point scale in which 1 was 'Not at all important' and 10 was 'Very important', infant mortality and maternal health was given an average importance rating of 8.77 by community health leaders, the fourth highest average importance of the five health related issues from the last CHA cycle.
- 27% of community leaders reported there are not enough services and programs available in Stark County to address infant mortality and maternal health issues. When asked what was missing to address this issue, the following were mentioned most often: community education, more providers and locations, and addressing social determinants of health.
- 83% of community leaders felt it was very important for the CHNA Advisory Committee to address infant mortality and maternal health.
- Less than half of community leaders, (40.8%), agreed that "Family planning services are accessible and available to adequately address the reproductive health needs in the community."





- Less than three-quarters, (69%), of birthing parents in Stark County accessed prenatal care in the first trimester in 2021 (Source: Ohio Department of Health 2021).
- The infant mortality rate in 2019 for all races (5.4) is much higher than the rate for White babies in Stark (3.8) (Source: Ohio Department of Health 2019).
- When using three-year groupings (2019-2021), infant mortality rates for Black babies is more than twice as high as White babies, 5.26 compared to 12.80 (Source: Ohio Department of Health 2022).
- Teen birth rates for non-Hispanic Black teenagers are more than three times higher than birth rates for non-Hispanic White teens, 13.2 compared to 74.2. For the Hispanic population, teen birth rates were significantly higher, 74.2 (Source: Ohio Department of Health 2022).
- In the maternal health focus group, cost was mentioned in nearly every aspect of the focus group as having a negative effect on a women's ability to get the healthcare they need.
- Another common theme during the maternal health focus group was that women tend to have multiple responsibilities and tend to put the healthcare needs of others they care for before their own needs. In addition, women feel guilty taking time from work to go to the doctor for themselves. Instead, they save their time off (if they even get paid time off) to take care of others.

#### **MENTAL HEALTH**

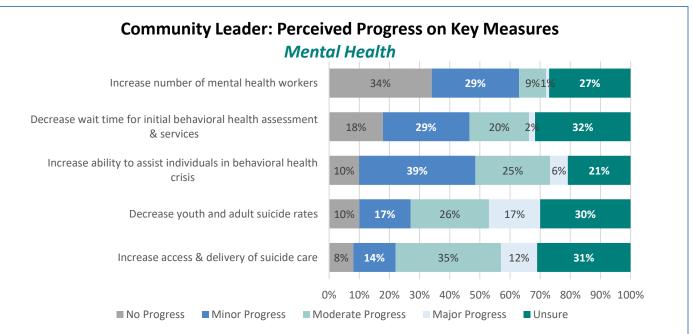
**HEALTH NEED:** The need for mental health treatment and intervention continues to increase. High diagnosis rates for depression as well as an increase in suicide rates in adults substantiate this issue.

#### **Progress since last CHA**

- → 64% of community leaders reported the issue of *mental health* was worse than it was three years ago, 15% reported the issue was better.
- → 47% of community leaders felt there has been moderate or major progress in *increasing access and delivery of suicide care*, 14% said there was minor progress. 8% said there was no progress in this area.
- → 43% of community leaders felt there has been moderate or major progress in *decreasing youth and adult suicide rates*, 17% said there was minor progress. 10% said there was no progress in this area.
- → 31% of community leaders felt there has been moderate or major progress in *increasing the ability to assist individuals in a behavioral health crisis*, 39% said there was minor progress. 10% said there was no progress in this area.
- → 22% of community leaders felt there has been moderate or major progress in decreasing the wait time for initial behavioral health assessment and services, 29% said there was minor progress. 18% said there was no progress in this area.
- → 10% of community leaders felt there has been moderate or major progress in *increasing the number of mental* health workers, 29% said there was minor progress. 34% said there was no progress in this area.
- → The chart on the next page summarize data gathered in 2022 from the Community Leader Survey and indicate community leader's perceived progress on key measures on this priority area over the last three years.







#### **Continuing Support for Mental Health as a Focus Area**

- The most common most important health related need or issue in Stark County named by community leaders were mental and behavioral health issues, mentioned by 41%. More specifically, the following were mentioned: availability of providers, need for more inpatient beds, staffing shortages, timely care, integration with primary care, depression, and suicide.
- On a 10-point scale in which 1 was 'Not at all important' and 10 was 'Very important', mental health was given an average importance rating of 9.56 by community health leaders, the highest average importance of the five health related issues from the last CHA cycle.
- 76% of community leaders reported there are not enough services and programs available in Stark County to address mental health issues. When asked what was missing to address this issue, the following were mentioned most often: workforce and staffing shortage, more providers and locations, timely/accessible care, community education and information for stigma reduction, specific kinds of care or treatment approaches, culturally competent providers and care, not knowing where to go for help, affordability of care, and integration of mental health into other medical offices such as primary care.
- 86% of community leaders felt it was very important for the CHNA Advisory Committee to address people with mental illness.
- A third of community leaders, (33%), agreed that "Residents in Stark County are able to access a mental health care provider when needed."
- County residents were asked to rate the seriousness of suicide in Stark County. Nearly a third (31.0%) said it was a very serious problem while nearly half (45.4%) said it was moderately serious (Source: Stark Poll 2021).
- About a third, (33.8%), of county residents reported a negative change in day-to-day mood, mentality, or general outlook in the past year while, 24.5% reported new feelings of isolation, disconnection, or loneliness.
- The number of adults and children receiving behavioral health assistance increased steadily over the past five years (9% increase for adults and 7% increase for children) (Source: Stark MHAR 2022).
- More than a third of students, (34.5%), reported they have been told by a health care professional they had a
  mental health issue before the current school year. The most common mental health issues for female students
  were Anxiety and Depression. For male students, the most common issues were ADD/ADHD and anxiety
  (Source: Northeast Ohio Youth Health Survey 2021).





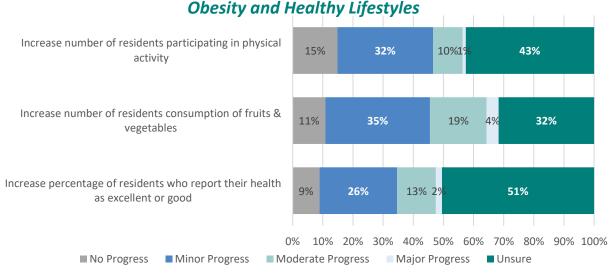
#### **OBESITY AND HEALTHY LIFESTYLE CHOICES**

**HEALTH NEED:** A large portion of county residents are overweight, not exercising regularly, and not making food choices based on nutritional information.

#### **Progress since last CHA**

- → 41% of community leaders reported the issue of *obesity and healthy lifestyle choices* was worse than it was three years ago, 8% reported the issue was better.
- → 23% of community leaders felt there has been moderate or major progress in *increasing the number of residents* consuming fruits and vegetables, 35% said there was minor progress. 11% said there was no progress in this area.
- → 15% of community leaders felt there has been moderate or major progress in *increasing the percentage of residents who report their health as excellent or good*, 26% said there was minor progress. 9% said there was no progress in this area.
- → 11% of community leaders felt there has been moderate or major progress in *increasing the number of residents* participating in physical activity, 32% said there was minor progress. 15% said there was no progress in this area.
- → The following chart summarize data gathered in 2022 from the Community Leader Survey and indicate community leader's perceived progress on key measures on this priority area over the last three years.

# **Community Leader: Perceived Progress on Key Measures**



#### Continuing Support for Obesity and Healthy Lifestyle Choices as a Focus Area

- On a 10-point scale in which 1 was 'Not at all important' and 10 was 'Very important', obesity and healthy lifestyle
  choices was given an average importance rating of 8.42 by community health leaders, the fifth highest average
  importance of the five health related issues from the last CHA cycle.
- 56% of community leaders reported there are not enough services and programs available in Stark County to address obesity and healthy lifestyle choice issues. When asked what was missing to address this issue, the following were mentioned most often: community education and buy-in, access to healthy food, access and affordability, and more resources, programs and supports.
- 46% of community leaders felt it was very important for the CHNA Advisory Committee to address people who
  are overweight or obese.



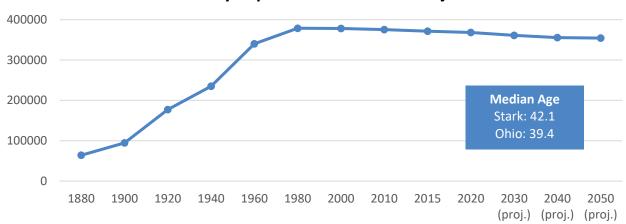


- Community leaders were also asked what challenges they feel people in the community face when trying to maintain a healthy lifestyle. The most common responses mentioned were having access to healthy food, (44%); affordability, (38%); safe outdoor green space, (28%); health literacy, (20%) (information overload); time, (14%) (busy schedules); transportation, (11%); social determinants, (11%), and motivation, (11%).
- More than a quarter of adults in Stark County, (28%), are considered physically inactive, a number that has been slightly increasing over the last several years (Source: County Health Ranking 2022).
- More than a third of adults in Stark County, (34%), have a BMI of 30 or more. Once again, the percentage of obese adults has increased slightly over the past several years (Source: County Health Ranking 2022).
- The percentage of Stark County population with access to exercise opportunities has been decreasing from 81% in 2013 to 68% in 2020 and is now significantly lower than the state (Source: County Health Ranking 2022).
- 23% of Stark County adults currently smoke every day or most days (Source: County Health Ranking 2022).

# **Stark County Demographic Profile**

Stark County is the eighth most populated county in Ohio with a current population of 368,210. Stark County's population is projected to decrease by nearly 4% between now and 2050. The state's population, on the other hand, is projected to remain stable over that same time. The median age in the county, (42.1), is higher than the median age of 39.4 for the state.

### **Stark County Population Trends and Projections**

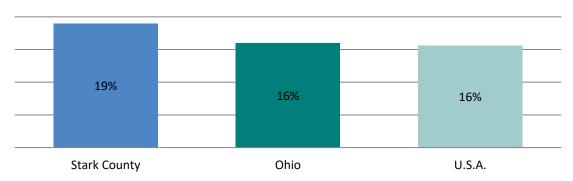


County Population Trends & Projections									
	Stark County	Ohio		Stark County	Ohio				
1880	64,031	3,198,062	2020	368,210	11,574,870				
1900	94,747	4,157,545	2025	364,650	11,598,670				
1920	177,218	5,759,394	2030	361,130	11,615,100				
1940	234,887	6,907,612	2035	357,820	11,635,110				
1960	340,345	9,706,397	2040	355,500	11,679,010				
1980	378,823	10,797,630	2045	355,110	11,666,880				
2000	378,098	11,353,140	2050	354,500	11,646,810				
2010	375,586	11,353,140	% Change	-3.7%	+0.6%				
2015	371,650	11,549,120	2020-2050	-3.7%	+0.0%				
SOURCE: Ohio D	evelopment Services Ago	ency, U.S. Census							

County Population Trends & Projections - Children									
	Stark	County	Ohio						
	Under 5	Under 18	Under 5	Under 18					
2014	21,011	83,741	700,088	2,673,661					
2015	20,932	83,065	695,996	2,656,019					
2016	21,037	82,509	695,764	2,639,860					
2017	21,025	81,832	695,704	2,627,168					
2018	21,034	81,165	695,933	2,618,168					
2019	20,940	80,421	694,711	2,605,010					
% Change 2014 to 2019 -0.3% -3.9% -0.7% -2.5%									
SOURCE: U.S. Census Bureau 20		Community Survey, 5-	year estimates						

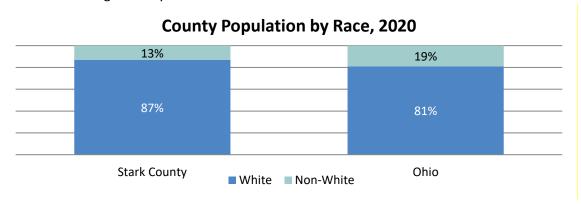
As shown in the graph below, Stark County has a slightly higher percentage of the population ages 65 and over compared to both Ohio and the country as a whole.

# Percentage of Population ages 65+, 2020



Data Source: US Census Bureau 20 American Community Survey, 5-year estimates 2020

Stark County is slightly less diverse than the state of Ohio with 13% of the population being non-White compared to 19% in the state. Over the past five years, the number of White and African American residents has changed less than 3% while the number of Native Americans, Asians, and those of two or more races has significantly increased.



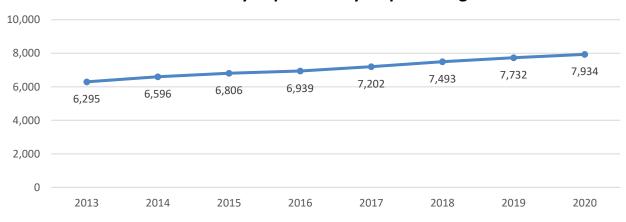


Population by Race, 2020									
	African American	Asian	Native American	Pacific Islander	White	Other Race	Two or more races		
Ohio	12.4%	2.3%	0.2%	0.0%	80.5%	1.1%	3.6%		
Stark County	7.4%	0.9%	0.1%	0.0%	87.1%	0.7%	3.8%		
SOURCE: U.S. Cen	isus Rureau 2020	American Comm	unity Survey 5-ve	ar estimates					

Stark County Population Estimates by Race									
	2016	2017	2018	2019	2020	% Change			
African American	27,197	26,706	27,492	27,880	27,511	+1.1%			
Asian	2,896	3,055	3,200	3,432	3,284	+13.4%			
Native American	390	403	512	473	479	+22.8%			
Pacific Islander	82	67	66	21	12	-85.3%			
White	331,467	330,293	328,522	326,891	323,349	-2.4%			
Other race	1,196	1,399	2,069	2,339	2,510	+109.9%			
Two or more races	11,534	12,350	11,614	11,513	14,167	+22.8%			
SOURCE: U.S. Census Bureau Ai	merican Commu	nity Survey, 5-y	ear estimates						

As of 2020, an estimate of 2% of Stark County's population is Hispanic or Latino. The number of Hispanic or Latino County residents has increased 26% from 2013 to 2020.

# **Stark County Population by Hispanic Origin**



Source: U.S. Census Bureau 2013-2020 American Community Survey, 5-year estimates

Stark County Population by Hispanic Origin									
2016 2017 2018 2019 2020 % Change									
Hispanic or Latino Origin	Hispanic or Latino Origin 1.9% 1.9% 2.0% 2.1% 2.1% +0.2%								
SOURCE: U.S. Census Bureau Ame	erican Communit	y Survey, 5-year	estimates						





The majority of Stark County households speak English only (96.9%) compared to those households who speak a language other than English in the home (3.1%). In 2022, Stark County had 392 individuals (five years of age and older) utilizing American Sign Language as a main form of communication (Source: TRIAD Deaf Services, Inc.).

Stark County Languages Spoken at Home										
	2016	2017	2018	2019	2020	% Change				
English Only	96.4%	96.7%	95.6%	97.6%	96.9%	+0.5%				
Language Other Than English	3.6%	3.3%	4.4%	2.4%	3.1%	-0.5%				
Spanish	1.1%			0.7%	1.1%	0%				
Other Indo-European	1.8%	NA	NIA	1.3%	1.4%	-0.4%				
Asian and Pacific Islander	0.3%	INA	NA	0.4%	0.4%	+0.1%				
Other Languages	0.4%			0.1%	0.2%	-0.2%				
SOURCE: U.S. Census Bureau, American Comn	nunity Survey 1-Ye	ar Estimates, 20	17 and 2018 date	a are not availabl	P					

A slightly lower percentage of households in the county have children in the household than in the state (28% compared to 29%).

Families with Children as a Percent of Households									
2016 2017 2018 2019 2020 % Change									
Stark County	29.4%	29.2%	28.8%	28.3%	27.5%	-1.9%			
Ohio	Ohio 30.0% 28.1% 29.6% 29.3% 28.9% <b>-1.1%</b>								
SOURCE: U.S. Censu	SOURCE: U.S. Census Bureau, American Community Survey 5-Year Estimates								

The number of households with residents ages 65 and over has slightly increased over the past 5 years while male householder and married couple family households slightly decreased over the same time period. Other metrics stayed very similar over the same time period.

Stark County Households by Type									
	2016	2017	2018	2019	2020	% Change			
Total households	151,101	152,037	152,649	153,460	154,322	+2.1%			
Married couple	48.4%	47.8%	47.3%	46.6%	46.3%	-2.1%			
Married couple with children	36.5%	36.1%	35.6%		34.9%	-1.6%			
Male householder, with own kids	64.7%	60.4%	58.7%		58.8%	-5.9%			
Female householder, with own kids	65.1%	66.0%	66.7%	NA	64.8%	-0.3%			
Households with children	29.4%	29.2%	28.8%		27.5%	-1.9%			
Households with 65+	11.7%	12.1%	12.3%		13.1%	+1.4%			
Average household size	2.42	2.40	2.39	2.37	2.35	-0.07			
Average family size	2.96	2.93	2.93	2.92	2.91	-0.05			
SOURCE: U.S. Census Bureau, American Comm	unity Survey 5-Ye	ar Estimates, 201	19 data is not avo	ailable					

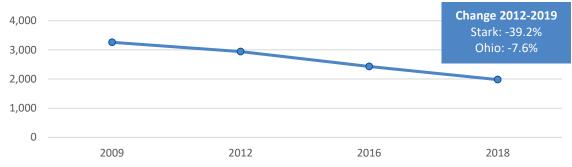






The number of children living with their grandparents has decreased much more rapidly in the county as compared to the state.

# **Number of Grandparents Raising Grandchildren - Stark**



Number of Grandparents Raising Grandchildren									
SFY 2013 SFY 2016 SFY 2018 SFY 2020 Change									
Stark County	3,260	2,939	2,432	1,979	-39.2%				
Ohio	99,478	100,667	97,811	91,845	-7.6%				
	SOURCE: Public Children Services Association of Ohio (PCSAO) Stark.pdf (pcsao.org) 2022 SFY= State Fiscal Year								

Residents of Stark County tend to be very similiar in terms of being geographically mobile as compared to Ohio.

Geographic M	Geographic Mobility 2020										
	Same house as previous year	Different house, same county	Different county, same state	Different state	Abroad						
Stark County	87.2%	9.2%	2.4%	1.0%	0.2%						
Ohio	85.3%	9.1%	3.4%	1.7%	0.4%						
SOURCE: Ohio Deve	lonment Services Agency, Ohio	County Profiles, STARK COUN	TY: C1077.pdf (ohio.gov) OHIC	): https://devresearch.ohio.gov	//files/research/C1001.ndf						

More than two thirds of housing units in Stark County, (68.2%), are owner occupied while 31.8% are renter occupied. The percentage of vacant houses is slightly lower in Stark County (8.0%) than Ohio (10.1%). The median value of a house in Stark County (\$134,300) is also lower than the state (\$145,700). Monthly expenses for both homeowners and renters are lower in Stark County than the state.

Housing Units, 2020									
	% Owner	% Renter	% Vacant	Median Year	Median	Median	Median Monthly		
	Occupied	Occupied	/o Vacaiit	Built	Value	<b>Gross Rent</b>	Owners Cost		
Stark County	68.2%	31.8%	8.0%	1964	\$134,300	\$741	\$1,146		
Ohio	66.1%	33.9%	10.1%	1968	\$145,700	\$808	\$1,282		
SOURCE: Ohio Devel	opment Services Age	ncy, Ohio County Pro	files, STARK COUNTY.	: C1077.pdf (ohio.gov	) OHIO: https://devre	esearch.ohio.gov/f	iles/research/C1001.pdf		







Stark County is made up mostly of single-detached housing units (75%) which is considerably higher than the state percentage, 68.4%. Multi-family properties and mobile homes are both much lower than the state average.

Percentage as Share of Housing Units, 2019			
	Single-Detached	Units of Multi-family	Mobile Homes
Stark County	75.0%	10.1%	1.9%
Ohio	68.4%	14.1%	3.6%
SOURCE: OHFA, 2021 Ohio Housing Needs Assessment			



This section includes assets and resources within Stark County for the following topic areas: health care, including hospitals and urgent care centers; community clinics, including Federally Qualified Health Centers; addiction; infant mortality; mental health; obesity and healthy lifestyle; education related assets and information; and Stark County major employers.

**Please Note:** Although efforts were made to make the below lists as comprehensive as possible, the lists may not be all inclusive.

#### **HEALTH CARE ASSETS AND RESOURCES**

The ratio of population to primary care physicians and mental health providers is slightly better in the county than it is for the state. For dentists, the ratio is slightly worse in Stark County than it is in the state.

There are four hospitals located in Stark County: Aultman Hospital, Aultman Specialty Hospital, Aultman Alliance Community Hospital, and Cleveland Clinic Mercy Hospital.

Health Care Summary, 2020		
	Stark County	Ohio
Primary Care Physicians*	299	-
Ratio of population to primary care	1,250:1	1,300:1
Mental Health Providers	1,039	-
Ratio of population to mental health	360:1	380:1
Dentists	233	-
Ratio of population to dentists	1,590:1	1,560:1
Number of registered hospitals*	6	215
Number of hospital beds*	1,531	44,212
Licensed nursing homes*	38	954
Number of beds*	1,531	88,097
Licensed residential care*	35	771
Number of beds*	2,287	62,292

SOURCE: County Health Rankings which used data from Area Health Resource File/American Medical Association for PCP and Dentists, original source of mental health data was CMS, National Provider Identification.

\* Ohio Development Services Agency, Ohio County Profiles

#### **Community Clinics (Dental, Health Care, Reproductive Health):**

- Alliance Family Health Center, Alliance, OH
- Alliance City Health Department, Alliance, OH
- Canton City Public Health, Canton, OH
- Hartville Migrant Ministries Medical Clinic, Hartville, OH
- Lifecare Family Health & Dental Center, Canton, OH
- Lifecare Family Health & Dental Center, Goodwill Community Campus, Canton, OH
- Lifecare Family Health & Dental Center, Massillon, OH
- Cleveland Clinic Mercy Hospital Health Center at St. Paul Square, Canton, OH







- My Community Health Center, Canton, OH
- My Community Health Center, Magnolia, OH
- ONE Health Ohio, Alliance, OH
- Stark County Health Department, Canton, OH
- U.S. Department of Veteran Affairs, Canton Clinic, Canton, OH

#### **Hospitals:**

- Aultman-Alliance Community Hospital, Alliance, OH
- Aultman Hospital, Canton, OH
- Aultman Specialty Hospital, Canton, OH
- Cleveland Clinic Mercy Hospital, Canton, OH

#### **Urgent Care Centers (Health Care, Dental):**

- AultmanNow Urgent Care, Jackson Township, Canton, OH
- AultmanNow Urgent Care at Aultman North, North Canton, OH
- Aultman Massillon, Massillon, OH
- AultmanNow Urgent Care at Washington Square, North Canton, OH
- Aultman Louisville, Louisville, OH
- Aultman Massillon, Massillon, OH
- Concentra Urgent Care, Canton, OH
- Cleveland Clinic Mercy Hospital Urgent and Outpatient Care, Jackson, Massillon, OH
- Cleveland Clinic Mercy Hospital Urgent and Outpatient Care, Massillon, Massillon, OH
- Cleveland Clinic Mercy Hospital Urgent and Outpatient Care, North Canton, North Canton, OH
- Cleveland Clinic Mercy Hospital Urgent and Outpatient Care, Plain, Canton, OH
- STATCARE Immediate Care Center of Jackson, Massillon, OH
- Walk In Urgent Care, Canton, OH
- WellNow Urgent Care, North Canton, OH
- WellNow Urgent Care, Alliance, OH

Health Care Resources	
Name	Access Health Stark County
Website	http://accesshealthstark.org/
Description	Access Health Stark County provides access to a coordinated system of health care and community resources for those that are underserved and uninsured in our community.  Connects clients to resources in the community to address SDOH  Bridges gaps between primary care and clients  Provides CHW Certification Training  Youth Development: Trains and mentors underserved youth (age 18-25) to become certified CHWs
Name	Beacon Charitable Pharmacy
Website	http://beaconpharmacy.org
Description	Beacon Charitable Pharmacy is a non-profit licensed pharmacy that provides prescription medication, vaccines, education, and support to uninsured and underinsured residents in Stark, Lorain, and Carroll counties with low to moderate incomes. Beacon is an innovative agency that coordinates prescription





maximizes resources, advocates for vulnerable populations, and provides a practice site for
and pharmacy Tech students.
Women
ar-stark-women-starkcohealthoh.hub.arcgis.com/
tark Women campaign is an open letter of sorts to the women aged 18-44 that are county. The goal of the campaign is to make you aware of resources that are available to you like after, affordable care, reproductive care, healthy relationships, mental health, and transportation. Len have used their voices to tell us what they think. This page is a direct result of their action.
ice Manual
egratedhealthcollaborative.org/about-us/patient-resources/#/ & click 'Social Service Manual'
Service Manual provides a listing of social and health services available in the county that accept d/or community residents for a variety of services including medical, dental, home health care more.
Central
helpcentral.com/
Central is an easy to use navigation tool to search for resources. The organization is a safe place support. Stark Help Central improves the lives of children, teens, and young adults by connecting ole and their families with hundreds of community resources to help them overcome challenges we their full potential. This is accomplished through new prevention efforts, amplifying and mobilizing resources to achieve real, lasting results.
tion Resource Guide/Stark County Transportation Workgroup
tion Guide Jan 2022
County Transportation Workgroup meets the 5 <sup>th</sup> Tuesday of a month and is facilitated by the sty Health Department. Through the efforts of this group, there was a need for a list of the cion options and providers to share with individuals or those agencies serving individuals who ged by transportation barriers.
y 2-1-1
<u>rg</u>
y 2-1-1 is an easy to remember three-digit toll-free telephone number that instantly connects unity to hundreds of local resources for help with rent and utility payments, food, emergency ealth care, tax assistance and more. 2-1-1 can be accessed 24 hours a day by dialing 211 or via e at 211stark.org.
ır ea

# **ADDICTION ASSETS AND RESOURCES**

Addiction Resources	
Name	Arrow Passage Recovery
Website	https://www.arrowpassage.com/
Description	Arrow Passage Recovery provides the highest quality family and community oriented chemical-dependency treatment program, placing a great emphasis on rebuilding lives and rebuilding families within the community. Patients move through treatment at their own pace using therapies that are most effective for them. Family education and support is an integral part of every patient's program.
Name	Canton Addiction Services, LLC
Website	http://www.cantonaddiction.com/





Addiction Re	sources
Description	Canton Heroin and Opiate Addiction Services provides Suboxone, Subutex, Buprenorphine, and generic equivalents to treat Heroin and Opiate addiction. The agency also provides psychiatric care, motivational enhancement therapy, and relational psychotherapy during visits to enhance outcomes and abstinence.
Name	Coleman Professional Services
Website	www.colemanservices.org
Description	Coleman Professional Services provides behavioral health and rehabilitation programs that improve the lives of individuals and families. The agency is committed to fostering recovery and building independence through addiction recovery, diagnostic assessment, and individual, group, and family counseling.
Name	CommQuest Services Inc.
Website	https://commquest.org/
Description	CommQuest Services Inc. provides a range of services from prevention, mental health, substance abuse, and social services. The agency provides hope to all people through prevention, advocacy, support, education, treatment, and recovery. CommQuest's addiction services include a continuum of care ranging from detox to outpatient treatment. The following programs are designed to assist individuals start and maintain a sober life:  • Bright House
	<ul> <li>Smith House</li> <li>Deliverance House</li> <li>Wilson Hall</li> <li>Medicated Assisted Recovery</li> <li>Regional Center – Detox &amp; Recovery</li> <li>Mom + Me Recovery</li> </ul>
Name	Save Stark: Overdose Prevention Platform
Website	https://savestark-starkcohealthoh.hub.arcgis.com/
Description	Our community has experienced more lives lost to overdose in the past two years than at any other time. This is why the Stark County Health Department created this resource. The goal of this campaign is for us to have an honest conversation about substance use and treatment. The campaign is also to help you learn about all of the services that are available for you before, during, and after treatment in Stark County.
Name	Stark County Mental Health and Addiction Recovery
Website	https://starkmhar.org/
Description	StarkMHAR is a multi-faceted behavioral health board comprised of expert professionals dedicated volunteers and concerned community leaders. The agency believes in hope, wellness, and recovery for everyone. StarkMHAR provides and/or supports the following wellness and recovery innovative collaborations, education, and advocacy:  Stark County Opiate Task Force  Drug Free Stark County  Opiate Hotline  Opiate Overdose Kit  Project DAWN  BOLO – Parent Resources  Drug Drop-Off Locations (17)



Name	The Lenzy Family Institute
Website	https://www.psychiatristcantonoh.com/
	The Lenzy Family Institute provides a comprehensive range of substance abuse prevention, treatment, and recovery support services that include diagnostic assessment; individual, group, and family counseling; rehabilitation; therapy; drug screening, pharmacological management; and an intensive outpatient program.

# **INFANT MORTALITY AND MARTERNAL HEALTH ASSETS AND RESOURCES**

Infant Morta	Infant Mortality Resources	
Name	Child Fatality Review/Fetal Infant Mortality Review	
Website	https://storymaps.arcgis.com/collections/d5ea29cca7cd4e78a31c95b454ce5bfc	
Description	The primary goal of the Child Fatality Review (CFR) process is to reduce the incidence of preventable infant and child deaths in Stark County through a detailed comprehensive local review of the circumstances surrounding the deaths to all infants and children in our community.  Fetal Infant Mortality Review (FIMR) is a multi-disciplinary, multi-agency, community-based program that identifies local infant mortality issues through the review of fetal and infant deaths and develops recommendations and initiatives to reduce infant deaths.	
Name	Community Action Pathways HUB	
Website	Community Action Pathways HUB (sccaa.org)	
Description	The HUB is a free program that can help you have a healthy pregnancy and delivery. The Community Action Pathways HUB through Stark County Community Action Agency provides support, education and uses life experience to help connect pregnant individuals to other community resources. The HUB utilizes Community Health Workers that assist in decision making during pregnancy. This project is funded by the Ohio Commission on Minority Health, Ohio Department of Medicaid and local funding.	
Name	Stark County THRIVE	
Website	https://www.cantonhealth.org/thrive/	
Description	Stark County THRIVE (Toward Health Resiliency for Infant Vitality and Equity) is a project through Canton City Public Health that began in 2013. At that time, Ohio's disparity in infant mortality between Black infants and White infants was among the worst in the nation. Goals of Stark County THRIVE are to identify factors in the community that lead to infant mortality and reduce the overall infant mortality rate as well as disparity in birth outcomes relative to Black and White infants.	
Name	Stark County Fatherhood Coalition	
Website	Search for @starkcountyfatherhoodcoalition on Facebook	
Description	The Stark County Fatherhood Coalition seeks to encourage fathers to take an active and positive role in their child's life, and to promote and sponsor activities designed to strengthen families. The Coalition understands that a loving and present father is important in the healthy development of a child and that children benefit the most when both parents work together in a positive and collaborative manner.	





# **MENTAL HEALTH ASSETS AND RESOURCES**

Mental Health Resources		
Name	Child and Adolescent Behavioral Health	
Website	https://www.childandadolescent.org/	
Description	Child and Adolescent Behavioral Health is a non-profit, full service, trauma-informed mental health organization specializing in the emotional and behavioral needs of children, adolescents, young adults, and their families. The agency offers emotional and behavioral health services and products that help children, youth, and families successfully meet life's challenges. Child and Adolescent Behavioral Health offers and supports the following programs:  Individual, Group & Family Therapy/Counseling  Peer Advocate Services  Prevention Services  Diagnostic Assessment  Case Management  Psychiatric Evaluations & Medication Management  Trauma Informed Day Treatment  School-Based Consultation  Early Childhood  Summer Workshops	
Nome	·	
Name	Coleman Professional Services	
Website  Description	www.colemanservices.org  Coleman Professional Services provides behavioral health and rehabilitation programs that improve the lives of individuals and families. The agency is committed to fostering recovery and building independence through adult psychiatric and case management services, the crisis intervention & recovery center, FIRST and Jail Diversion programs, and housing services.	
Name	CommQuest Services Inc.	
Website	https://commquest.org/	
Description	CommQuest Services Inc. provides a range of services from prevention, mental health, substance abuse, and social services. The agency provides hope to all people through prevention, advocacy, support, education, treatment, and recovery. CommQuest's mental health services are designed to assist individuals who are seeking assistance for an emotional, behavioral, or severe and persistent mental health illness. The following programs are designed to assist individuals start and maintain a sober life:  Individual, Group & Family Counseling  Case Management  Psychiatric  Supported Employment  School Based Service  Early Childhood  Prevention  Mental Health	
Name	NAMI Stark County	
Website	http://namistarkcounty.org/	
Description	The National Alliance on Mental Health (NAMI) Stark County is a grassroots organization dedicated to improving the lives of people who have been touched by mental illness. NAMI provides and supports public education; family and consumer peer education; advocacy on behalf of people living with mental illness; and public events that raise funds and awareness.	







<b>Mental Healt</b>	h Resources	
Name	Stark County Family Council	
Website	www.starkfamilycouncil.org/	
Description	Stark County Family Council is a partnership of local governmental entities, community agencies and families who work together to promote a system of care for families with children/youth ages birth through 21. The partnership was created to open a dialogue among service organizations and families to create a broader awareness of important child and family issues. Stark County Family Council supports and/or provides the following programs and initiatives: <ul> <li>WrapAround</li> <li>Service Review Collaborative</li> <li>Help Me Grow</li> <li>Ohio Children's Trust Fund</li> <li>Trauma and Resiliency</li> </ul>	
Name	Stark County Mental Health and Addiction Recovery	
Website	https://starkmhar.org/	
Description	StarkMHAR is a multi-faceted behavioral health board comprised of expert professionals dedicated volunteers and concerned community leaders. The agency believes in hope, wellness, and recovery for everyone. StarkMHAR provides and/or supports the following wellness and recovery innovative collaborations, education, and advocacy:  Suicide Prevention Coalition  Crisis Hotline  FIRST Stark County  Man Therapy  Education & Talking Points  Care Teams  Mobile Response  Crisis Intervention Team  Mental Health First Aid  Trauma Informed Care  Bullying Prevention  Crisis Text Line  The Olweus Program	
Name	988 Suicide & Crisis Lifeline	
Website	https://988lifeline.org/current-events/the-lifeline-and-988/	
Description	988 is the new three-digit code connecting callers to the National Suicide Prevention Lifeline where trained counselors will listen, understand the effects of problems, provide support, and connect individuals to resources.	







# **OBESITY AND HEALTHY LIFESTYLES ASSETS AND RESOURCES**

Obesity and H	ealthy Lifestyle Resources
Name	Canton Parks and Recreation
Website	www.cantonparksandrec.com
Description	Canton Parks and Recreation maintains over 800 acres of park lands and recreation facilities in the City of Canton with amenities including tennis courts, sports fields, walking trails, dog parks and playgrounds. Canton Parks and Recreation also offers a variety of programs that vary seasonally, but include things such as youth sports, fitness classes, adult sports leagues, gardening courses and more.
Name	Creating Healthy Communities/Live Well Stark County
Website	Creating Healthy Communities/Live Well
Description	Creating Healthy Communities (CHC) is committed to preventing and reducing chronic disease statewide. In Stark County, CHC works with Live Well Stark County coalition to implement sustainable evidence-based strategies to improve access to and affordability of healthy food and increase opportunities for physical activity where Stark County residents live, play, and work. Live Well Stark County is a coalition of community leaders that strive to make Stark County healthier by promoting policies, systems, and environmental changes that support wellness. Each year CHC funds projects that increase access and affordability to healthy food and increases opportunities for physical activities with the help of the Live Well coalition to choose the projects. Examples of projects include:  Updating/replacing playgrounds  Helping local businesses implement Food Service Guidelines  Implementing community gardens  Implementing new parks  Stark Marketeers program that promotes awareness of and attendance at local farmer's markets
Name	Green Alliance
Website	http://www.greenallianceohio.org/
Description	Green Alliance is a coalition of people in the Greater Alliance Area who have come together to help Alliance plan a sustainable environment for all of us now and for the decades ahead. The agency develops recommendations and strategies to fulfill the U.S. Mayors' Climate Protection Agreement with the City of Alliance, and establishes partnerships with various entities of government, education, business, industry and among citizens to educate and empower the greater Alliance community with the goal of developing an environmentally, socially and economically sustainable community.
Name	Ohio State University Extension
Website	https://stark.osu.edu/home
Description	OSU Extension provides the community with the knowledge and resources it needs to thrive by creating opportunities for people to explore how science-based knowledge can improve social, economic, and environmental conditions. The agency accomplishes this through the following programs and initiatives:  4-H Youth Development  Agriculture and Natural Resources  Community Development  EFNEP (Expanded Food & Nutrition Education)  Snap-Ed  Family & Consumer Sciences  Master Gardener Volunteers







Name	StarkFresh
Website	www.starkfresh.org
Description	StarkFresh is tackling the causes of hunger by creating realistic pathways out of poverty. All programming is designed to reduce or remove a barrier for someone to be able to take a step towards that goal. Programming includes;  • Mobile Grocery Market  • Neighborhood Grocery Store  • Food Incubation Center  • Urban Training Farm  • Seed Library  • Cookware Recovery
Name	Stark County Hunger Task Force
Website	http://starkhunger.org/
Description	The Stark County Hunger Task Force fights hunger within the community by providing financial, logistic, strategic, and food support to our network of local emergency food pantries. The Hunger Task Force strives to provide free, nutritious groceries to those in need through the agencies Pantry Support and Backpack for Kids Programs.
Name	Stark County Park District
Website	www.starkparks.com
Description	Stark Parks works toward an environment in which people feel safe and connected by providing the community with the best parks, trails, and resources available. The agency manages 15 parks, 4 lakes, and over 120 miles of hiking, biking, and equestrian trails, totaling over 8,000 acres of land. Stark Parks offers a variety of programming and events that includes some of the following: boating, canoeing, camping, fishing, healthy adventures, and a wildlife conservation center.
Name	Stark Marketeers
Website	https://stark-marketeers-starkcohealthoh.hub.arcgis.com/
Description	Stark Marketeers' aim is to encourage residents to visit our local farmers markets, track their visits and purchases, improve eating habits, find walking trails near them, and support other local food resources. Fresh and locally grown or made goods is what you will find at our area's farmer's markets. Visiting Stark County's farmers markets is an excellent way to support our community and explore a part of Stark County that you may not have been to before.
Name	Stark County Tobacco Cessation Resources
Website	<ul> <li>There are a number of tobacco cessation resources available throughout Stark County and the State of Ohio to help residents quit smoking.</li> <li>Tobacco-Free You     FREE 6-week program through Mercy Medical Center     330-430-2759 for next set of classes</li> <li>Give It Up!     FREE 6-week program through Aultman Hospital     330-363-7848 for next set of classes</li> <li>Ohio Tobacco Quit Line     FREE counseling &amp; support via phone     1-800-QUIT-NOW (784-8669)</li> </ul>







### **Major Employers**

Thirteen of the major employers in Stark County are listed in the table below.

Stark County Major Employers		
Aultman Alliance Community Hospital	Republic Engineered Products	
Aultman Hospital	Stark County Government	
Canton City Schools	Stark State College	
Diebold	The Timken Company	
Heinz North America	Timken Steel	
Cleveland Clinic Mercy Hospital	Wal-Mart Stores, Inc.	
Nickels Bakery		
Source : Canter Chamber of Commerce, Economicus Scorecard https://www.cantonchamber.org/economics-scorecard		

#### **Education Assets and Information**

There are 19 school districts in the county. The average expenditure per student is less than the state average. The graduation rate for Stark County is slightly higher than the state, 92.3% compared to 91.4%.

Stark County has several public and private colleges and universities including: Aultman College, Malone University, Stark State College, Walsh University, and University of Mount Union. Kent State University also has a branch located in the county.

County Education Information, 2020				
	Stark	Ohio		
Public school buildings	95	3,033		
# Public students	53,273	1,535,460		
# Public teachers	3,666.4	110,338.5		
Expenditures per student	\$9,768	\$10,669		
Graduation Rate	92.3	91.4		
# Non-public schools	27	952		
# Non-public students	4,527	256,697		
# 4-yr public universities	0	13		
# 4-year branches	1	23		
# 2-year colleges	2	38		
# Private colleges and universities	3	48		
Public libraries (Main/Branches)	7/19	251/734		
SOURCE: Ohio Development Services Agency, Ohio County Profiles				



STARK COUNTY: C1077.pdf (ohio.gov)

OHIO: https://devresearch.ohio.gov/files/research/C1001.pdf

# **Community Health Assessment:**

# **Detailed Results**

#### The five data components in this assessment include:

- **Stark Poll** The 2021 Stark County Collaborative Poll was a large-scale, random sampling survey of households in Stark County. The final sample of the poll consisted of a total of 600 respondents.
- **Community Health Leader Survey** A web survey of 125 community leaders with knowledge of the health needs in the community.
- Secondary Data Analysis Main sources of data include the American Fact Finder, Ohio Department
  of Health, and County Health Rankings. Youth data is from the 2021 Northeast Ohio Youth Health
  Survey.
- Maternal Health Community Focus Group Facilitated discussion with a demographic mix of Stark
  County women of childbearing age. The five participants were all women ages 18 to 44 who live in
  Stark County. The group consisted of participants of different races and backgrounds, with and
  without children, and living in urban, suburban, and rural areas.
- Voices of Stark County Report Consisted of data from six community meetings and 15 small focus groups. A total of 167 individuals participated. Voices of Stark County Report was compiled by the Behavioral Health Access and Integration Collaborative.

More detailed information about the data components can be found in Research Methodology appendix.

#### THE RESULTS ARE BROKEN DOWN INTO THE FOLLOWING TOPIC AREAS:

- → Community Needs
- → Social Determinants
- → Personal Health Status
- → Access to Health Care
- → Mental Health
- → Oral Health
- → Smoking/Tobacco Use
- → Alcohol and Substance Abuse
- → Maternal, Infant, and Child Health
- → Healthy Living
- → Communicable Diseases, Vaccinations and Prevention Services
- → Chronic Disease Management
- → Transportation
- → Housing
- → Environmental Quality
- → Safety, Injury and Violence
- → Reproductive and Sexual Health

### 2022 Stark County CHA



#### COMMUNITY NEEDS

#### **COMMUNITY LEADER SURVEY**

The 125 community leaders who completed the on-line survey were first asked what they thought were the most important health related issues or need in Stark County right now. Community leaders were then asked a follow-up question as to what needs to be done to address the issue(s) they mentioned. Both questions were open-ended.

"There are not enough care providers. It is terrible that individuals have to wait months to see a psychiatrist/ Mental Health expert. The lack of funding for other services makes it impossible for providers to provide needed services."

Respondent on things that prevent residents from receiving needed health care

The most common need or issue named were mental and behavioral health issues, mentioned by 41% of community leaders. More specifically, the following were mentioned: availability of providers, need for more inpatient beds, staffing shortages, timely care, integration with primary care, depression, and suicide. Increased workforce and addressing social determinants of health were common themes of what needs done. Nearly a third of community leaders, (32%), mentioned social determinants of health as an important health related issue or challenge. This included things such as transportation, affordable and available housing, access to food, childcare and violence. Connecting residents with available resources, removing barriers, and education programs were common themes of what needs done. Nearly a quarter of community leaders, 23% named addiction and overdoses. This included things such as the opiate epidemic, increase in overdoses, and the need for more addiction services and locations for sober living.

Other issues named by community leaders include, in order of importance, obesity and healthy lifestyle choices (children not getting enough exercise, nutrition), access to healthcare (not enough providers, caring for most vulnerable populations), health equity (cultural competencies, disparities in healthcare, need for more Spanish speaking providers, trans-affirming care), COVID-19 (educating public and vaccines), and infant mortality and maternal health (postpartum support for all incomes, prenatal care, safe sleep education).

	# of Responses	% of Leaders
Mental/Behavioral health	49	40.5%
Social determinants of health- Transportation, Housing, Food Access, Violence	39	32.2%
Addiction/Overdoses	28	23.1%
Obesity/Healthy Lifestyle Choices	22	18.2%
Access to healthcare	22	18.2%
Health equity	19	15.7%
COVID-19	16	13.2%
Infant mortality and maternal health	12	9.9%
Poverty	9	7.4%
Dental care	6	5.0%
Chronic illness	6	5.0%
Sex education/Health	5	4.1%
Lack of knowledge of resources	2	1.7%
Communicable diseases	2	1.7%
Other	2	1.7%
Total	239	(n=121)







When asked what needs to be done to address these issues, general themes included, in order of importance: healthcare centers throughout the county, collaboration, outreach and education, increased funding, and addressing basic needs. More specific recommendations are outlined in the table below.

#### What needs done to address issues

PLEASE NOTE: recommendations are verbatim/word-for word; only minor grammatical changes were made to the responses aiven by community leaders below.

given by community leaders below.			
Issue	What Needs Done		
Mental/Behavioral	Increase workforce insurance reimbursement.		
Health	Need more providers to be able to meet the needs.		
	More psychiatrists so that meds can be started in a more-timely manner. More counselors.		
	<ul> <li>Increase capacity of behavioral health providers by recruiting and developing the expertise to serve those with mental health needs.</li> </ul>		
	<ul> <li>If we don't have therapists that speak Spanish, we need to have people that are going to be prepared as a translator to serve in this that are not a medical translator.</li> </ul>		
	More programs on awareness, specifically emotion regulation. More mental health support professionals available to youth activities, including sports.		
	Provide mental health services at schools, social media information, primary care access.		
	More treatment facilities.		
	Address employment and food insecurities. Reinforce the family unit.		
	Culturally diverse mental health practitioners, increased living wages, community		
	allies and peer supporters, strength-based vocational training, purposeful work		
	mentors.		
	Remove barriers for the clients.		
	Increase providers in the area. Network resources.		
	<ul> <li>Recruit more mental health worker especially mental health workers for black, brown and LGBTQ+.</li> </ul>		
	Raise awareness about the prevalence, treatment, cost and access issues, as well as embedding it into primary care and workplace.		
	Additional funding for mental health services.		
	<ul> <li>Resources and funding for service agencies to be able to refer clients to these programs.</li> </ul>		
	<ul> <li>Coordinated approach to treating mental health- remove the silos so that acute</li> </ul>		
	providers work with chronic providers and figure out how to add a navigator or		
	coach into the team. Access to community based mental health care is adequate, but care is highly UNCOORDINATED.		
	<ul> <li>Resources and funding for service agencies to be able to refer clients to these programs.</li> </ul>		
	There needs to be strategic goals of various organizations working within these fields.		
	Increased access.		
	<ul> <li>Social determinants of health focused approaches, as well as policy and integrated governmental planning (cross department/organization).</li> </ul>		
	0 1 0 1		



Issue	What Needs Done
Mental/Behavioral	Increased access to providers and resources, addressing structural racism and social
Health	determinants of health.
	More robust funding system as well as workforce.
	Coordinated county initiatives to share resources (knowledge, experience, funding)
	to understand and address the issues.
	Look to the local FQHCs and FQHC Look-Alikes to have programs to target these
	needs. Equity in the Health Center program and advocacy from community partners
	for equitable funding for look-alikes.
	Not sending SMI to prisons.
	Identify providers, information sharing.
	Public awareness campaigns focusing on the maintenance of mental health.
	Open free mental health services or set up at local libraries. Ensure our schools
	have the proper resources to assist in providing information to families.
	Continue to fund, create, and promote programs to help combat these issues.
	Continued education and awareness initiatives; more money and services in schools
	from community-based provider agencieseven for those kids that aren't Medicaid
	eligible.
	More psychiatric beds in community as well as hospital training/expertise.
	Ambulance reimbursement rates for transport.
	Additional mental health services must be available and easily accessible.
	Start with adults so they can save themselves and help their children.
	Mental health counseling is currently a shortage of providers.
	Listening to the needs and suggestions of AA stakeholder. Recruitment and training     frage houlth age providers flowible school uling of somilies providers.
	of more health care providers, flexible scheduling of service providers.
	<ul> <li>Utilize Nurse Practitioners with Mental Health expertise in communities with referral processes to better address needs.</li> </ul>
Social Determinants	More affordable housing options and childcare.
Social Determinants	<ul> <li>Housing programs that are easily accessible and affordable.</li> </ul>
	<ul> <li>Social Determinants are extreme for many patients, agencies that help are siloed</li> </ul>
	well intentioned, but there is no central coordination. Providers do not always know
	how to access support/resources.
	Housing programs that are easily accessible and affordable.
	Universal Basic Income.
	Safe spaces to exercise that are affordable.
	Our community needs to continue to look deeper into the poverty in Stark County
	and devise a plan to help our families.
	Targeted assistance to low-income families, such as job training and childcare
	access, to help break the cycle of generational poverty.
	Training/upskilling.
	Tax the rich so we have the resources to serve those in need.
	The county needs to redirect resources, including Health Department resources, to
	fund more mental health care providers, to create a tenant union, and to help







given by community leader	rs below.
Issue	What Needs Done
Social Determinants	provide people with appropriate clothing and other hygiene items necessary to
	make job interviews successful.
	<ul> <li>Funding, education, access to transportation and technology, employment.</li> </ul>
	<ul> <li>Addressing social determinants of health and root causes to poor health, funding</li> </ul>
	for long-term programing and systemic change (vs 'band aid' fixes) and recognizing
	that those with daily challenges cannot focus on health as a priority.
	• Transportation can be addressed in that we need sources that do not require three days of prior notice to get set up. Medicaid plans, and many other insurance plans, will pay for transportation but usually require at least 3 days prior notice to schedule. SARTA is similar. These are all good options but not all patients can be this organized, or things happen that transportation all of a sudden becomes an issue. It would be great to have some type of voucher system, or a card, that the patient could use with a variety of transportation providers that are part of a 'network'. Something like calling for a taxi, but it could be coming from a network of resources but could be there within an hour or so.
	<ul> <li>Coordination with service providers and transportation centers, faith based and non-profits.</li> </ul>
	<ul> <li>Local government can propose to allocate more funds for projects that will consistently support rental assistance, affordable home ownership, and home repair programs. Monitoring of property owners/ out of town landlords that purchase property in lower income communities and tracking median incomes, and capping what can be charged.</li> </ul>
	Educate residence enforce code on landlords.
	Strict rules for landlords to maintain safety. Education for tenants.
	<ul> <li>Funding from Municipalities needs to be supplied for programs to provide meals to individuals in need.</li> </ul>
	Educational programs.
	<ul> <li>Community awareness and collaborative work across professions, neighborhoods, religions, etc.</li> </ul>
	More diabetes education, more access to fresh foods/transportation to fresh food.
	<ul> <li>Collaboration, better use of resources, and bringing the most vulnerable to the decision-making table(s).</li> </ul>
	<ul> <li>Continue to address food deserts, improve access to fresh fruit, produce and foods not highly processed.</li> </ul>
	Continued education/outreach.
	Look at our food desert and put in an actual grocery store.
	<ul> <li>Use some of the empty building and create low-income apartments/with</li> </ul>
	employment training as a stipulation.
	Look at working class, insurance and medical expenses need to be lowered.
	Assess areas of need, plan program implementation.
	<ul> <li>Collaboration, Community Member empowerment, Funding for Youth Programs, Mentoring and Coaching.</li> </ul>







Issue	What Needs Done
Social Determinants	Money.
	Community outreach and education, free clinics in neighborhoods, address
	pharmaceutical costs.
	Better focus on teaching people how to get an education, better employment, etc.
	and break the cycle.
Addictions/Overdoses	More treatment facilities.
	Address employment and food insecurities. Reinforce the family unit.
	Resources and funding for service agencies to be able to refer clients to these
	programs.
	Continue to make naloxone more readily available within the communities
	(naloxbox) and needle exchange programs. Publicize places of assistance that help
	people apply for insurance/Medicaid and establish stations within the community
	allowing easy access to apply.
	Improving comprehensive, community-wide, collaborative strategies to address
	substance use issues across the lifespan.
	Education with follow up on enforcement.
	<ul> <li>Education programs in schools (public and non-public), community centers, and on social media.</li> </ul>
	<ul> <li>Information on where to seek treatment.</li> <li>Increased awareness and opportunities for training, especially in the law</li> </ul>
	enforcement community.
	<ul> <li>Continue to fund, create, and promote programs to help combat these issues.</li> </ul>
	<ul> <li>More education, information, and making services more accessible to our</li> </ul>
	community.
	More coordinated effort, more sharing of information and data among multi
	sectors, more educational classes.
	Greater connections made to the communities in need – engagement.
	Continued sharing of information.
	Further address at the resident/community level by engaging with those trusted to
	communicate the resources available.
	Community Prevention activities.
Obesity/Healthy	Obesity - better education regarding health, nutrition and healthy lifestyles from
Lifestyle Choices	childhood on for children, and improved healthy food choices in schools.
	Community Gardens. There are studies that show the physical, mental, and spiritual
	benefits to simply being outdoors. Find ways to reach our youth and adults with
	outdoor activities.
	<ul> <li>In the county rankings, our access to facilities and obesity rate is worse than the</li> </ul>
	country as a whole. Maybe there's a case for greater collaboration between YMCA's
	and local park and rec departments.
	Stress importance of this to our clients.
	<ul> <li>More promotion of outside programs/activities, cooking/diet classes.</li> </ul>







given by community leade					
Issue	What Needs Done				
Obesity/Healthy Lifestyle Choices	To address obesity, we need to offer healthy meals to all students regardless of				
Lifestyle Citolices	income.				
	Education and resources.				
	Community Awareness.				
	<ul> <li>Health curriculum designed and implemented by the State would be a start.</li> <li>ACCESS TO FRESH FRUITS AND VEGETABLES /IN SCHOOL AND IN THE COMMUNITY.</li> </ul>				
	<ul> <li>Obesity - start in preschool and elementary by educating and PROVIDING healthy snacks and fun activities.</li> </ul>				
	<ul> <li>Community collaboration throughout the ENTIRE county, not just the greater Canton city region. Programming and attention is lacking in the more rural regions including Alliance.</li> </ul>				
	<ul> <li>Greater organizational collaboration data gathering AND sharing mapping investment of time and resources at neighborhood level.</li> </ul>				
	<ul> <li>Community feedback collected on what would increase mobility/exercise for all age groups and in different areas of the County; cooking classes/life skill classes in school curriculums; continued advertising through various outlets of food programs (especially in summer/non-school days).</li> </ul>				
Access to Health Care	Remove barriers for the clients.				
	<ul> <li>SE end of Canton is in desperate need of healthcare, food and safer neighborhood.         A few times initiatives were planned but never came to fruition. Currently there is a new initiative with Crossroads church, Stark Fresh and My Community Health Center we and our community need to band together and totally support and expand this noble and critical effort.     </li> </ul>				
	<ul> <li>Increase access.</li> </ul>				
	<ul> <li>People need better resources on the importance of primary care. Then more options of seeking that care whether it be bringing it to them (mobile) or helping them find ways to get there.</li> </ul>				
	<ul> <li>Increased emphasis on recruitment of providers and support to organizations seeking qualified candidates. Additionally, support in retention and access to training to help support provider education.</li> </ul>				
	<ul> <li>Positively impact the social determinants of health that prevent individuals from seeking health care.</li> </ul>				
	Provide cost effective health care.				
	Reduced rates or free services & medications.				
	<ul> <li>Additional educational resources and programs reimbursement rates to allow for competition with other front-end employers for home care aides.</li> </ul>				
	More state and federal funding for Medicaid clinics.				
	<ul> <li>A convergence of strategies to bring together Health care and healthy food options to various parts of the community.</li> </ul>				
	<ul> <li>Recognize the importance of these issues and commit resources to improve the delivery of these services support policies to provide reimbursement for services</li> </ul>				







given by community leade  Issue	What Needs Done
Access to Health Care	related to these issues
	<ul> <li>Utilize Nurse Practitioners in areas with reduced access to PCP.</li> </ul>
Health Equity	<ul> <li>Increased training and recruitment of black service providers, increasing black/POC</li> </ul>
Troutin Equity	leadership in local hospitals.
	<ul> <li>Training for healthcare professionals in caring for trans folks.</li> </ul>
	<ul> <li>Developing ways to bridge existing gaps to reduce inequity.</li> </ul>
	<ul> <li>Educational supports information provided in various languages.</li> </ul>
	<ul> <li>Instruction, supervision, materials and CLC application updates.</li> </ul>
	Do a better job of being visible in the communities you serve. More outreach and
	education.
	Every health care provider needs to have a language access plan and they need to
	build up awareness of accepting clients who do not have health care or the option
	to have health care due to not having a social security number.
	Effective education and engagement of all community sectors for recognition of the
	interrelated nature of the social determinants and development of a community
	wide strategy that fully engages all sectors of the community in a meaningful
	manner.
	Improve transportation services to get to medical offices. Increase community
	awareness of our FQHC's. Provide accessible in-patient addiction treatment centers
	geographically located for all Stark County residents. Continue to work to reduce poverty. Ensure safe, affordable housing. Local governments need to continue to
	address business development for food insecurity areas to offer healthy foods.
	Continue to develop walking and bike paths throughout the county.
COVID-19	Collaborative COVID messaging.
	<ul> <li>Increase vaccination rates.</li> </ul>
	Continue to education the community.
	<ul> <li>Incentives to be vaccinated.</li> </ul>
	Even though people are burned out on COVID, stay the course. Many of us continue
	to 'fight the fight' with education messages and vaccine accessibility.
	Ongoing active combating of misinformation about COVID.
	Collaboration with the public/private care system to reach seniors; outreach;
	including their reps in community efforts to increase awareness.
	Raising awareness.
	<ul> <li>Increasing awareness/providing resources.</li> </ul>
Infant Mortality and	Continue to promote safe sleep and prenatal care (drive thru baby showers are
Maternal Health	great, especially related to COVID, but including educational topics would be
	beneficial). Include condoms and STI prevention at baby showers.
	More access to low-income people.
	Address the needs of women across all demographics, but especially those who, for
	whatever reason have a difficult time getting their need met.
	Neighborhood health care centers.
	<ul> <li>Continued healthcare education and removal of barriers for people of poverty.</li> </ul>



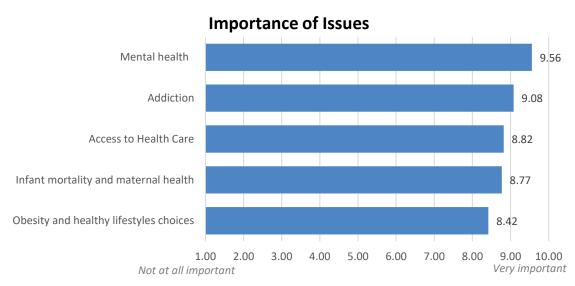




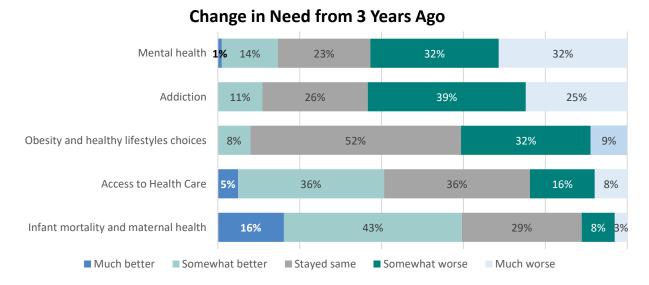
PLEASE NOTE: recommendations are verbatim/word-for word; only minor grammatical changes were made to the responses given by community leaders below.

Issue	What Needs Done						
Dental Care	<ul> <li>Create emergent scheduling for patients with dental care.</li> <li>Portal clinics that screen and provide basic services.</li> <li>Provide more accessibility to dental services.</li> <li>The first two are a matter of supply to equal demand. Dental is very capital intensive.</li> </ul>						
Communicable Diseases	Wellness campaign to prevent the spread of any communicable disease.						
Lack of Knowledge of Resources	<ul> <li>There needs to be a mechanism in place to help the community understand which services are being accessed outside of the county. In other words, it is one thing for organizations serving Stark to report on programs/services and demand/need, but what about the potential 'missing' data that may not capture individuals seeking support outside of the county due to the expansion of technology capabilities (i.e., mental health services).</li> <li>Mailers to lower income community members, gorilla marketing, bring back the stand down, veterans' healthcare information being shared, community events, better coordination, drive thru resource fair, engage low-income employers, engage the cities to include information in bills/mailers, create a newsletter dropped to low-income zip codes, and so much more.</li> </ul>						
Chronic Illness	<ul> <li>Funding for community health workers at the state and federal level to provide local programming.</li> </ul>						
Sex Education/Health	<ul> <li>Improved well child visits, improved immunization rates, STI prevention, birth control access, non-traditional hours clinics.</li> <li>Education in the schools and at pediatrician offices; more access to care.</li> </ul>						

Community leaders were given a list of the five health-related issues that were identified as priorities through the last Community Health Assessment cycle and asked, based on their professional experience, how important they thought the issue CURRENTLY was on a scale of 1=Not at all Important to 10= Very Important. Responses were averaged in order to rank the importance of the issues. It should be noted that all issues had an average importance of 8.0 or higher. The top three issues, based on the rankings, were (1) mental health services, (2) addiction, and (3) access to health care.



Community leaders were once again given the list of the five health-related issues that were identified as priorities through the last Community Health Assessment cycle and asked how the need has changed over the past three-year period. Infant mortality and maternal health and access to health care had the largest percentage of respondents who felt that these issues are much or somewhat better than three years ago (41% for access to care and 58% for infant mortality). Significantly more than half of community leaders felt that mental health and addiction have gotten somewhat or much worse over the past three years.

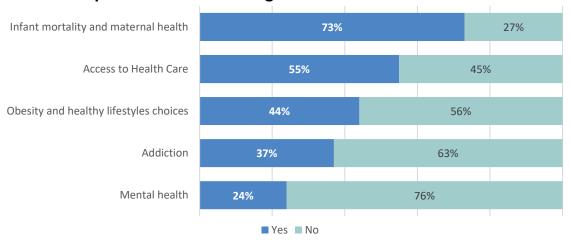


Community leaders were also asked if they thought there were adequate services and programs already in place to address each issue. The issue that the majority of community leaders thought already had adequate resources in place was for infant mortality and maternal health. A significantly smaller percentage felt that there were services and programs for addiction (37%) and mental health (24%). If they indicated there were not enough services or programs in place, they were then asked what is missing. Responses to this question are listed, verbatim, on the table on the next page.





# **Adequate Services and Programs Available to Address Issue**



## What is missing from Stark County to address issue

PLEASE NOTE: responses are verhatim/word-for word: only minor arammatical changes were made to the responses given by

community leade	sponses are verbatim/word-for word; only minor grammatical changes were made to the responses given by ers below							
Issues	What is Missing							
Access to	Transportation and other social determinants (mentioned by 11 respondents)							
<b>Health Care</b>	Childcare.							
	More providers/locations (mentioned by 12 respondents)							
	Should be some type of clinic in 'every' quadrant.							
	Mobile, pop ups.							
	Meet clients where they are at.							
	<ul> <li>Services for residents not living in high-population areas.</li> </ul>							
	Location of primary care in certain neighborhoods.							
	New primary care and urgent care.							
	Having it in underserved areas.							
	Providers who take insurance.							
	<ul> <li>Acceptable number of providers and organizations accepting patients, new patients, uninsured</li> </ul>							
	patients, Medicaid patients.							
	Psychiatrist and other specialty physicians.							
	More options for good health care for people on Medicaid.							
	Culturally competent providers/care (mentioned by 10 respondents)							
	Removing bias in healthcare that no one wants to admit - clinicians that really want to help							
	those they serve.							
	Providers for people.							
	<ul> <li>Increase diversity of providers - is there less avoidance if the provider looks like me?</li> </ul>							
	LGBTQ competency in healthcare practitioners, trans affirming care, creating ease of access to							
	healthcare for marginalized populations.							
	Information and access for community members who do not have social security numbers.							
	• Increase the number of available providers who look like the persons they are serving especially							
	in the African American and Latinx community. Increase the training in the areas of equity and cultural humility of the current providers and staff.							

Equity.



**PLEASE NOTE:** responses are verbatim/word-for word; only minor grammatical changes were made to the responses given by community leaders below

Issues

#### What is Missing

## Access to Health Care

- Equity and education in communities of color.
- Hospital cultural linguistic skills and capacities.

# **Lack of information/ Need education about available options and support services** (mentioned by 5 respondents)

- Knowledge on how to sign up and use benefits.
- Maybe an increased collaboration and marketing campaign to enhance community resident.
   understanding of where and how to access care.

# **Sites that offer comprehensive services, wrap around services (i.e. 'one stop shop')** (mentioned by 5 respondents)

- Coordination of care.
- Centralized scheduling.
- Follow-up services.

## Assistance with insurance and signing up for services (mentioned by 4 respondents)

- Places that offer assistance applying for insurance by meeting the client where they're at. Are
  we offering to assist folks to apply for health insurance when they go to a community clinic? Are
  we providing them clear, basic info in how insurance may benefit them?
- Lack of insurance coverage or ability to pay .
- Health insurance rates are not high enough, high deductible plans make care inaccessible and for those who are insured, many are unaware that preventive services have no associated costs (for the most part).
- Easier process for getting signed up-way too much red tape and hassle, not enough.

## Free health care, affordable health care (mentioned by 4 respondents)

Affordability for working poor, seniors that don't qualify for government assistance.

## **Staffing shortages/challenges** (mentioned by 3 respondents)

## **Availability to see a provider in a timely manner.** (mentioned by 2 respondents)

 When establishing with a new provider scheduled appointments can take weeks to months to be seen.

## **Hours/Availability/Flexibility** (mentioned by 2 respondents)

- More/better hours.
- Improved 'sick leave' policies to allow people with jobs to access healthcare without getting
  docked, paid family leave upon birth/adoption/loss of infant to allow families to make it to
  important appointments, school-based health care centers that allow parents and students to
  get care close to home, offering extended or adjusted hours at clinics.

#### Other missing items

- The importance of primary care and making this care available to all.
- Policy change.
- A willingness to get care, people ignore symptoms out of fear, reluctance to identify problems.
- We certainly need to increase proactive preventive care.
- Innovative ideas.
- Chronic disease management.
- Too many specialists require referrals.
- Better community collaboration and assistance outside of Canton/greater Stark County region.





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**PLEASE NOTE:** responses are verbatim/word-for word; only minor grammatical changes were made to the responses given by community leaders below

## Access to Health Care

Issues

• Dental care is also very hard to access if you are uninsured, and that covers a huge part of the population.

What is Missing

# Addiction Mor

# More providers/locations/treatment centers/resources in community (mentioned by 22 respondents)

- Easy access across various regions of the county.
- There are not enough resources.
- There are not enough facilities and support systems to support the issue that is growing particularly due to the trauma and stress of the pandemic.
- Sufficient resources.
- Acceptable number of providers and organizations accepting patients, new patients, uninsured patients, Medicaid patients.
- Programs that meet PWUS where they are at (e.g., low-threshold Tx, supervised injection sites).
- Need more inpatient services.
- More treatment beds/units.
- More options/programs for these individuals to access. And more resources for their families.
- Not enough resources.
- More options for good health care for people on Medicaid.
- More in home rehab programs, more beds for programs in general. Aftercare such as housing.
- Lacking rehab services and providers.
- Inpatient services.
- Inpatient treatment centers geographically located.
- A larger focus in smaller stark county cities, many residents remain in their own town and often don't seek resources outside of their cities.
- Treatment facility more than just detox in our local area.
- Both in-patient and out-patient programs and resources.
- Beds for acute care and then to maintain follow-up for more than a few weeks or months.

## **Education and Information/Stigma reduction** (mentioned by 10 respondents)

- Proper marketing.
- More community discussions: remove the stigma this crosses all economic levels/races.
- Mental health concerns. Public buy-in to addiction concerns. 'Marijuana isn't hurting me' mentality.
- More education and preventative programming.
- Education; innovative programs and public health strategies (needle exchanges, etc.).
- Education because addiction does not always just have to involve drugs. Help people to recognize signs of addiction (especially schools, parents, and caregivers) so they can help with early prevention and intervention.
- Continued education.
- There is still a lot of stigmas. It would be great to have a campaign featuring someone who has lived and dealt with someone with addiction through the difficulty and nightmare of it. Especially someone that maybe initially felt against naloxone because they felt it was enabling the person, now feels that it's a huge benefit because they were part of that person's recovery firsthand. Yes, there is still lots of stigma, but one of the things that I'm hearing and witnessing





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Issues What is Missing

#### Addiction

- is the struggle with helping someone that doesn't seem to want or be able to help themselves and puts themselves and others through h\*\*\*. There is this feeling of 'why should I help them when they don't seem to want to get better? They'll just do it again and again.' We need to show someone who has been through those feelings and had that viewpoint but has now come out the other side.
- Addiction is still taboo. People still avoid talking about addiction and treat addicts as if they
  were sub-human.
- Lowering stigma in the community (education).

## **Workforce/Staff shortage** (mentioned by 8 respondents)

- Counselors to support the work.
- Workforce to meet the demand.
- Access to licensed therapists.

## **Culturally competent providers/care** (mentioned by 5 respondents)

- We need more people who represent communities of color.
- Service to help the Hispanic community that is more and more in this county.
- Equity.
- Qualified health professionals who have no bias.
- Yes, LGBTQ competencies in this area are incredibly lacking.

#### **Knowing where to go for help** (mentioned by 5 respondents)

- Maybe if you can publish a list of treatment centers so we can guide our clients to them if they are interested in them.
- Knowledge of where to go for help, costs of treatment.
- Health Literacy? Maybe? I feel the resources are in the community but maybe the community is not aware of the resources or how to access.
- Also many people do not know where to direct and addict for help or support. This includes law enforcement.
- Awareness of services to address those who may be struggling with an addiction.

## **Collaboration** (mentioned by 3 respondents)

- Ways to connect the addicted to counseling and programs that will help them.
- Collaboration, feel like things are not cohesive with all the groups working on these issues.
- Connection between services. Funding barriers.

## **Long term assistance** (mentioned by 2 respondents)

• Holistic long-term treatment that allows the person to move forward in society (No daily trips to rehab to get medication).

## **Safe needle exchange, safe use and Narcan** (mentioned by 2 respondents)

- We need greater access to safe use and Narcan.
- Again, just availability and easy access to safety measures like naloxone and needle exchange programs. We have made some great strides and need to continue the momentum.

## **Effects of the pandemic** (mentioned by 2 respondents)

Factors related to the pandemic-such as social isolation and stress, people using drugs alone, an overall increase in rates of drug use, and decreased access to substance use treatment, harm reduction services, and emergency services.





**PLEASE NOTE:** responses are verbatim/word-for word; only minor grammatical changes were made to the responses given by community leaders below

 community leaders below

 Issues
 What is Missing

 Addiction
 • The issue is exploding since Pandemic. Project Dawn is successful, need more clinicians and

## **Affordable healthcare/help** (mentioned by 2 respondents)

#### Other missing items

programs.

- We could also use other avenues of treatment. This could be run therapy, guitar therapy or anything else.
- We do not have Crystal Meth Anonymous in Stark County.
- Stark County is also lacking open AA meetings for women only. I work with women that have been in domestic situations and that trauma prevents them from attending a co-ed AA meeting.
- Trauma informed recovery programs.
- Specialized training in AOD. Society as a whole has floundered after the onset of the opioid pandemic...no real education as of late. More up to date information on marijuana and medical marijuana use.
- SDoH screening.
- Transportation to get to appointments.
- Housing that provides support to residences.
- Constant issue in our community. What then does the treatment landscape look like? Are we able to meet the demand? If not, why not.
- Breakdown of barriers.
- Allowance for relapse.

## Infant Mortality and Maternal Health

## **Education/Initiatives** (mentioned by 12 respondents)

- Women, especially young women, need PRE prenatal education. Waiting till a woman is pregnant is sometimes too late for important information regarding her pregnancy.
- Renewed safe sleep initiatives.
- Breastfeeding initiatives by all providers.
- Not enough prenatal education and support.
- More information for all populations.
- Information and access to prenatal care for community members who do not have social security numbers.
- Personal development for parents.
- Education and increased support.
- Education about prevention.
- Coordination and community awareness campaign for increased and strategic focus, particularly on the community level to reach impacted and underserved communities (e.g., African American / Hispanic populations).

## More providers, locations, resources (mentioned by 6 respondents)

- Sufficient resources.
- Need better coverage in SE Canton.
- More options for good health care for people on Medicaid.
- Funding and resources to adequately serve the population. 1 clinician with a monthly caseload of 700 for their service area will burnout the clinician. This then makes it difficult to grow the caseload they are already struggling to maintain.





PLEASE NOTE: responses are verbatim/word-for word; only minor grammatical changes were made to the responses given by community leaders below Issues What is Missing Infant Access to resources. Mortality and Address social determinants of health (mentioned by 5 respondents) Maternal The need to address social determinants of health - adequate housing, transportation, food. Health Food, mental health services, diapers. Mental health services. Employment. Affordable quality childcare options. **Culturally competent providers/care** (mentioned by 4 respondents) True access to (BIPOC) mothers. BIPOC centered services. Culturally competent healthcare providers (pre, post maternal). Combating racial disparities in healthcare outcomes and educating healthcare professionals about the impact of their implicit bias on health outcomes. **Workforce/Staff shortage** (mentioned by 3 respondents) While the THRIVE program has made great strides, there are not enough community health workers to support the need. I am seeing a high turnover of employees that are CHW in this county. The mothers I am working with have a lack of consistency of care. There are mixed messages in parent education as well as lack of relationship building with parents and case worker. Equity in pay for CHWs. Other missing items Access to early prenatal care. Self-care for mothers. Infant and maternal care isn't worse, it just hasn't seemed to change. Much of this is from a much larger systemic issue related to policy for maternal healthcare (postpartum care including mental health, parental leave, etc.). Current status of abortion laws in Ohio and Roe V. Wade will also likely have a significant impact of this for future years. Insurance/Benefits - Medicaid and private insurance payment for doulas, midwives Flexibility with benefits cliffs to sustain moms/dads who need to return to work. Collaboration, feel like things are not cohesive with all the groups working on these issues. Mental **Workforce/Staff shortage** (mentioned by 24 respondents) Health Workforce seems to be (one of) the biggest factors but is due in large to the impact of the pandemic. Efforts to retain the workforce seem to be helping to an extent, but the exodus from the public to the private sector seems insurmountable at times. Perhaps continued work to expand telehealth options and alternative work locations will help? There's a shortage of staff members who can provide services. There are not enough clinicians to support the need in our community. Staffing, same as health care. Staffing is a critical issue when attempting to access mental health providers. Turnover rate is high.

Staff retention to avoid frequent changing of providers for families.



Staff to supply the services.



**PLEASE NOTE:** responses are verbatim/word-for word; only minor grammatical changes were made to the responses given by community leaders below

Issues What is Missing

## Mental Health

- Qualified providers within the existing agencies. Workforce is a major issue right now and there are not enough qualified providers for our organizations to hire.
- Psychiatrists and other prescribers. Enough counselors.
- Not enough MH therapists employed in Stark County to meet the needs of children and families.
- Not enough counselors and resources.
- Lack of providers, over-worked and overwhelmed case managers, which in turn make them truly ineffective at the jobs.
- Lack of personnel.
- Increased workforce for demand.
- Enough case managers, therapists, and psychiatrists.
- Counselors to support the work. Workforce to meet the demand.
- Availability of professionals.
- Lack of staff is an obstacle for agencies to be better serve clients. This is a national crisis, and we need to be able to sustain a higher pay for therapist.

# More providers/locations/treatment centers/resources in community (mentioned by 23 respondents)

- Easy access across various regions of the county.
- Treatment centers.
- There is a need for increase treatment providers.
- There are not enough providers.
- Sufficient resources.
- Providers who accept Medicaid.
- Medication prescribing provider relationships i.e., clinician vs physician med management standards.
- Programs with positive outcomes.
- Number of providers available.
- More options for good health care for people on Medicaid.
- Limited number of providers.
- Lack of quality providers, and even fewer accepting new patients.
- Lack of agencies providing service.
- I just don't think there are enough options and availability in general for people.
- could services be offered at homeless shelters?
- Funding.
- Enough providers to address needs of young people, especially before they leave the school setting and immediately after.
- Clinics and providers.
- Acceptable number of providers and organizations accepting patients, new patients, uninsured patients, public safety patients.

## **Timely care/Accessibility** (mentioned by 16 respondents)

- The ability to get those with mental health issues into the facilities for treatment.
- Reduced treatment delays.





PLEASE NOTE: responses are verbatim/word-for word; only minor grammatical changes were made to the responses given by community leaders below

Issues What is Missing Mental Takes forever to get and appointment and consistency of scheduled visits. Health Easy access for low income. Easy access. Easier access for those living without means for payment. Availability of services. Availability of providers. When establishing with a new provider scheduled appointments can take weeks to months to be seen. Access to services. Access to services and need for more providers. Access to services. Access to service. Wrap around services to provider service organizations. Access to licensed therapists. Access to care, resources. Access is a significant issue, especially due to workforce and increased demand as more individuals have identified mental health as a concern post covid. Limited inpatient psychiatric care. Healthcare systems also being involved in screening and connecting individuals to appropriate care. Access for children and teenagers is limited and families say they are waiting a long time to get an appointment. It would be helpful if more schools could offer mental health counseling on their campus so that students wouldn't have to leave school grounds and miss valuable educational time to seek treatment. **Education and Information/Stigma reduction** (mentioned by 14 respondents) We have all the science and studies, what we need is care for people in need. Understanding of how MH impacts individuals and therefore the community. Reducing the stigma of mental health and trust to seek out help. More education to general public. More awareness of issue, more openness/discussion of issue. More community support. I know we have great information on Mental health, but I think we need more training in helping someone who needs it, and we can guide them to the proper places to receive it. I think we're starting to make some changes in the area of stigma but have a way to go.

- Education, access to resources.
- Clarity on what the goal is in addressing mental health. Is it proactive in nature (services)? Is it on an as needed basis? Is it emergency based? Needs better defined. Very broad interpretations. Once defined can better answer what may be 'missing' in our community.
- More awareness of issue, more openness /discussion of issue.
- Community education and outreach.
- Education at an early age, there are people who contribute to the stigmas associated with mental health issues.

## **Specific kinds of care/treatment approaches** (mentioned by 11 respondents)

- Tiered level of approach to care.
- Singular guiding focus.
- SDoH approach to why mental health is declined to begin with.





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Issues What is Missing

## Mental Health

- Intensive in-home based treatment options that work with the whole family need to be increased.
- Non-medical support services.
- Inpatient services.
- In depth services for families.
- Enhanced youth services re suicide and depression.
- Inpatient care and are discharged too quickly because beds are needed.
- Need more local inpatient services.
- A more holistic approach and avenues to engage people that would not walk into a clinic.
   Simply put, engaging people to get them involved, but have a professional leading a conversation.

## **Culturally competent providers/care** (mentioned by 7 respondents)

- We need more people who represent communities of color.
- Trans-affirming providers are needed in MUCH great numbers. Trans affirming staff at all agencies.
- Representation among therapist, counselors, and case managers.
- More service to help the Hispanic community.
- Mental help professionals in the black and brown community.
- Limited number of providers of color (underrepresentation) Cultural competency of some providers.
- Equity.

## **Knowing where to go for help** (mentioned by 7 respondents)

- Awareness of existing services.
- The community at large is unaware of the process to begin care or what their coverage is if they
  have it. It should be built into primary care in primary school to normalize its use and
  importance.
- Proper marketing.
- Knowing the resources/service agencies that are available.
- Awareness. I would not know where to go if I thought I was mentally needing help.
- Awareness and suitable treatment plans. More research is required for mental health issues.
- Knowledge of where to go for help.

## **Funding/Insurance/Affordability** (mentioned by 5 respondents)

- Third party payer funding for mental health services.
- NOT ENOUGH AFFORDABLE OPTIONS.
- Lack of insurance coverage for these services ESPECIALLY for youth mental health care. Even as
  a foster parent there are not enough resources to provide for specialized, trauma informed
  counseling.
- It is a combination of coverage of services (people need to get paid for what they provide) and availability of services.
- Affordable healthcare.

## **Integration/Coordination/Collaboration** (mentioned by 5 respondents)

Primary care integration.





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*Issues* Mental

Health

#### What is Missing

- Integration into medical offices so that in the spot care is available.
- Perhaps a wholistic approach to integrating mental health care into school and workplace systems.
- Care coordination most persons who struggle with mental illness need help to successfully
  manage their illness which can have acute episodes at times. Patients go all over the state for
  acute.
- Better community collaboration and assistance outside of Canton and the greater Stark County region.

## Address social detriments of health (mentioned by 3 respondents)

- Childcare while parents seek services, transportation.
- Transportation to get to appointments.
- Transportation.

## **Impact/Effects of COVID** (mentioned by 2 respondents)

- Understanding the effects of the COVID-19 outbreak on the mental health of various populations are as important as understanding its clinical features, transmission patterns, and management.
- The issue is exploding since pandemic, need more clinicians and programs.

## Long-term support (mentioned by 2 respondents)

Follow up of services.

## Other missing items

It seems that these people are not going to utilize any services already provided on their own. I'm not sure how you would reach out with all of the HEPA restrictions in place.

## Obesity and Healthy Lifestyles Choices

## **Education, Information, and Buy In** (mentioned by 14 respondents)

- Public buy-into services. Too many other critical issues for families.
- Obesity is a fatphobic and outdated term that is wildly inappropriate. As a HAES-oriented
  professional and fat person, the question is offensive, outdated, and this framing of healthy is
  barrier to fat people receiving care or seeking it at all. Get up to date on body neutrality, health
  at every size, and size bias within healthcare.
- More information and help are needed to provide natural ways to manage your health. We are too quick to resolve issues with prescriptions.
- More education and benefits of keeping a normal weight. This is another topic not talked about more.
- More educational options from PCP.
- Lack of resources or education.
- Lack of interest.
- I feel we are an instant society. We also like a deal, and we are all busy. It is easy to grab the
  high fat, high salt and unhealthy processed foods and fast foods. Once again
  education/prevention tied to incentive in the workplace or a vanishing deductible for our high
  deductible insurance, or funds banked based on wellness and fitness associated with obesity
  and healthy choices.
- Education to the public.
- Education on healthy nutrition and lifestyle.







**PLEASE NOTE:** responses are verbatim/word-for word; only minor grammatical changes were made to the responses given by community leaders below

Obesity and Healthy Lifestyles Choices

Issues

#### What is Missing

- Education on available services and options in the community. Many places and insurers have
  programs to address obesity and other comorbid conditions (i.e. diabetes at the Y) but I feel like
  many community members are unaware of these types of free programs. Youth vaping is an
  issue.
- Education for low to moderate income families on healthy habits and lifestyles. Organic and fresh foods such as fruits and veggies are much less affordable than frozen or processed foods.
- Curriculum.
- Consistent and sustainable education modules in K-12.
- More educational programs to teach the basis on all things, finances, budgeting, conserving money, growing, and cooking own food.

## **Food access/Nutrition** (mentioned by 14 respondents)

- Until families have access to healthy fruits and vegetables and healthy food at a reasonable price continue to be a challenge.
- Maybe cooking classes for low income how to utilize SNAP more efficiently.
- Tough for underserved to have access to healthy food, exercise, and support of change of lifestyle and thinking.
- The work around food insecurity has been great. I think more opportunities to integrate a healthy lifestyle within everyday activities and routines would be beneficial.
- Nutritional programs to help combat obesity and diabetes.
- Need access to better food in low-income neighborhoods.
- Improve food insecurity and offer healthy foods. Continue to improve access to hiking and bike trails.
- Historical background on food choices, education on statistics and representation. Along with access and affordability to healthy foods and spaces to practice.
- Affordable healthy food in easy to access areas and safe, affordable places to exercise.
- Access to healthy food and education.
- Access to healthier food options for many people in 'food deserts'.
- Absolutely NO vegetarian options anywhere in any social setting, restaurants etc.; promotion of breweries & liquor continually; emphasis only of sports for men and not lifestyle exercise.
- Absence of stores with fresh fruits and vegetables in many areas of the city/food deserts;
   blight/housing rather than recreational areas/ parks with activities; supervised.
- Transportation to get fresh foods.

## Access and Affordability (mentioned by 8 respondents)

- More opportunities for the underserved population to do exercise and to teach the community about Health choice.
- Improved access and utilization of registered dietitians (RD), references by primary care to RDs, primary care not listening to patients when it comes to their weight and diet and just assuming it is their weight that is contributing to their health without looking for root causes.
- Gym memberships are too costly.
- Are there affordable options to support those struggling with obesity and wanting to consider healthier lifestyle choices?





**PLEASE NOTE:** responses are verbatim/word-for word; only minor grammatical changes were made to the responses given by community leaders below

Issues
Obesity and
Healthy
Lifestyles
Choices

- What is Missing
- Affordable stores that offer healthy food and programs that teach the community about healthy choice and lifestyles.
  - Accessible spaces for exercise (trails, walking paths, etc.).
- Access to healthy options. Prices of healthy options being way too high.
- Access to gyms, YMCA programs. Cost is not affordable for the people who need it the most.

#### More programs, resources, supports (mentioned by 5 respondents)

- Tools to address these concerns.
- Sufficient resources.
- Programs, services, and affordable activities/programs for families.
- Programming.
- Community/neighborhood-based activities and education programming.

## **Specific programs/approaches** (mentioned by 3 respondents)

- We need Blue Zones approach to changing our community!
- Program for young adults and men's health care.
- Focus on youth.

## **Knowing what is available** (mentioned by 2 respondents)

- We need to advertise the programs that are available at the YMCA. Specifically, those available to the elderly and low-income populations.
- Awareness.

## **Culturally competent** (mentioned by 2 respondents)

- We need more people who represent communities of color.
- Equity.

## **Safety** (mentioned by 2 respondents)

- Safe places to exercise, education, access to care.
- Safe exercise space. Healthy foods that are accessible and affordable.

## **Collaboration and Coordination** (mentioned by 2 respondents)

- More collaboration among organizations, more funding support for these organizations, more data reporting.
- Better community collaboration and assistance outside of Canton and the greater Stark County region.

## Other missing items

- Very broad area. Could use further definition. Would then be able to answer more aptly what is
  missing. Generally speaking, seems there is much room for focused discussion and opportunity.
- Most of my clients lack a schedule of any kind. The funnel effect of this is they are always
  playing catch up and feel overwhelmed all of the time. Self-care goes out the window and the
  focus is to have their issues fixed instead of going back and working on their everyday functions.
- More options for good health care for people on Medicaid.
- Businesses and programs ran by the target community; better environments (more gardens, more reasonably healthy restaurants and stores).





Over a third, (39%), of community leaders reported that there were additional important health issues that they would like to see the Stark County Community Health Needs Assessment (CHNA) Advisory Committee focus on over the next three years. The most common responses were social determinants, prevention, and health equity.

Other health issues like committee to address					
	# Responses	% of Leaders			
Social determinants	10	8.0%			
Prevention	7	5.6%			
Equity/LGBTQ+ community	5	4.0%			
Nutrition	4	3.2%			
Covid	4	3.2%			
Miscellaneous	4	3.2%			
Chronic health	3	2.4%			
Smoking/Vaping/Alcohol addiction	2	1.6%			
Dental care	2	1.6%			
Parental health	2	1.6%			
Violence	2	1.6%			
Total	45	(n=125)			
Question: Are there any other important health issues that you would like to see the Stark County Community					

Next, community leaders were given a list and asked how important it was for the CHNA Advisory Committee to address each **demographic group**. The majority of community leaders (80% or more) thought it was very important to address the following groups: people with mental illness, children, individuals living in poverty, teen or adolescents, and individuals addicted to drugs or alcohol. Other

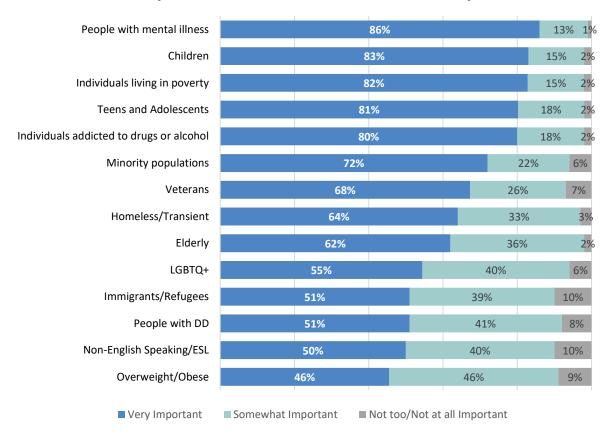
Health Needs Assessment (CHNA) Advisory Committee focus on over the next three years? What would that be?

groups mentioned that were not directly mentioned to the community leaders included the underinsured, teen athletes, parents, grandparents raising their grandchildren, parents and family groups, those with long COVID, and residents without digital access.

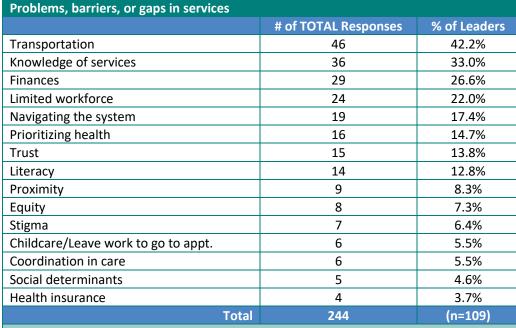




## **Importance of Committee to Address Groups**



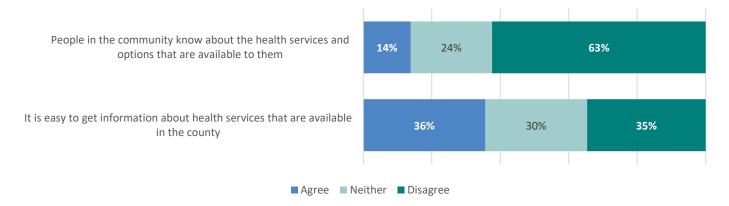
Community leaders were also asked to list some **problems**, **barriers**, **or gaps in services** that prevent residents from receiving health related care and services they need. This was an open-ended question in which the respondent could give multiple responses. The most common barriers mentioned were transportation issues (42%), lack of awareness of available programs and resources (33%), cost (27%), and a limited workforce (22%).



Question: What are some problems, barriers, or gaps in services that prevent residents from receiving health related care and services they need?

More than a third of community leaders, (35.5%), agreed that "It is easy to get information about health services that are available in the county" with 6.5% strongly agreeing. More than a third, (34.7%), disagreed with this statement. Less than a sixth of community leaders, (13.9%), agreed that "People in the community know about the health services and options that are available to them" with 3.3% strongly agreeing. Nearly two-third, (62.6%), disagree (15.4% strongly disagreed).

# **Agreement with Statements**





Community leaders were asked what is being done well in the areas of health and quality of life. This was open ended question in which the respondent could give multiple responses. Nearly half of respondents (49%), mentioned improvements being made in many different health and quality of life areas. Additional things that are being done well in Stark County include, in order of importance, access to healthcare for all (19%), Stark Parks (16%), nutritious food opportunities (15%), and the THRIVE program (8%).

Being done well in Stark County					
	# of TOTAL Responses	% of Leaders			
Improving health and quality of life in many areas	47	49.0%			
Access to healthcare for all	18	18.8%			
Stark Parks	15	15.6%			
Nutritious food opportunities	14	14.6%			
THRIVE (infant mortality)	8	8.3%			
Exercise activities	6	6.3%			
Harm reduction techniques (addiction)	5	5.2%			
COVID-19 vaccinations	4	4.2%			
Project DAWN (Opioid Overdose Education Naloxone Distribution)	3	3.1%			
Suicide contagion	3	3.1%			
Environmental health	2	2.1%			
Enrichment African American Wellness Fair and other activities	2	2.1%			
Safe Kids (prevent injury)	1	1.0%			
Addressing SE quadrant	1	1.0%			
DEI in workplace (diversity, equity, inclusion)	1	1.0%			
Monetary assistance	1	1.0%			
General Practice Residency Dental clinics	1	1.0%			
Total	133	(n=96)			
Question: In your opinion, what is being done well in the Stark County in the areas of health and quality of life?					



## **SOCIAL DETERMINANTS**

#### SECONDARY DATA ANALYSIS

In terms of educational attainment for adults both ages 18 to 24 and 25 and older, the percentage of the population with a high school degree is slightly higher in the county than in the state. However, the percentage of the population with a Bachelor's degree or higher is significantly higher in the state than it is in the county.

Educational Attainment						
	2016	2017	2018	2019	2020	Change
Percentage that I	have high scho	ol degree or h	igher, ages 18-	24		
Stark County	87.6%	88.0%	87.4%	88.1%	89.3%	+1.7%
Ohio	86.0%	86.4%	86.8%	87.0%	87.3%	+1.3%
Percentage that I	have high scho	ol degree or h	igher, ages 25	and older		
Stark County	90.4%	90.6%	91.3%	91.6%	92.1%	+1.7%
Ohio	89.5%	89.8%	90.1%	90.4%	90.8%	+1.3%
Percentage that I	Percentage that have Bachelor's degree or higher, ages 25 and older					
Stark County	22.6%	22.8%	22.8%	22.8%	23.5%	+0.9%
Ohio	26.7%	27.2%	27.8%	28.3%	28.9%	+2.2%
SOURCE: U.S. Census	SOURCE: U.S. Census Bureau, American Community Survey					

The unemployment rate for the county in 2020 was the same as the state and country as a whole at 8.1%. The unemployment rate in the City of Canton was slightly higher at 10.0%. In all four geographies, the unemployment rate has increased by around 3% over the past five years. For this table, unemployment includes persons who were not employed, but who were actively seeking work, waiting to be called back to a job from which they were laid off, or waiting to report within thirty days.

Unemployment Rate, Annual Average (not seasonaly adjusted)						
	2016	2017	2018	2019	2020	Change
Stark County	5.5%	5.2%	4.9%	4.6%	8.1%	+2.6%
Canton City	6.6%	6.2%	5.8%	5.2%	10.0%	+3.4%
Ohio	5.0%	5.0%	4.5%	4.2%	8.1%	+3.1%
United States	4.9%	4.4%	3.9%	3.7%	8.1%	+3.2%
SOURCE: Ohio Department of Job and Family Services, Office of Workforce Development, Bureau of Labor Market Information						

The percentage of the population in poverty is slightly lower in Stark County than it is in the state (13.3% compared to 13.6%).

Total Percentage of Population in Poverty							
	# Pop (2020)	2016	2017	2018	2019	2020	Change
Stark County	362,017	14.1%	14.0%	13.9%	13.6%	13.3%	-0.8%
Ohio	11,350,378	15.4%	14.9%	14.5%	14.0%	13.6%	-1.8%
SOLIRCE: LLS Census Bureau, American Community Survey 5-Year Estimates							



Poverty levels for children in the county are slightly higher than poverty levels for the state and have remained relatively unchanged over the past 5 years. When looking specifically at children under the age of 5, the percentage is slightly higher for the county (23.7%) than the state as a whole (21.8%).

Percentage of Children under 18 in Poverty								
	# Children	2016	2017	2018	2019	2020	Change	
Stark County	77,926	21.4%	21.5%	21.9%	21.4%	20.4%	-1.0%	
Ohio	2,545,054	22.1%	21.3%	20.8%	19.9%	19.1%	-3.0%	
Percentage of	Percentage of Children under 5 years in Poverty							
	# Children	(2020)	2016		2020	Cl	nange	
Stark County	20,308	20,308 27.5% 23.7% <b>-3.8%</b>				3.8%		
Ohio	679,42	679,428 26.1% 21.8% <b>-4.3%</b>						
SOURCE: U.S. Census Bureau, American Community Survey 5-Year Estimates								

Looking specifically at the population in Stark County in poverty by key demographic measures, children under the age of 5 had the highest level of poverty (23.7%), while senior citizens had the lowest level (7.2%). Females were more likely than males to be in poverty (14.5% to 12.1%). In terms of race and ethnicity, Black and multi-racial respondents had the highest poverty levels (35.3% and 34.3%) followed by Hispanic or Latino (28.0%). Additionally, the lower the education level, the higher the poverty level for that demographic group (poverty rate for those with less than a high school diploma was 24.6% compared to 2.9% for college graduates). The poverty rate for the unemployed is nearly six times that of the employed population (34.8% compared to 6.3%).

Stark County Per	rcentage of Po	pulation in P	overty by Age	Group			
	Pop 2020	2016	2017	2018	2019	2020	Change
Under 5	20,308	27.5%	27.4%	25.7%	25.8%	23.7%	-3.8%
5-17	57,618	19.3%	19.5%	20.6%	19.8%	19.3%	0.0%
18-34	72,302	19.2%	18.8%	18.5%	18.2%	17.4%	-1.8%
35-64	142,487	10.5%	10.4%	10.1%	9.9%	10.2%	-0.3%
65+	69,302	7.5%	7.3%	7.4%	7.2%	7.4%	-0.1%
<b>Stark County Per</b>	rcentage of Po	pulation in P	overty by Ger	nder			
Male	176,405	12.7%	12.4%	12.3%	12.0%	12.1%	-0.6%
Female	185,612	15.4%	15.4%	15.3%	15.0%	14.5%	0.9%
<b>Stark County Per</b>	rcentage of Po	pulation in P	overty by Rac	e and Ethnicit	y .		
White	315,600	11.6%	11.5%	11.1%	10.8%	10.5%	-1.1%
Black	26,444	36.8%	35.0%	36.8%	37.8%	34.3%	-2.5%
Asian	3,256	7.5%	8.4%	7.4%	6.6%	4.4%	-3.1%
Two or more	13,778	33.7%	35.2%	36.0%	31.7%	35.3%	+1.6%
Hispanic/Latino	7,607	26.7%	26.4%	28.7%	23.6%	28.0%	+1.3%
<b>Stark County Per</b>	rcentage of Po	pulation in P	overty by Edu	cation Level			
Less than HS	19,735	25.5%	26.0%	25.7%	26.1%	24.6%	-0.9%
HS grad	96,764	11.7%	12.0%	12.3%	12.5%	13.1%	+1.4%
Some college	78,679	10.9%	10.4%	10.3%	9.8%	10.2%	-0.7%
College grad	60,650	3.8%	3.4%	2.7%	2.8%	2.9%	-0.9%
Stark County Percentage of Population in Poverty by Employment Status							
Employed	176,109	6.8%	7.0%	6.8%	6.6%	6.3%	-0.5%
Unemployed	9,576	39.0%	39.1%	42.2%	39.0%	34.8%	-4.2%
SOURCE: U.S. Census	s Bureau, Americo	an Community Su	rvey 5-Year Estin	nates			







The poverty rates for female headed households, both overall and with children under 18, are approximately 4 times higher than married family households. Below are tables with poverty rates by zip code, both overall and by age group. Zip codes with higher-than-average poverty rates tended to be in the county's more urban areas. Highlighted zip codes have a higher percentage of population living below the poverty level than the county average (13.3%).

Stark County Percentage of Families in Poverty by Family Status							
	Pop-2020	2016	2017	2018	2019	2020	Change
All families	98,253	10.4%	10.2%	10.0%	10.0%	9.5%	-0.9%
Married families	71,425	4.1%	3.7%	3.2%	3.0%	2.8%	-1.3%
Female headed	19,403	33.6%	34.3%	34.2%	34.1%	32.8%	-0.8%
Percentage of Fam	ilies with Chil	dren under 18	in Poverty by	<b>Family Status</b>			
All families	41,691	18.7%	18.7%	18.6%	18.6%	17.8%	-0.9%
Married families	24,798	6.4%	5.6%	4.7%	4.0%	3.6%	-2.8%
Female headed	12,557	45.8%	46.8%	46.7%	46.8%	45.3%	-0.5%
SOURCE: U.S. Census Bureau, American Community Survey 5-Year Estimates							

Poverty Number and Rates by Zip Code, 2020								
Zip Code	Population	# below	% below	# at 125% of	# at 200% of			
Zip Code	Population	poverty	poverty	poverty level	poverty level			
44702 (Canton)	745	473	63.5%	540	689			
44704 (Canton)	3,042	1,289	42.4%	1,543	2,214			
44707 (Canton/North Industry)	9,179	3,656	39.8%	4,421	5,338			
44705 (Canton)	18,736	5,987	32.0%	6,662	10,758			
44703 (Canton)	8,392	2,513	29.9%	3,530	5,298			
44710 (Canton)	8,183	1,808	22.1%	2,089	3,758			
44601 (Alliance)	32,324	6,120	18.9%	8,669	14,128			
44706 (Canton)	16,574	2,806	16.9%	3,308	5,733			
44709 (North Canton/Canton)	16,501	2,599	15.8%	3,100	5,838			
44640 (Limaville)	204	30	14.7%	35	80			
44714 (Canton)	9,220	1,333	14.5%	2,015	3,236			
44688 (Waynesburg)	2,847	403	14.2%	534	923			
44613 (Brewster)	2,023	270	13.3%	325	764			
44643 (Magnolia)	4,145	518	12.5%	1,370	1,804			
44662 (Navarre)	10,136	1,227	12.1%	1,622	2,325			
44708 (Canton)	24,188	2,699	11.2%	3,626	7,718			
44657 (Minerva)	9,281	1,043	11.2%	1,317	2,578			
44647 (Massillon)	18,493	1,962	10.6%	2,553	5,060			
44646 (Massillon)	46,990	4,901	10.4%	6,855	14,002			
44669 (Paris)	1,578	159	10.1%	228	483			
44608 (Beach City)	1,725	156	9.0%	288	532			
44641 (Louisville)	19,037	1,559	8.2%	2,331	4,283			
44689 (Wilmot)	687	51	7.4%	54	228			
44720 (North Canton/Canton)	37,489	2,692	7.2%	4,117	7,201			
44670 (Robertsville)	128	9	7.0%	9	9			
44718 (Canton/Jackson Belden)	12,006	831	6.9%	896	1,789			
44614 (Canal Fulton)	12,609	839	6.7%	1,323	2,635			







Poverty Number and Rates by Zip Code, 2020							
Zip Code	Population	# below poverty	% below poverty	# at 125% of poverty level	# at 200% of poverty level		
44730 (East Canton/Canton)	5,980	383	6.4%	628	1,365		
44666 (North Lawrence)	2,736	166	6.1%	248	560		
44685 (Uniontown)	27,919	1,626	5.8%	1,957	4,074		
44626 (East Sparta)	2,818	158	5.6%	297	675		
44632 (Hartville)	9,937	479	4.8%	848	2,349		
44721 (Canton)	13,970	663	4.7%	845	1,960		

SOURCE: U.S. Census Bureau, American Community Survey 5-Year Estimates

Poverty Numb	Poverty Number and Rates by Age and Zip Code, 2020								
Zip Code	Und	ler 5	5-	17	18	-64	65 an	d over	
Zip Code	# in pop	% in poverty	# in pop	% in poverty	# in pop	% in poverty	# in pop	% in poverty	
44646	2,912	17.0%	7,639	12.4%	27,036	11.0%	9,403	5.2%	
44720	1,875	10.6%	5,527	10.2%	21,999	6.3%	8,088	6.8%	
44601	1,809	31.2%	4,782	22.4%	19,360	19.3%	6,373	11.7%	
44705	1,741	58.0%	3,842	41.4%	10,568	29.1%	2,585	12.0%	
44685	1,589	7.0%	5,428	9.5%	15,551	5.2%	5,351	3.6%	
44708	1,324	11.3%	3,345	15.6%	14,434	12.3%	5,085	5.0%	
44641	881	19.3%	3,046	8.5%	11,246	6.9%	3,864	9.1%	
44647	861	23.3%	2,827	12.6%	11,081	10.3%	3,724	7.0%	
44721	816	6.6%	2,071	8.4%	8,204	4.0%	2,879	3.7%	
44703	724	58.3%	1,430	39.8%	5,321	26.9%	917	10.0%	
44662	697	10.3%	1,720	17.8%	5,893	13.0%	1,826	4.6%	
44706	695	28.3%	2,588	34.7%	10,357	15.1%	1,934	4.9%	
44709	688	27.9%	2,222	28.7%	10,196	13.2%	3,395	12.4%	
44707	663	68.6%	1,970	58.3%	5,498	34.4%	1,048	15.3%	
44614	662	2.9%	1,550	1.7%	7,976	7.9%	2,421	6.7%	
44714	649	20.6%	1,224	30.6%	5,714	11.6%	1,633	9.9%	
44710	578	25.1%	1,395	41.9%	4,898	19.7%	1,312	8.5%	
44657	478	15.9%	1,297	19.0%	5,803	9.3%	1,703	10.7%	
44718	420	21.2%	1,686	12.0%	7,202	5.2%	2,698	6.1%	
44730	378	2.9%	757	4.4%	3,508	6.8%	1,337	7.6%	
44643	283	31.4%	764	21.6%	2,421	9.7%	677	4.4%	
44632	267	0.0%	2,209	0.2%	5,534	6.4%	1,927	6.3%	
44608	144	19.4%	223	3.6%	1,041	9.5%	317	6.6%	
44704	125	52.8%	604	68.0%	1,854	40.5%	459	13.3%	
44666	107	23.4%	459	20.7%	1,782	1.5%	388	5.2%	
44669	97	16.5%	276	23.9%	951	6.1%	254	7.5%	
44626	97	0.0%	481	6.0%	1,755	5.2%	485	7.8%	
44688	89	34.8%	344	26.2%	1,841	14.7%	573	2.1%	
44613	80	25.0%	417	17.0%	1,165	13.2%	361	6.9%	
44689	36	0.0%	139	15.8%	443	6.1%	69	2.9%	
44640	20	0.0%	34	11.8%	128	20.3%	22	0.0%	
44670	15	0.0%	18	0.0%	50	18.0%	45	0.0%	
44702	0	0.0%	12	100.0%	529	61.6%	204	66.2%	
SOURCE: U.S. Cen	sus Bureau, Am	erican Communi	ity Survey 5-Yea	ır Estimates					







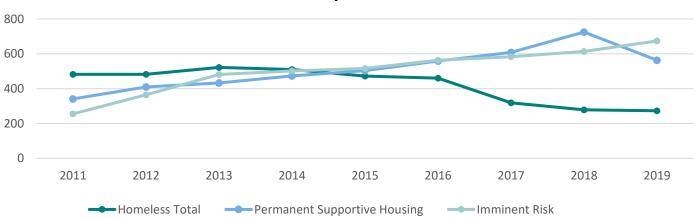
The median monthly housing costs for mortgage holders as a percent of household income (homeowners) as well as median gross rent as a percent of household income (renters) is nearly identical for the state and the county. Severe renter cost burden means that at least half of household income is spent on housing. In Ohio, nearly a quarter of renters suffer from severe renter cost burdens, for the county, the percentage is slightly lower.

Homeowner Affordability, 2019						
	Median Monthly Hou for Mortgage Ho			ledian Monthly Housing Cost for Mortgage Holders as % of Household Income		
Stark County	\$1,146		18.7%			
Ohio	\$1,248		19.1%			
^FHA guidelines state the threshold.	5 times its annual	income. Numbers in red are above the 2.5				
<b>Renter Affordabil</b>	ity, 2019					
	Median Monthly Gross Rent	Median Gross of Household		Severe Renter Cost Burden		
Stark County	\$728	27.1%	6	20.5%		
Ohio	\$797	27 69	6	23.0%		

While the number of homeless individuals in Stark County has decreased, (43%), since 2011, the number of individuals in permanent supportive housing (65%) and those at imminent risk of being homeless continued to rise (164%).

SOURCE: OHFA, Draft Ohio Housing Needs Assessment, Fiscal Year 2021 Annual Plan

# **Stark County Homeless Data**



Stark County Homeless	Stark County Homeless Data										
	2011	2012	2013	2014	2015	2016	2017	2018	2019	2020	Change
<b>Homeless Total</b>	482	482	522	510	472	460	319	278	273	250	-43.3%
Street count	68	63	56	38	60	37	22	40	17	16	-75.0%
Emergency shelters	218	207	247	259	239	285	209	221	243	NA	+11.4%
Transitional housing	196	212	219	213	173	138	88	17	13	NA	-93.3%
Permanent Supportive Housing	341	410	433	473	503	559	608	725	563	NA	+65.1%
Imminent Risk- w/Friends/Family	255	365	481	502	516	563	583	614	674	NA	+164.3 %
<b>Grand Total</b>	1078	1257	1436	1485	1491	1582	1510	1617	1510		+40.0%
SOURCE : https://starkho	SOURCE: https://starkhomeless.starkmhar.org/wp-content/uploads/sites/3/2019/06/Point-In-Time-2009_2019.pdf										







#### **VOICES OF STARK COUNTY REPORT**

Under the Social Determinants of Health *Economic Stability* domain, the following themes of identified challenges were outlined by participants:

- 1. Poverty and lack of economic stability are the root causes of inequities
- 2. More people are experiencing the "benefit cliff", contributing to workforce shortage
- 3. Food insecurity due to lack of accessible and affordable food sources
- 4. Inflation and rising costs of basic needs
- 5. Employment, transportation, and childcare are all tied together
- 6. High administrative burden and low ceiling of eligibility for governmental programs
- 7. Minimum wage vs. living wage discrepancy

More specifically, the table below outlines participant responses from community stakeholders and service provider meetings in the *Economic Stability* domain.

Challenges and St	rategies for Economic Stability Domain	
Population	Challenges	Strategies
Stark County Stakeholders	<ul><li>2. Employment</li><li>3. Food insecurity</li><li>4. Housing instability</li></ul>	<ol> <li>Bring adult education to various communities instead of expecting people to travel (challenges with transportation).</li> <li>Wrap Around services for anyone receiving governmental assistance &amp; ALICE individuals.</li> <li>Mobile workers (travel to various communities) to mentor, provide assistance with signing up for governmental programs/services, provide resources/knowledge on basic life necessities, "hand hold" in crisis, etc.</li> <li>Employers receive subsidies to support employees' needs of childcare and when needs arise to take time off to address personal issues/crises.</li> <li>Bring services to communities (could be through remote access).</li> </ol>
Community Health Workers, Family Support Specialists, and Home Visitors	involvement in female head of households living in poverty  2. Employment  3. Housing instability  4. Lack of trust in governmental system	<ol> <li>Affordable and accessible drivers ed training, especially for "older adolescents, young adults."</li> <li>Infrastructure rehaul of governmental system of assistance.</li> <li>Employers offer incentives or tokens of appreciation for those who consistently are "good" employees.</li> <li>Housing:         <ul> <li>Rent to own homes (sense of pride if homeowner).</li> <li>Subsidized housing: rent incrementally increases as person becomes more financially secure.</li> <li>Education on how to obtain and keep a home (similar to Habitat for Humanity).</li> </ul> </li> </ol>



Challenges and Str	rategies for Economic Stability Domain
Population	Challenges Strategies
Community Health Workers, Family Support Specialists, and Home Visitors	5. Navigator/mentor for those in cyclical poverty to provide assistance for governmental programs (bureaucracy) and resource connections, and all around social network support ("someone in their corner").
Health Care Professionals	<ol> <li>Poverty is the key to instability</li> <li>We cannot forget about the elderly as a struggling population as they have health issues</li> <li>Proverty is the key to instability</li> <li>We cannot forget about the elderly as a struggling population as they are on a fixed income and likely have health issues</li> <li>Provide vocational training to attain skills for various employment opportunities (build upon current skill set and what motivates individual).</li> <li>More employers either provide childcare or help subsidize costs.</li> </ol>
SOURCE: Voices of Star	rk County Report

Under the Social Determinants of Health *Access and Quality of Education* domain, the following themes of identified challenges were outlined by participants:

- 1. Expectations of schools and teachers exceed primary role of educating youth
- 2. Lack of workforce to deal with students struggles both academically and emotionally
- 3. Lack of affordable, accessible, and high-quality childcare and preschools
- 4. Resource allocations to the neediest of students; what are the supports for others?
- 5. Do people understand the value of an education and how it ties into their well-being?
- 6. Difficult to obtain adult education in terms of locality and cost

More specifically, the table below outlines participant responses from community stakeholders and service provider meetings in the *Access and Quality of Education* domain.

Challenges and St	rategies for Access and Quality of Education	n Domain
Population	Challenges	Strategies
Stark County	Lack of social support	1. More family services to help educate the family
Stakeholders	2. Students are struggling	as a whole (wraparound services).
	3. School based Mental Health services	2. Resume Life Skills classes.
	4. Lack of early education for students and adults focusing on resilience	3. Peer to peer awareness and education of staff and students.
	and prevention efforts	4. Workforce retention initiatives.
	5. Lack of affordable preschool programs	5. Dedicated Mental Health Teams at districts or buildings to offload work from those who aren't
	6. Safety at school	<ul><li>trained in those areas.</li><li>Increased presence of behavioral health education in curriculum.</li></ul>
		7. Educate to each student's capabilities.





Challenges and Str	rategies for Access and Quality of Education Domain
Population	Challenges Strategies
Community	Lack of necessary supplies to     Resume Life Skills Classes.
Health Workers,	obtain/complete education 2. Engage parents.
Family Support	2. Students concerns/societal concerns   3. Resume teaching cursive writing (teach how to
Specialists, and	of social status write a signature).
Home Visitors	3. Extreme focus on state testing and 4. Mentoring programs.
	teaching for this instead of 5. Some career tech classes in each high school
	preparing for real life that may not require a further degree.
	4. Lack of financial guidance to assist in 6. Incremental programming in schools tied to how
	pursuit of higher education kids learn best (in classroom and/or virtual) and
	5. Excessive peer influence what other supports need to ensure success.
	6. Schools have had to take on
	multiple roles (parenting,
	disciplinarian, social worker, address
	mental health, etc.) which takes
	away from the purpose of educating
	7. Too much focus on technology
	without placing safety parameters
	8. Bullying and gun violence
	9. Lack of standardized and free early
	childhood education
	10. Primary education not valued as
	important
	11. Lack of respect, pay, and
	professionalism for the Early
	Childhood workforce
	12. Transition youth (17/18 years old)
	13. Truancy
Health Care	Traumatic experiences and     More schools trained in trauma focused
Professionals	untreated MH challenges have led relationship building.
	to people struggling or not  2. For those with MH challenges, create models for
	completing their primary education learning tied to student learning styles  2. Pandemic has caused loss of (individualized education).
	,
	learning for students  3. Screen all students periodically for MH challenges and refer appropriately to identify
	and treat early.
SOURCE: Voices of Star	

Under the Social Determinants of Health *Neighborhood and Built Environment* domain, the following themes of identified challenges were outlined by participants:

- 1. Lack of or difficulty with broadband internet connectivity
- 2. Lack of affordable, accessible, and flexible public transportation and ride share services
- 3. Lack of safe and reliable housing
- 4. Lack of safe green spaces with sidewalks to encourage healthy living
- 5. Lack of resources in own communities





- 6. Increasing crime and violence
- 7. Lack of access to healthy food

More specifically, the table below outlines participant responses from community stakeholders and service provider meetings in the *Neighborhood and Built Environment* domain.

Challenges and Str	rategies for Neighborhood and Built Enviro	nment Domain				
Population	Challenges	Strategies				
Stark County Stakeholders	<ol> <li>No access to healthy recreation</li> <li>High crime/violence</li> <li>Low-income housing in unsafe neighborhoods</li> <li>Many communities are "deserts"</li> </ol>	<ol> <li>Safe, attractive housing.</li> <li>Policing and safety officers.</li> <li>Improve public transportation access.</li> </ol>				
Community Health Workers, Family Support Specialists, and Home Visitors	<ol> <li>Gun violence and gangs</li> <li>Quality and location of housing has deteriorated; slumlords; no accountability of owners to provide safe and clean housing for renters</li> <li>Transportation challenges</li> <li>Access to healthy food</li> </ol>	<ol> <li>SARTA should have multi language signs (e.g., Spanish).</li> <li>Food banks:         <ul> <li>a. Choices should be healthy.</li> <li>b. Provide all supplies to make meals.</li> <li>c. Supplies should have multi meal capacity.</li> </ul> </li> <li>Healthy food choices education as part of mandatory "live" health class in high school.</li> <li>Up to date resource on food and shelter services (easy access and in real time).</li> </ol>				
Health Care Professionals	<ol> <li>With limited resources both monetary and ease of access, difficult to purchase healthy food choices</li> <li>Limited access and schedules of public transportation</li> <li>With increasing crime/violence, fear to leave home and have apathetic feelings or acceptance of "this is the norm"</li> <li>No accountability for landlords in maintaining quality and cost of rental homes</li> </ol>	<ol> <li>Community programs on healthy eating and food choices, and how they affect health.</li> <li>Supportive housing allotments for most vulnerable individuals with each unit having an assigned Case Manager who functions to:         <ol> <li>Assist with grocery shopping and education on healthy foods.</li> <li>Connects to resources and governmental programs.</li> <li>Connects to vocational training/education attainment.</li> <li>Provides handholding in times of crisis and mentoring at all other times.</li> <li>Once individual is "stable" relocate to different housing that is tiered "down" with level of assistance.</li> </ol> </li> <li>Year round traveling fresh food markets to vulnerable communities with more frequency.</li> <li>Restaurants/grocery stores donate their excess fresh foods to churches/community centers to distribute to residents (would decrease the transportation issue and increase ease of access).</li> </ol>				



Under the Social Determinants of Health *Social and Community Context* domain, the following themes of identified challenges were outlined by participants:

- 1. Lack of collective collaboration and allocation of equitable resources
- 2. Lack of community centers/local programming which contributes to lack of cohesion
- 3. Political polarization contributes to discrimination of marginalized populations
- 4. Pandemic has prompted continued self-isolation and loss of community cohesiveness

More specifically, the table below outlines participant responses from community stakeholders and service provider meetings in the *Social and Community Context* domain.

Challenges and Str	rategies for Social and Community Context Don	nain
Population	Challenges	Strategies
Stark County Stakeholders	<ol> <li>Nonprofits compete for funding and pull from same resource pool</li> <li>Social isolation and fear with the current pandemic</li> <li>Formal vs Informal (grass roots) organizations and public vs. private organizations: both have lack of collaboration</li> <li>Many people do not feel like they have a voice in the community</li> </ol>	within the community instead of fragmented access.  MH community training.
Community Health Workers, Family Support Specialists, and Home Visitors	<ol> <li>Post incarceration, challenges with obtaining housing and employment (basic needs)</li> <li>Societal discrimination even within own communities</li> <li>Extreme social isolation in the pandemic without ease of access to social network or community programs</li> <li>Lack of coordination between multiple community programs</li> <li>Lack of coordination between serving same individuals</li> <li>LGBQT+ Individuals</li> <li>6.</li> </ol>	Get faith-based communities involved to assist with childcare in their community (It takes a village).  Resurrect neighbors being neighbors to look out for each other; sense of community.  Neighborhood stores with healthy options; place to safely socialize.  Establish relationship with CHW/FSS/HV for upcoming parolees and their Parole Officers prior to release; assist with "life" once released. Increase use of virtual Parent Cafes to create a sense of social network and provide education Have a strong databank/hub of resource. information in real time that can be accessed by the community, navigators, & mentors that would also allow referrals and connections directly to the resources.  Support for LGBQT+:  a. Education about tolerance and acceptance.  b. Diversity groups in schools for honest conversations without judgment.
Health Care	1. The Pandemic has prompted 1.	Community groups, churches, and neighbors go
Professionals	increased social isolation and	to homes of those who have isolated themselves



Challenges and Strategies for Social and Community Context Domain							
Population	Challenges	Strategies					
Health Care	disconnection from community,	and extend their "hands" out to increase the					
Professionals	which increases mental illness and substance use	human connection.  2. More support for individuals returning to the					
	History of incarceration affects     access to governmental aid     programs, employment, and access     of basic resources	community from incarceration in the form of mentoring and case management, from a positive viewpoint and not punitive viewpoint.					
SOURCE: Voices of Stark County Report							

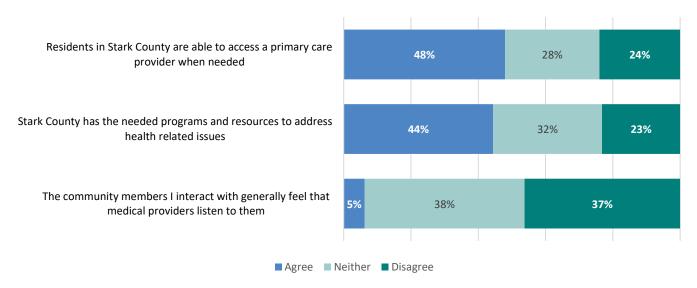
## **ISSUE 1: ACCESS TO HEALTH CARE**

#### **COMMUNITY HEALTH LEADER SURVEY**

The community leaders were given a list of three statements about access to care issues and asked how much they agreed with each. The low amount of agreement on all three statements supports that access to care is an issue in Stark County. Each statement is discussed in more detail below.

- → Less than half of community leaders, (44.4%), agreed that "Stark County has the needed programs and resources to address health related issues" with 7.3% strongly agreeing. Less than a quarter, (23.4%), disagreed.
- → Less than a third of community leaders, (43.2%), agreed that "The community members I interact with generally feel that medical providers listen to them" with 4.8% strongly agreeing. One fifth, (20.0%), disagreed.
- → Less than half of community leaders, (48.0%), agreed that "Residents in Stark County are able to access a primary care doctor when needed" with 8.0% strongly agreeing. Nearly a quarter, (24.0%), disagreed with this statement.

# **Agreement with Access to Care Statements**





#### SECONDARY DATA ANALYSIS

The table below represents the estimated percent of the population under age 65 that has no health insurance coverage in Stark County. Over the past five years, the percentage of individuals without health insurance decreased by 3.5%. The percentage of residents without insurance is significantly higher for Black residents (7.5%) than White residents (5.1%). In addition, the percentage of residents without insurance under the age of 19 (3.1%) is significantly lower than the percentage of residents ages 19 to 64 (8.4%).

Stark County Percent Uninsured								
	2015	2016	2017	2018	2019	2020	% Change	
Stark County	9.0%	7.4%	6.5%	5.6%	5.7%	5.6%	-3.4%	
By Race and Age	By Race and Age							
White	8.6%	7.0%	6.3%	5.3%	5.3%	5.1%	-3.5%	
Black	13.8%	10.6%	8.2%	6.7%	6.4%	7.5%	-6.3%	
Under 19 years old	4.0%	3.5%	4.3%	3.1%	-0.9%			
19 to 64 years old	different age groups		9.3%	8.1%	8.9%	8.4%	-0.9%	
65 years and older	before	e 2017	0.2%	0.3%	0.1%	0.2%	0.0%	
SOURCE: U.S. Census Bureau, American Community Survey 5-Year Estimates								

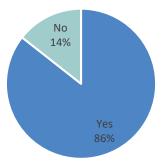
Primary Care Physicians is the ratio of the population to total primary care physicians. Primary care physicians include non-federal, practicing physicians (M.D.'s and D.O.'s) under age 75 specializing in general practice medicine, family medicine, internal medicine, and pediatrics. In Ohio, there is 1 Primary Care Physician for every 1,290 residents which is nearly identical to the county ratio.

Primary Care Physicians											
	2015		2016		2017		2018		2019		
	# of PCP	Ratio	# of PCP	Ratio	% Change						
Stark	293	1,280:1	298	1,250:1	299	1,250:1	295	1,260:1	295	1,260:1	+0.6%
County											
Ohio	-	1,310:1	-	1,300:1	-	1,310:1	-	1,300:1	-	1,290:1	-
SOURCE: C	SOURCE: County Health Ranking. Original Source: HRSA Area Resource File. http://www.countyhealthrankings.org/										

Less than one-sixth of Stark County youth, (14%), have not always been able to get medical or psychological care when they thought they needed it during the school year. The most common reason for not being able to get needed medical or psychological care was they didn't know who to go see.



## Youth: Always Been Able to Get Needed Medical or Psychological Care



## **Top Reasons for No Access:**

- 1. Didn't know who to go see
- 2. Didn't have transportation
- 3. My parent or guardian did not go with me
  - 4. Didn't want my parents to know

SOURCE: 2021 Northeast Ohio Youth Health Survey

#### **VOICES OF STARK COUNTY REPORT**

Under the *Access and Quality of Healthcare* domain, the following themes of identified challenges were outlined by participants:

- 1. Difficult to access providers (workforce, insurance, availability, proximity, and costs)
- 2. Extremely difficult system to navigate
- 3. Lack of awareness about options in own community
- 4. Cultural bias and stigma
- 5. Insurance complexities and disparity of reimbursement (services, locations, etc.)

More specifically, the table below outlines participant responses from community stakeholders and service provider meetings in the *Access and Quality of Healthcare* domain.

<b>Challenges and Str</b>	Strategies for Access and Quality of Healthcare Domain								
Population	Challenges	Strategies							
Stark County	1. Cultural challenges	1. Bring services to the low-income communities.							
Stakeholders	2. Provider issues	2. Urgent Care for mental health illnesses.							
	3. Lack of health literacy	3. Low cost and ease of access transportation							
	4. Lack of insurance coverage and/or	service programs.							
	complexity of fee structure	4. Sliding fee scales in all organizations and this							
	5. Other challenges	info is known upfront.							
	<ol> <li>Difficult to navigate and</li> </ol>	5. BH counselor in primary care setting.							
	understand the complexities so	6. More Telehealth access (technology and cost).							
	not willing to seek help	7. Having someone in place (doctor office,							
	<ol><li>Childcare not easily attainable</li></ol>	hospitals) to help people navigate (like a							
	<ol><li>Lack of knowledge of resources</li></ol>	healthcare concierge).							
	in own community								
	<ol><li>Lack of integrated care options</li></ol>								
	to provide one stop shop								
Community	<ol> <li>Lack of workforce and consistent</li> </ol>	1. Educate providers on impact of socio-economic							
Health Workers,	providers	challenges and prioritization of meeting basic							
Family Support	2. Payers panel of providers not up to	needs first.							
Specialists, and	date with information; frustrating	2. Provide variety of appointments to include voice							
Home Visitors	for people to navigate especially if	only/telehealth and variety of times, including							
	on Medicaid (stigma)	nontraditional business hours.							
		3. One stop shop when clients seek MH services.							



	ategies for Access and Quality of Healthcar	
Population	Challenges	Strategies
Community	3. Lack of knowledge of various	4. Healthcare navigators.
Health Workers,	resources (lack of right information	
Family Support	in the hands of the right people)	
Specialists, and	4. Difficult to communicate with	
Home Visitors	providers	
	5. Disparity in reimbursement for BH	
	services	
	6. Lack of reliable transportation,	
	even with using Payer approved	
	services	
	7. Consequence of pandemic: Case	
	Managers themselves are struggling	
	and are not helpful to their clients	
	to provide care coordination and	
	"putting out life's fires"	
	8. Imbalance of treatment measures:	
	overmedicating and less talk	
	therapy (social connectedness may	
	be all someone needs)	
	9. Underinsured families	
Health Care	Extremely complex system to	1. Every individual should have an advocate/case
Professionals	navigate	manager to help navigate.
	2. Lack of health literacy	2. Increase community education to understand
	3. People struggle to meet basic	tiers of care and navigation of healthcare
	needs; many do not have resources	intricacies.
	or knowledge on how to meet these	3. More offices participating in integrative
	needs	medicine embedding mental health services in
		the primary care offices (allows for patient to be
		treated as a whole instead of through
		fragmented providers).
		4. Increase number of accessible rideshare
		programs reimbursable by insurance payers
		even for emergency appointments.
		<ol> <li>Support providers to ensure their well being.</li> </ol>
SOURCE: Voices of Star	k County Report	The ship and a second s

## **ISSUE 2: ADDICTION AND SUBSTANCE ABUSE**

## STARK COUNTY COMMUNITY POLL

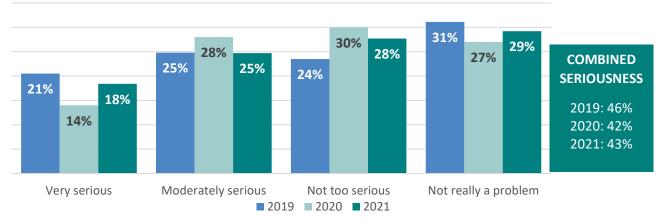
## **Substance Abuse and Addiction Treatment**

When asked how serious a problem marijuana use is in Stark County, less than half, (43.1%) felt it was a serious problem with 18.4% reporting it was a very serious problem. More than a quarter (29.2%) said it was not a problem at all. Overall, respondents rated marijuana about the same as in 2020.



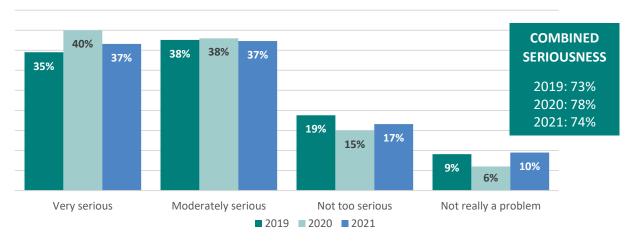


## **Seriousness of Marijuana in Stark County**



When asked how serious a problem e-cigarette or vape use by youth is in Stark County, nearly three-quarters, (73.9%) felt it was a serious problem with 36.6% reporting that youth vaping was a very serious problem. This was a slight decrease from 2020 when 78.5% felt that e-cigarette or vape use by youth was a serious problem. About one in ten (9.5%) said it was not a problem at all.

## **Seriousness of Vaping in Stark County**

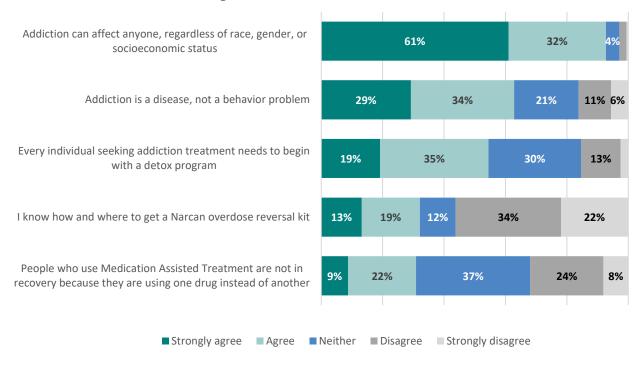


When asked to rate their level of agreement with five statements about addiction, respondents were most likely to agree that addiction can affect anyone (92.6%), addiction is a disease (62.9%), and every individual seeking addiction treatment needs to begin with a detox program (54.5%).





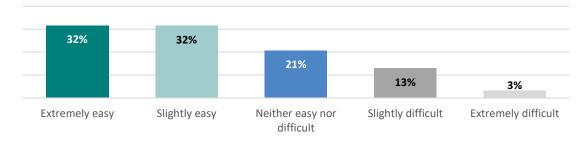
## **Agreement with Statements**



Respondents were asked to rate how easy it is for youth to obtain alcohol in their community. More than half (63.1%) said it was either extremely easy (31.6%) or slightly easy (31.5%). Groups more likely to say it is easy for youth to obtain alcohol include employed and retired respondents.

Those who said it was easy for youth to obtain alcohol were asked how they think youth do so. The most popular responses were older friends (27.6% of answering respondents), followed by other adults (19.3%), and at local establishments that either do not check ID or with a fake ID (15.2%).

## **Ease of Youth Obtaining Alcohol**







Where do you think Youth Obtain Alcoho	ol .		
	# of responses	% of responses	% of ALL respondents
Older friends	96	27.6%	16.0%
Adults	67	19.3%	11.2%
No ID/Fake ID at local establishments	53	15.2%	8.8%
At home	45	12.9%	7.5%
Parents	39	11.2%	6.5%
Family members	25	7.2%	4.2%
Anywhere/Everywhere	13	3.7%	2.2%
Stealing	6	1.7%	1.0%
Coworkers	2	0.6%	0.3%
Social media	1	0.3%	0.2%
On the street	1	0.3%	0.2%
	348	(n=348)	(n=600)

#### SECONDARY DATA ANALYSIS

Excessive drinking reflects the percent of adults that report either binge drinking, defined as consuming more than 4 (women) or 5 (men) alcoholic beverages on a single occasion in the past 30 days, or heavy drinking, defined as drinking more than one (women) or 2 (men) drinks per day on average. The percentage of adults reporting binge or heavy drinking was slightly lower in Stark County than in the state.

Percentage of Adults Reporting Binge or Heavy Drinking									
2015 2016 2017 2018 2019 Change									
Stark County	18%	18%	17%	19%	19%	+1.0%			
Ohio 19% 19% 20% 18% 21% +2.0%									
SOURCE: County He	SOURCE: County Health Rankings								

The percentage of driving deaths with alcohol involvement in Stark County is slightly higher than the state and has not changed over the past 5 years.

Percentage of Driving Deaths with Alcohol Involvement								
2016 2017 2018 2019 2020 Change								
Stark County	34%	32%	32%	31%	34%	-		
Ohio 34% 33% 33% 32% 33% -1%								
SOURCE: County Hea	alth Ranking. Origi	inal Source: Natio	nal Center for Hea	Ith Statistics				

The number of unintentional drug overdose deaths in Stark County has increased steadily since 2013 (more than doubled). The unintentional drug overdose death rate for Ohio continues to be higher than the county.

Unintentional Drug Overdose Death Rate, 2013-2020									
	2013	2014	2015	2016	2017	2018	2019	2020	Change
Stark County	12.4	17.2	17.0	27.0	25.8	21.8	29.4	27.0	+14.6%
Ohio	18.8	22.7	27.7	35.7	42.8	33.2	35.4	45.6	+26.8%
SOURCE: Ohio Dep	SOURCE: Ohio Department of Health								

The table below represents the percentage of unduplicated clients in treatment with a primary diagnosis of opiate use disorder. On average, 36% percent of client admissions in the county were associated with a primary diagnosis of opiate abuse or dependence in SFY 2020, a slight decrease from SFY 2016. It should be noted that this data comes from the Ohio Mental Health & Addiction Services (OhioMHAS) Multi Agency Community Information System (MACSIS). While MACSIS data is required to be submitted for billing purposes, there are minimal sanctions for failing to submit so underreporting of these numbers is likely. It should also be noted that reported data only reflects information for clients whose treatment was provided with public dollars, thus private insurance and self-pay clients are not reflected in this data.

Percentage of Unduplicated Clients - Treatment for Opiate Use Disorder									
SFY 2016 SFY 2017 SFY 2018 SFY 2019 SFY 2020 Change									
Stark County	40.0%	34.9%	33.2%	34.2%	36.1%	-3.9%			
Ohio	49.9%	48.1%	49.4%	48.4%	49.4%	-0.5%			

SOURCE: Ohio Mental Health & Addiction Services, Multi Agency Community Information Systems. https://mha.ohio.gov/research-and-data/dashboards-and-maps/maps/01-treatment-for-substance-use-disorders

The table below examines per capita distribution of prescription opioids with data from The Ohio State Board of Pharmacy's Ohio Automated Rx Reporting System (OARRS). Doses per capita is a measure that gives the average number of doses dispensed for each individual resident in a county in a year. Rates are likely underestimated because data from drugs dispensed at physician offices and the Veteran's administration are not included in the calculations. In 2021, the rates for the county were slightly higher than the state. Over the five-year time span in which data is available, rates have decreased in both the county and the state.

Prescription Opioid Doses per Capita									
2017 2018 2019 2020 2021 Change									
Stark County	51.8	43.1	38.3	34.1	29.8	-22.0			
Ohio 49.3 40.5 36.0 30.4 27.2 <b>-22.1</b>									
SOURCE: Ohio Mente	al Health & Addict	ion Services, Mult	ti Agency Commui	nity Information S	ystems.				

The table below examines per capita distribution of prescription benzodiazepines with data from The Ohio State Board of Pharmacy's OARRS. Doses per capita is a measure that gives the average number of doses dispensed for each individual resident in a county in a year. Rates are likely underestimated because data from drugs dispensed at physician offices and the Veteran's administration are not included in the calculations. In 2021, the rates for the county were higher than the state. Over the five-year time span in which data is available, rates have decreased in both the county and the state; the decrease in the county was slightly higher.

Prescription Benzodiazepine Doses per Capita									
2017 2018 2019 2020 2021 Change									
Stark County	31.1	26.5	23.9	23.0	21.0	-10.1			
Ohio 20.2 17.1 15.7 14.9 13.8 -6.4									
SOURCE: Ohio Mento	al Health & Addict	ion Services. Mult	ti Aaencv Commur	nity Information S	vstems.				



#### **YOUTH SURVEY**

Nearly a third of middle and high school youth reported using some illegal substance sometime in their lifetime with 13% using an illegal substance sometime in the past 30 days. The most common substances used were alcohol and marijuana.

#### **Youth: Substance Abuse** 13% Any substance 32% 8% Alcohol 31% 5% Marijuana 11% 1% Prescription pain meds (w/o a prescription) 3% Prescription muscle relaxer/anxiety meds (w/o a 1% prescription) 2% 1% Synthetic marijuana ■ Used in past 30 days 2% ■ Ever used 0% **Ecstasy** 1% 0% Sniffed glue/huffed 1% 0% Cocaine 1% Methamphetamines 0% 0% Heroin 0%

Source: 2021 Northeast Ohio Youth Health Survey

10%

20%

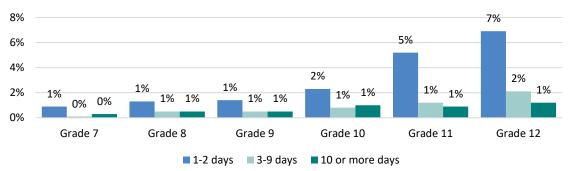
30%

40%

0%

Less than one-twentieth of students, (4.3%), reported binge drinking at least one day in the past 30 days. Older students were more likely than younger students to have engaged in binge drinking in the past 30 days.

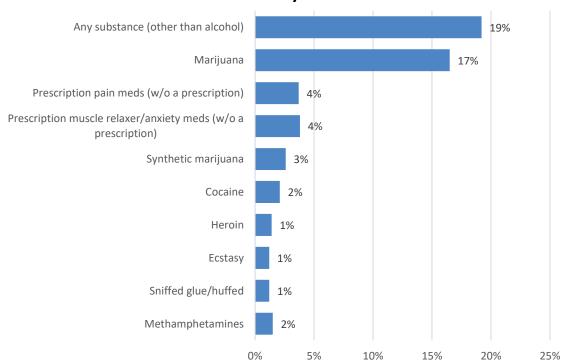




Source: 2021 Northeast Ohio Youth Health Survey

Nearly a quarter of Stark County middle and high school students, (24.1%), reported that someone in their household had used the substances below, not including alcohol, during this past school year. Marijuana was the most common substance used.

Youth: Substance Use by Others in Household



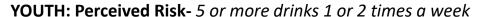
Source: 2021 Northeast Ohio Youth Health Survey

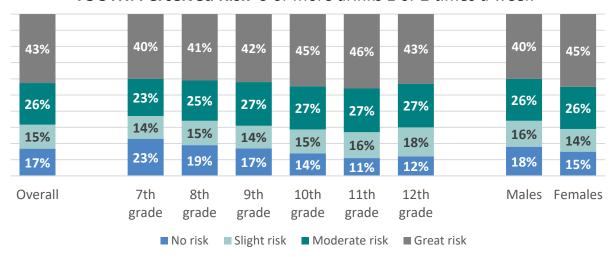
In addition, youth were asked how much of a risk they felt several different things would be to them. In terms of having 5 or more alcoholic drinks 1 or 2 times a week, more than two-thirds of surveyed youth, (69%), reported this to be a moderate or great risk. Female students were more likely than male students to indicate having 5 or more drinks was a moderate or greater risk. In general, older students tended to be more likely than younger students to feel that this was a risk.





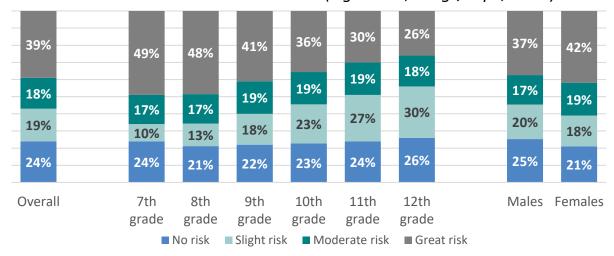






In terms of using tobacco such as cigarettes, e-cigarettes or vaping and chew, more than half of surveyed youth, (57%), reported this to be a moderate or great risk. Female students were more likely than male students to indicate that tobacco use was a moderate or greater risk. In general, younger students were more likely than older students to feel that tobacco use was a risk.

**YOUTH: Perceived Risk-** *Tobacco (cigarettes, e-cigs/vape, chew)* 

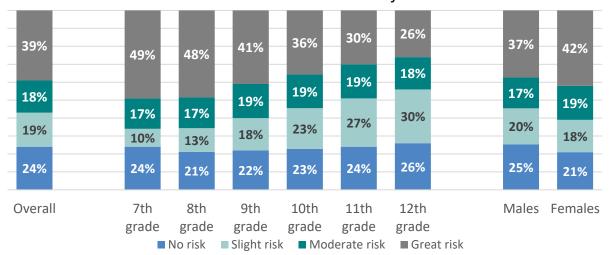


In terms of marijuana use, more than half of surveyed youth, (57%), reported this to be a moderate or great risk. Female students were more likely than male students to indicate marijuana use was a moderate or greater risk. In general, younger students were more likely than older students to feel that marijuana use was a risk.



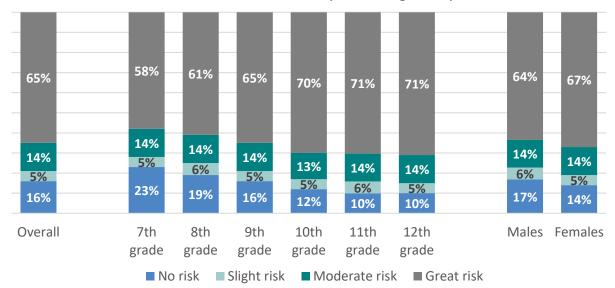






In terms of prescription drugs that are not prescribed to them, more than three-quarters of surveyed youth, (79%), reported this to be a moderate or great risk. Female students were slightly more likely than male students to indicate prescription drug use was a moderate or greater risk. In general, older students tended to be more likely than younger students to feel that this was a risk.

**YOUTH: Perceived Risk-** Prescription drugs not prescribed







## **ISSUE 3: INFANT MORTALITY AND MATERNAL HEALTH**

#### **COMMUNITY LEADER SURVEY**

Less than half of community leaders, (40.8%), agreed that "Family planning services are accessible and available to adequately address the reproductive health needs in the community," with 7.2% strongly agreeing. One fifth, (20.0%), disagreed with the statement.

## **Family Planning Services are Accessible and Available**



#### SECONDARY DATA ANALYSIS

The table below shows the number and percentage of births in Stark County over the past five years by race.

Stark Coun	Stark County Overall Births by Race									
	Overall	Hispanio	c/Latino	Non-Hisp	Non-Hispanic Black		Non-Hispanic White		*Other/Unknown	
	Case	Case	Birth	Case	Birth	Case	Birth	Case	Birth	
	Count	Count	Count %	Count	Count %	Count	Count %	Count	Count %	
2017	4008	132	3.3%	452	11.3%	3327	83.0%	97	2.4%	
2018	4060	162	4.0%	505	12.4%	3325	81.9%	68	1.7%	
2019	4094	167	4.1%	540	13.2%	3319	81.1%	68	1.7%	
2020	3913	160	4.1%	500	12.8%	3190	81.5%	63	1.6%	
2021	3927	167	4.3%	523	13.3%	3188	81.2%	49	1.2%	

\*Other includes: Asian, Filipino, Hawaiian or Pacific Islander, Japanese, Native American, Other Asian, Other/Unknown. Count of births to these groups individually are less than 20 per year.

About 10% of births in both Stark County and the state in 2021 were very pre-term or pre-term.

Gestational Age Distribution, 2021								
	Stark	County	Ohio					
	Case Count	Birth Count %	Case Count	Birth Count %				
Very pre-term (<32 weeks)	56	1.4%	2,259	1.7%				
Pre-term (32-37 weeks)	315	8.0%	11,500	8.8%				
Term (37 to 41 weeks)	3,556	90.4%	115,654	89.1%				
Post-term (42+ weeks)	6	0.1%	329	0.2%				
SOURCE: Ohio Department of Health Data	Warehouse							

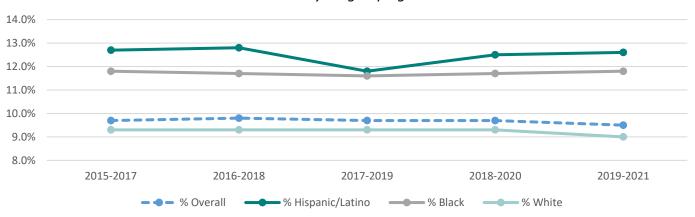




The graph below shows those born under 37 weeks gestation. In Ohio, annually, an average of 10.4% of births are preterm. According to the March of Dimes, nationally, around 1 in 10 babies (10%) are born prematurely. While overall birth percentages and the percentage of White babies born prematurely is lower than the state and national average, the percentage of Black and Hispanic babies born prematurely is much higher.

## Perentage of Stark County Births Under 37 Weeks Gestation

In 3-year groupings



Source: Ohio Department of Health

The percentage of birthing parents accessing prenatal care in the first trimester in the county is slightly lower than the state (69% compared to 70%).

Trimester of Entry into Prenatal Care									
	2017	2018	2019	2020	2021				
STARK COUNTY									
None	1.2%	1.2%	1.0%	1.0%	1.0%				
First Trimester	55.6%	63.2%	66.8%	69.1%	69.1%				
Second Trimester	22%	26.5%	25.9%	24.0%	23.2%				
Third Trimester	4.2%	5.5%	4.8%	4.2%	3.9%				
ОНЮ									
None	1.5%	1.5%	1.5%	1.5%	1.6%				
First Trimester	66.5%	67.9%	68.6%	68.9%	70.0%				
Second Trimester	19.8%	19.5%	19.5%	19.5%	18.2%				
Third Trimester	4.7%	4.5%	4.4%	4.2%	3.8%				
SOURCE: Ohio Department of Health Da	ta Warehous	ρ							



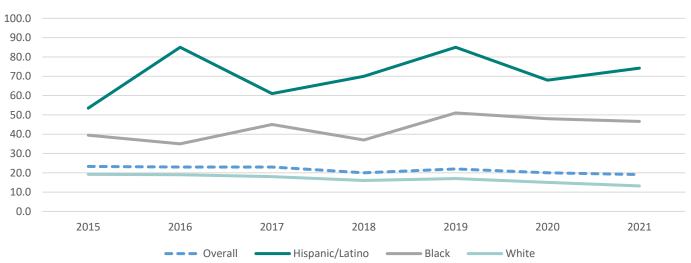


The number of births to young mothers (19 years of age and younger) decreased significantly from 2017 to 2021 at both the state and county level, although the decrease was slightly more for the state.

Number of Births by Young Mothers, 2017-2021									
	2017 2021							Change	
	>15	15-17	18-19	Total	>15	15-17	18-19	Total	
Stark County	0	65	206	271	2	49	164	215	-20.6%
Ohio	79	1,867	5,926	7,892	102	1,380	4,411	5,893	-25.3%
SOURCE: Ohio Health	Department	Secure Data	Warehous	2					

Overall, Stark County was just above Ohio's teen birth rate of 18.8 in 2021 at 19.1. Nationally, the teen birth rate was 16.7 for 2021. These rates do not include the 16 births over this time period that occurred to those less than 15 at time of delivery. Rates for Black and Hispanic teens were significantly higher than the state and national average.

## Birth Rate per 1,000 in Population, ages 15 to 19



Source: Ohio Department of Health, with the exception of 2015 in the Hispanic/Latino population, all rates based on counts more than 20.

Very low birthweight is a term used to describe babies who are born weighing less than 1,500 grams (3 pounds, 4 ounces) while low birth rate describes an infant born weighing 5.5 pounds (2500 grams) or less. Less than one-tenth of births in Stark County in 2021 were very low birth weight (1.1%) or low birth weight (6.8%).

Stark County Low and Very Low Birth Weight										
	2017		2018		2019		2020		2021	
	Case	Birth	Case	Birth	Case	Birth	Case	Birth	Case	Birth
	Count	Count %	Count	Count %	Count	Count %	Count	Count %	Count	Count %
Very low	58	1.4%	70	1.7%	52	1.2%	62	1.5%	44	1.1%
Low	267	6.6%	309	7.6%	288	7.0%	286	7.2%	268	6.8%
VI DIVI- Pirths los	sc than 2 nou	nds 2 ounces	IDM Dirth	class than Er	aunde 9 au	SOC SOURCE	· Ohio Donar	tmant of Haal	th Data War	ohouso







The percentage of White women with very low and low birthweight babies was considerably lower than the percentage of Black women.

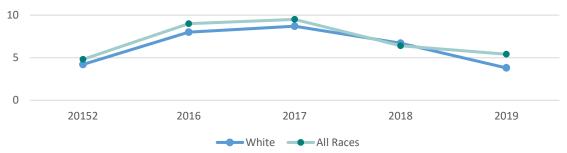
Stark County Low Birth Weight by Race										
	2017		2018		2019		2020		2021	
	Case	Birth	Case	Birth	Case	Case Birth		Birth	Case	Birth
	Count	Count %	Count	Count %	Count	Count %	Count	Count %	Count	Count %
White VLBW	47	1.3%	53	1.5%	42	1.2%	43	1.3%	32	0.9%
Black VLBW	11	2.4%	16	3.1%	6	1.1%	16	3.1%	8	1.5%
White LBW	210	6.0%	247	7.1%	221	6.4%	219	6.6%	201	6.1%
Black LBW	42	9.1%	51	9.9%	57	10.4%	55	10.7%	60	11.2%
VLBW= Births less	s than 3 poul	nds, 3 ounces	. LBW= Birth.	s less than 5 p	oounds, 8 ou	nces. SOURCE	: Ohio Depai	rtment of Hed	alth Data Wa	rehouse.

In 2019, the infant mortality rate in Stark County was 5.4, slightly lower than Ohio's infant mortality rate of 6.9 and an increase from 2015 when the rate in Stark County was 4.8.

Infant Mortality Rate, 2015 and 2019									
2015 2019									
	# of Deaths	# of Births	Rate*	ate* # of Deaths # of Births Rate*					
Stark County	20	4,204	4.8	22	4,104	5.4			
Ohio 1,005 139,312 <b>7.2</b> 929 134,564 <b>6.9</b>									
Number of all infar	Number of all infant deaths (within 1 year), per 1,000 live births, SOURCE: ODH, Ohio Infant Mortality Report								

Infant Mortality Rate (IMR) is calculated by the number of infant deaths over the number of live births multiplied by 1000. The infant mortality rate for all races (5.4) is much higher than the rate for White babies in Stark (3.8).

# **Stark County Infant Mortality Rate by Race**



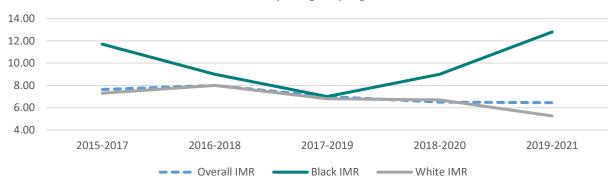
Stark County Infant Mortality Rate by Race									
2015 2016 2017 2018 2019									
White	4.2 8.0 8.7 6.7 3.8								
All Races	All Races 4.8 9.0 9.5 6.4 5.4								
Rate is per 1,000	births, SOUI	RCE: Ohio De	partment of	Health.					



When combining data into three-year groupings, the infant mortality rate for Black babies (12.80 per 1,000 live births) is more than twice as high than White babies (5.26 per 1,000 live births) in the county. Overall, the infant mortality rate for the county is nearly identical to the infant mortality rate of the state (6.53 per 1,000 live births). Please note that over this 7-year period, there were 8 total infant deaths in the Hispanic/Latino community.

## Infant Mortality Rates per 1,000 Live Births

In 3-year groupings



#### MATERNAL HEALTH FOCUS GROUP

 COST IS THE MAJOR BARRIER - Cost was mentioned in nearly every aspect of the focus group as having a negative effect on a person's ability to get the healthcare they need. Even when talking about health insurance, cost was a major factor- with high premiums, deductibles and out of pocket expenses. Cost was also mentioned as a barrier for women getting needed prenatal care. Other "Women of color especially, they don't believe we are in pain (they think we are seeking pain killers). I'm not a drug addict. I'm in legit pain."

Participant on what keeps them from doctor

barriers mentioned, including transportation and not being able to take off work to see the doctor can also be linked to financial burden.

- WOMEN TEND TO PUT OTHERS NEEDS BEFORE THEIR OWN Women tend to have multiple
  responsibilities and tend to put the healthcare needs of others they care for before their own
  needs. In addition, women feel guilty taking time from work to go to the doctor for themselves,
  instead saving their time off (if they even get paid time off) to take care of others.
- RACE, AGE, INCOME, AND NOT LOOKING LIKE EVERYONE ELSE HAVE A NEGATIVE EFFECT ON HEALTHCARE Black women and younger people have a harder time being taken seriously by health professionals and are more likely to be seen as drug seekers. Lower income individuals are more likely to be turned away from receiving the care they need and more likely to only have their symptoms treated as opposed to having the underlying condition identified. Overweight individuals and those with visible tattoos were also mentioned as more likely to have a negative experience when they attempt to get healthcare.





#### COMMUNICATION AND INFORMATION:

- → The way that doctors and nurses communicate with patients has a direct impact on their willingness and comfort level to ask questions regarding their health. When a patient feels their questions are not taken seriously and are embarrassed by the encounter, it not only affects their comfort level in asking additional questions, but it may make them less likely to go to the doctor at all in the future.
- → A recurring theme when asked about what attracts participants to health-related information was that they would like information that is straight and to the point, no fluff; with instruction on where they can look for additional information if they need it. Also, they want to see people on brochures that look like them (diverse group of people), but they must look natural and not fake.

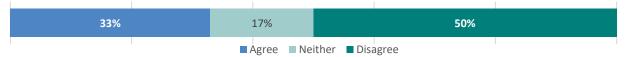


## **ISSUE 4: MENTAL HEALTH**

## **COMMUNITY LEADER SURVEY**

A third of community leaders, (33%), agreed that "Residents in Stark County are able to access a mental health care provider when needed". Half, (50%), disagreed with 9% strongly disagreeing.

## There are enough mental and behavioral health providers in area



## STARK POLL COMMUNITY SURVEY

#### Suicide and Mental Health

When asked where they would most likely go if they or a family member needed mental health services, respondents were most likely to say a doctor (26.2% of answering respondents) or hospital (16.1%). Other responses are listed on the table below.

Where would you go for mental heal	Where would you go for mental health services?								
	# of responses	% of responses	% of ALL respondents						
Doctor	122	26.2%	20.3%						
Hospital	75	16.1%	12.5%						
Counselor	42	9.0%	7.0%						
Mental health provider	39	8.4%	6.5%						
Coleman	23	4.9%	3.8%						
Crisis Center	21	4.5%	3.5%						
Internet search	17	3.7%	2.8%						
CommQuest	17	3.7%	2.8%						
County Health Dept.	15	3.2%	2.5%						
Minister	13	2.8%	2.2%						
Phoenix Rising	13	2.8%	2.2%						
Stark County Board of DD	10	2.2%	1.7%						
Health insurance policy	9	1.9%	1.5%						
StarkMHAR	8	1.7%	1.3%						
Quest	7	1.5%	1.2%						
Crisis hotline	6	1.3%	1.0%						
Phone for information	5	1.1%	0.8%						
Other	23	5.0%	3.8%						
	465	(n=465)	(n=600)						

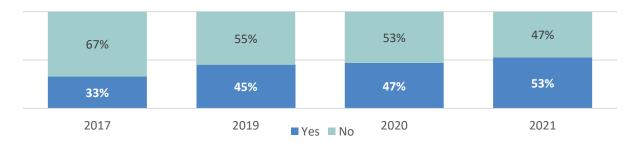
**Question:** If you or a member of your family were in need of mental health services, where are you most likely to go?





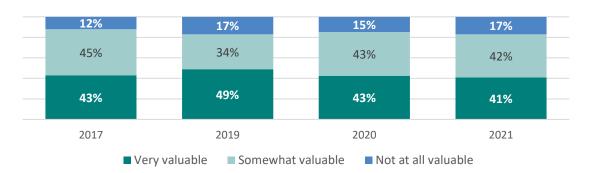
Over half (52.7%) reported having discussed mental health issues with their health care provider, an increase from 46.8% in 2020. Groups of respondents more likely to discuss mental health issues with their healthcare providers include females and those with children in the home. Of those who have discussed mental health with their health care provider, the majority, (82.9%), found the discussion to be valuable with 41.0% reporting the discussion to be very valuable and another 41.9% reporting that it was somewhat valuable.

## **Healthcare Provider Discuss Mental Health**

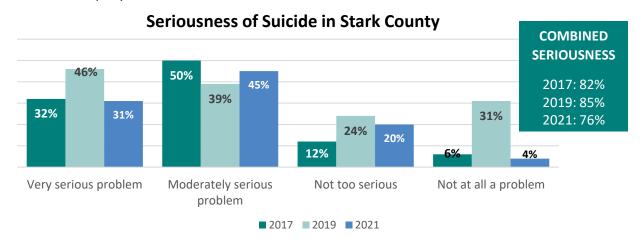


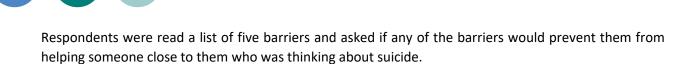
## **Value of Mental Health Discussion**

(Of those who discussed mental health with provider)



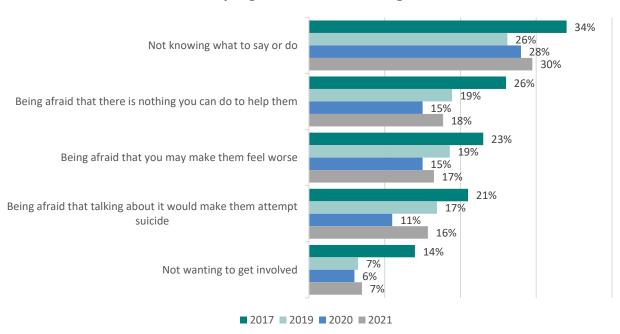
Respondents were asked to rate the seriousness of suicide in Stark County. Nearly a third (31.0%) said it was a very serious problem while nearly half (45.4%) said it was moderately serious. Groups that were more likely to rate suicide as a serious problem include non-White respondents and those with incomes below \$25,000 per year.





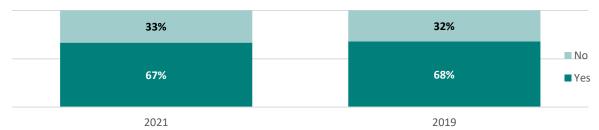
- → The most common barrier was **not knowing what to say or do**, with 29.5% of respondents naming this as a barrier, a slight increase from 27.6% in 2020.
- → More than one-sixth of respondents, (17.7%), reported that *being afraid that there is nothing they could do to help a person* would stop them from helping someone considering suicide, a slight increase from 15.3% in 2020.
- → Slightly fewer, (16.5%), reported that **being afraid that they would make the person feel worse** would stop them from helping someone considering suicide. This was also a slight increase from 2020 when 16.5% named this as a barrier.
- → More than one-tenth of respondents, (15.7%), reported that being afraid that talking about it would make the person attempt suicide would stop them from helping someone considering suicide, an increase from 11.2% in 2020.
- → Just 7.0% of respondents reported that *not wanting to get involved* would stop them from helping someone considering suicide, a slight increase from 5.6% in 2020. Groups most likely to indicate this was a barrier include males and those ages 18-44.

## **Barriers to Helping Someone Thinking about Suicide**



Two thirds of respondents (66.6%) said they know where to go if a friend or family member was thinking about suicide. When asked to say where they would go, more than a third (38.0%) said a suicide prevention hotline. More than one in ten said a crisis center (15.7%) and a hospital ER (11.3%). Other responses are outlined in the table below.

## Know Where to Go if Friend/Family Thinking about Suicide



Where would you go for suicide prevention?							
	# of responses	% of responses	% of ALL respondents				
Suicide prevention hotline	145	38.0%	24.2%				
Crisis Center	60	15.7%	10.0%				
Hospital ER	43	11.3%	7.2%				
Doctor	17	4.5%	2.8%				
Internet search	16	4.2%	2.7%				
Family/Friend/Myself	15	3.9%	2.5%				
First responder	11	2.9%	1.8%				
Call 911	11	2.9%	1.8%				
Minister	10	2.6%	1.7%				
Counselor	8	2.1%	1.3%				
County Health Dept.	8	2.1%	1.3%				
Mental health facility	8	2.1%	1.3%				
Coleman	7	1.8%	1.2%				
CommQuest	6	1.6%	1.0%				
Other	17	4.5%	2.8%				
	465	(n=382)	(n=600)				

When asked what might increase the risk of a suicide attempt, the most commonly given responses were social isolation (16.2%), major life loss (15.2%), and no support system (14.0%). Other responses are listed in the table below.

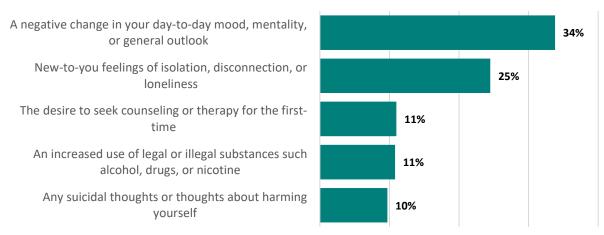
What do you think would increase a pers	on's risk of attemp	ting suicide?	
	# of responses	% of responses	% of ALL respondents
Social isolation	82	16.2%	13.7%
A major loss in their life	77	15.2%	12.8%
No support system	71	14.0%	11.8%
Depression	58	11.5%	9.7%
Financial struggles	40	7.9%	6.7%
Stress	34	6.7%	5.7%
Unrelenting hardship	34	6.7%	5.7%
Drug/Alcohol abuse	33	6.5%	5.5%
Feeling of hopelessness	22	4.3%	3.7%
Not knowing help is available	17	3.4%	2.8%
Bullying	16	3.2%	2.7%
Mental disorders	15	3.0%	2.5%
Access to lethal means	7	1.4%	1.2%
	506	(n=506)	(n=600)





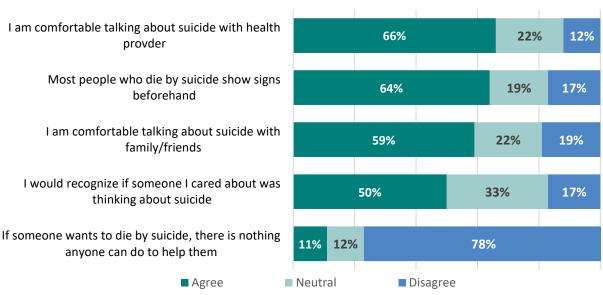
About a third of respondents, (33.8%), reported a negative change in their day-to-day mood, mentality, or general outlook in the past year. About a quarter, (24.5%), reported new feelings of isolation, disconnection, or loneliness. About one in ten reported feeling the desire to seek counseling or therapy for the first time (11.0%), increased use of legal or illegal substances (10.8%), and suicidal thoughts or thoughts about harming themselves (9.7%).

## **Experiences in the Past Year**



Two-thirds, (66%), of respondents agreed they are comfortable talking about suicide with their health provider. Slightly less, (64%), agreed that most people who die by suicide show signs beforehand. More than half, (59%), agreed that they are comfortable talking about suicide with family/friends. Half, (50%), agreed they would recognize if someone they cared about was thinking about suicide. Significantly less, (11%), agreed that if someone wants to die by suicide, there is nothing anyone can do to help them.

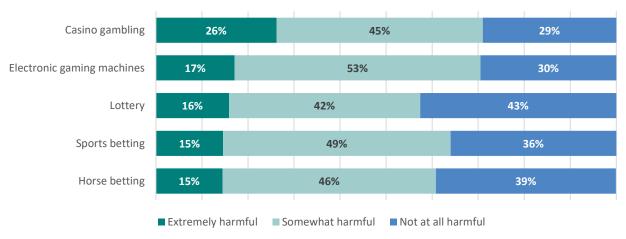
## **Agreement with Statements**



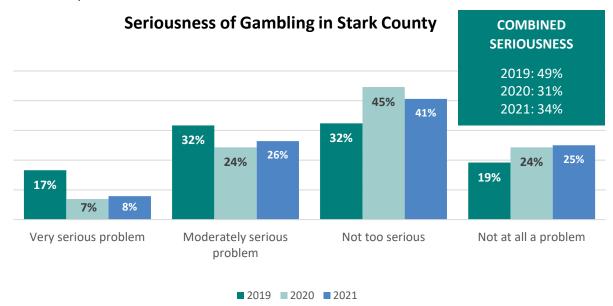


Respondents were asked to rate the harmfulness of five gambling activities. The activity that was rated extremely harmful most often was casino gambling (26.2%). Fewer than one in five respondents rated the remaining activities as extremely harmful.





When asked how serious a problem gambling is in Stark County, about a third, (34.3%) felt it was a serious problem with just 7.9% reporting that gambling was a very serious problem. This was a slight increase from the previous year when 31.2% indicated that gambling in the county was a serious problem. In 2021, one-quarter of respondents (25.0%) said it was not a problem at all. Groups of respondents more likely to indicate that gambling was a serious problem in the county include those with an annual income under \$50,000 and respondents with children in the home.



When asked where they would go if they or someone they knew were struggling with a gambling addiction or how much they gamble, the most common responses were Gambler's Anonymous (33.0% of answering respondents) and a hotline (20.9%). Other places respondents would go for help include the internet (12.1%), psychologist (6.9%), church (4.2%), mental health provider (4.2%), rehabilitation center (4.2%), and friends or family (3.9%).





Where would you go for Gambling Issue	?		
	# of responses	% of responses	% of ALL respondents
Gamblers Anonymous	101	33.0%	16.8%
Hotline	64	20.9%	10.7%
Internet	37	12.1%	6.2%
Psychologist	21	6.9%	3.5%
Church	13	4.2%	2.2%
Mental health provider	13	4.2%	2.2%
Rehabilitation Center	13	4.2%	2.2%
Friends/Family	12	3.9%	2.0%
Speak with person first	7	2.3%	1.2%
Family doctor	6	2.0%	1.0%
Ohio Lottery program	6	2.0%	1.0%
Mental Health services in Stark County	4	1.3%	0.7%
Phone call	3	1.0%	0.5%
Hospital	2	0.7%	0.3%
MISCELLANEOUS	4	1.3%	0.7%
	306	(n=306)	(n=600)

Question: Where would you go if you or someone you know is struggling with a gambling addiction or how much they gamble?

## SECONDARY DATA ANALYSIS

Mental Health Providers refers to the ratio of the county population to the number of mental health providers including psychiatrists, psychologists, licensed clinical social workers, counselors, marriage and family therapists, mental health providers that treat alcohol and other drug abuse, and advanced practice nurses specializing in mental health care. In Ohio, there is 1 Mental Health Provider for every 350 residents. The ratio in Stark County is slightly better.

Mental Health Providers											
	20:	17	2018 2019		2020		2021				
	# of Provider	Ratio	# of Provider	Ratio	# of Provider	Ratio	# of Provider	Ratio	# of Provider	Ratio	Change
Stark County	814	460:1	888	420:1	1,039	360:1	1,093	340:1	1,154	320:1	+41.7%
Ohio	-	560:1	-	470:1	-	410:1	-	380:1	-	350:1	-
SOURCE: County H	SOURCE: County Health Ranking. Original Source: HRSA Area Resource File. http://www.countyhealthrankings.org										

The number of adults and children receiving behavioral health assistance increased steadily over the past five years (9% increase for adults and 7% increase for children).

Number of Stark County Behavioral Health Clients									
SFY 2016 SFY 2017 SFY 2018 SFY 2019 SFY 2020 Change									
Adults	13,434	13,835	13,350	14,536	14,595	+8.6%			
Children         5,346         5,453         5,598         5,614         5,731         +7.0%									
SOURCE: Stark Cour	ntv Mental Health (	and Addiction Reco	verv						







The top three mental health diagnoses for adults in Stark County in 2020 was depressive disorders, bipolar disorders, and anxiety disorders. The top three mental health diagnoses for children were adjustment disorders, anxiety disorders and depressive disorders.

Top 10 Diagnostic Groups, SFY 2020							
	Adults	Children					
Depressive Disorders	4,775	1,139					
Bipolar Disorders	2,736	424					
Anxiety Disorders	2,591	1,351					
Post-Traumatic Stress Disorders	1,885	606					
Schizophrenia/Other Psychotic Disorders	1,453	-					
Opioid Use Disorders	1,346	-					
Alcohol Induced Disorders	944	-					
Substance Induced Disorders	824	-					
Adjustment Disorders	757	2,318					
Personality Disorders	547	-					
Cannabis Use Disorders	-	94					
Conduct Disorders	-	1,082					
Attention-Deficit/Disruptive Disorders	-	998					
Pervasive Developmental Disorders	-	140					
TOTAL	17,858	8,152					
SOURCE: Stark County Mental Health and Addiction Recovery							

The suicide death rate in Stark County has decreased over the last five years from 18.8 to 15.3. The suicide death rate in Stark County is still higher than the state of Ohio. The age groups with the largest increase in suicide death rates were 55 to 64 and 85 and over.

Suicide Death	Rate					
	2017	2018	2019	2020	2021	Rate Change
Stark County	18.8	19.1	19.7	14.1	15.3	-3.5
Ohio	14.9	15.7	15.5	15.5	15	0.1
Stark County S	uicide Death	Rate by Age	Group			
5-14	2.2	9	2.3	2.3	0	-2.2
15-24	23.6	32.6	24.3	15.7	0	-23.6
25-34	38.5	36	31.1	35.5	22.4	-16.1
35-44	19.2	31	33.3	9.4	24.4	5.2
45-54	12.2	12.6	17.3	17.8	23.6	11.4
55-64	16.6	16.7	16.9	19	33.3	16.7
65-74	35.1	14.7	26.2	11.6	16.2	-18.9
75-84	19.2	4.6	18.1	9	26.9	7.7
85+	0	10.2	10.2	0	16.1	16.1
SOURCE: Ohio Dep	partment of Hea	lth, Data Warel	nouse			





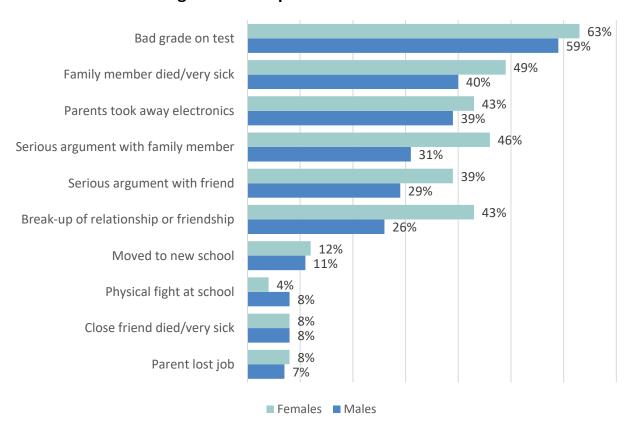
Poor mental health days are based on survey responses to the question: "Thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?" The value reported the average number of days a county's adult respondents report that their mental health was not good. The average number of poor mental health days was slightly higher for in Stark County than the state and has increased more rapidly in the past five years.

Number of Poor Mental Health Days										
	2015	2016	2017	2018	2019	Change				
Stark County	4.0	4.1	4.1	5.0	5.3	+1.3				
Ohio	4.0	4.3	4.3	4.8	5.2	+1.2				
SOURCE: County H	SOURCE: County Health Rankings									

## **YOUTH SURVEY**

The graph below shows the negative life experiences that Stark County students have experienced during the past 12 months. For nine of the ten life experiences included below the percentage of female students who reported experiencing each was higher than the percentage of male students. The most common negative life experiences were getting a bad grade on a test, having a family member who died or were very sick, parents taking away electronics, and a serious argument with a family member or friend.

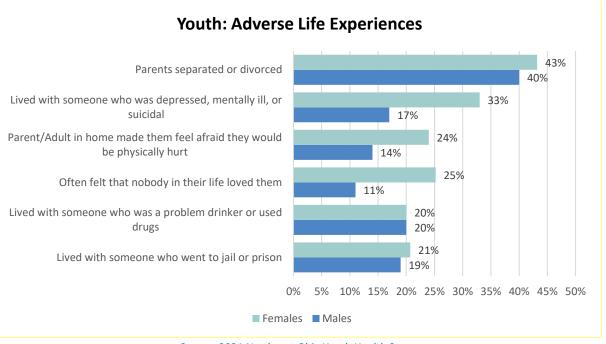
## **Negative Life Experiences- Past 12 months**



Source: 2021 Northeast Ohio Youth Health Survey



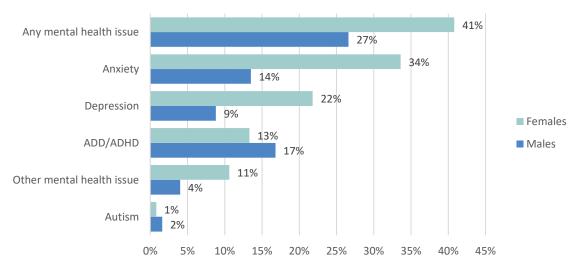
The graph below shows the most common adverse life experiences that Stark County students have experienced during their lifetime. For all six life experiences included below the percentage of female students who reported experiencing each was higher than the percentage of male students. The most common adverse life experiences were that their parents are seperated or divorced and that they live with someone who was depressed, mentally ill, or suicidal.



Source: 2021 Northeast Ohio Youth Health Survey

More than a third of students, (34.5%), reported they have been told by a health care professional they had a mental health issue before the current school year. The most common mental health issues for female students were anxiety and depression. For male students, the most common issues were ADD/ADHD and anxiety.

## **Youth: History of Mental Health Issues**



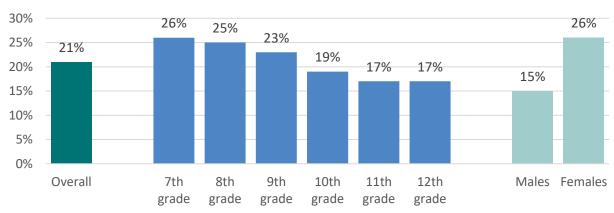
Source: 2021 Northeast Ohio Youth Health Survey





More than one in five, (21%), middle and high school students reported experiencing bullying sometime in the past 12 months. Significantly more female students then male students reported being bullied in the past 12 months. Also, the younger the student, the more likely they were to have been a victim of bullying in the past year.

## **Experienced Bullying in Past 12 Months**



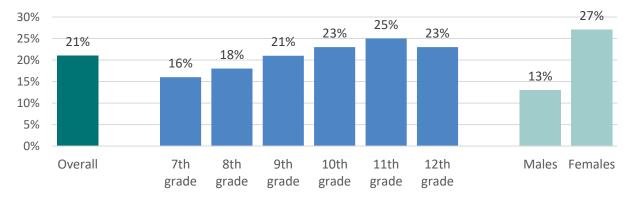
Source: 2021 Northeast Ohio Youth Health Survey

More than one in five, (21%), middle and high school students answered yes to one of these four questions regarding Youth Suicide Risk:

- 1. In the past few weeks, have you wished you were dead?
- 2. In the past few weeks, have you felt that you or your family would be better off if you were dead?
- 3. In the past week, have you been having thoughts about killing yourself?
- 4. Have you ever tried to kill yourself?

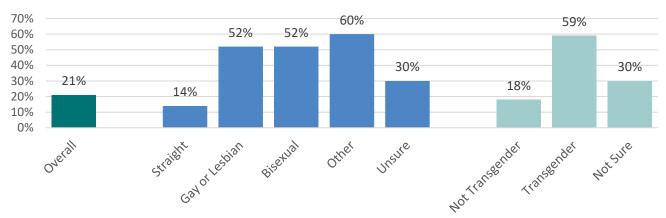
Female students were more than twice as likely as male students to answer yes to one of these questions. Additionally, high school students were more likely than middle school students to answer yes to one of these questions. In terms of sexual orientation and gender identity, gay or lesbian and bisexual students were four times as likely to answer yes to one of the four questions than straight students. Likewise, transgender students were four times as likely than non-transgender students to answer yes to one of the four suicide risk questions.

## Answered 'Yes' to One of Four Suicide Risk Questions



Source: 2021 Northeast Ohio Youth Health Survey

## Answered 'Yes' to One of Four Suicide Risk Questions



Source: 2021 Northeast Ohio Youth Health Survey

## **ISSUE 5: OBESITY AND HEALTHY LIFESTYLE CHOICES**

#### **COMMUNITY LEADER SURVEY**

Community leaders were also asked what challenges they feel people in the community face when trying to maintain a healthy lifestyle. This was an open-ended question in which the respondent could give multiple responses. The most common responses mentioned were having access to healthy food, (44%); affordability, (38%); safe outdoor green space, (28%); health literacy, (20%) (information overload); time, (14%) (busy schedules); transportation, (11%); social determinants, (11%), and motivation, (11%).

"I think there are a lack of opportunities for people to have somewhere safe within walking distance to exercise. Also, childcare for people who would like to exercise. I also believe that it is difficult for people to 'add' one more thing so helping to integrate healthy lifestyles into everyday living would be helpful.

Respondent on challenges residents face maintaining healthy lifestyle

Challenges that keep people from being healthy		
	# Responses	% of Leaders
Nutritious food to buy and prepare	49	44.1%
Affordability	42	37.8%
Safe outdoor green space	31	27.9%
Health Literacy	22	19.8%
Time	15	13.5%
Transportation	12	10.8%
Social determinants	12	10.8%
Motivation	12	10.8%
Indoor facility for physical activity	10	9.0%
Support system	10	9.0%
Health problems	7	6.3%
Social norms	6	5.4%
Ability to see healthcare worker	5	4.5%
Scheduled activities	5	4.5%
Childcare	3	2.7%
Total	244	(n=109)



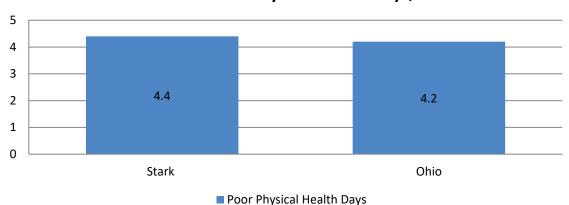




#### SECONDARY DATA ANALYSIS

Poor physical health days is based on survey responses to the question: "Thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?" The value reported is the average number of days a county's adult respondents report that their physical health was not good. The average number of poor physical health days was slightly less for the state than the county.

## Number of Poor Physical Health Days, 2019



Number of Poor Physical and Mental Health Days									
	Poor Physical Health Days								
	2015	2016	2017	2018	2019				
Stark County	3.8	3.9	3.8	4.3	4.4				
Ohio	3.7	4.0	3.9	4.1	4.2				

SOURCE: County Health Ranking. Original Source: The Behavioral Risk Factor Surveillance System (BRFSS)

Physical inactivity is the estimated percent of adults ages 20 and older reporting no leisure time physical activity. Examples of physical activities provided include running, calisthenics, golf, gardening, or walking for exercise. More than a quarter of adults in both Stark County and the state are considered physically inactive, a number that has been slightly increasing over the last several years.

Percentage of Adults Physically Inactive										
	2015	2016	2017	2018	2019	Change				
Stark County	26%	27%	28%	NA 2018 data	28%	+2%				
Ohio	25%	26%	26%	not available	28%	+3%				
SOURCE: County I	SOURCE: County Health Rankings									



More than a third of adults in both Stark County and Ohio have a BMI of 30 or more. Once again, the percentage of obese adults has increased slightly over the past several years.

Adult Obesity - Percentage of Adults that Report a BMI of 30 or More										
	2015	2016	2017	2018	2019	Change				
Stark County	32%	35%	37%	NA 2018 data	34%	+2%				
Ohio	32%	32%	34%	not available	35%	+3%				
SOURCE: County Health Rankings										

The table below represents the percentage of population with adequate access to locations for physical activity. Locations for physical activity are defined as parks or recreational facilities. The percentage of the population with access to exercise opportunities has been decreasing and is now significantly lower than the state.

Access to Exercise Opportunities- % of Population with Access to Locations for Physical Activity										
2013 2014 2016 2018-2019 2020-2021 Change										
Stark County	81%	80%	84%	80%	68%	-13%				
Ohio 83% 83% 85% 84% 77% - <b>6%</b>										
SOURCE: County Health	Rankings. Original	Source: Busines	s Analyst, Delorm	e map data						

The Food Environment Index equally weighs two indicators of the food environment: (1) limited access to healthy foods, which estimates the percentage of the population who are low income and do not live close to a grocery store and (2) food insecurity, which estimates the percentage of the population who did not have access to a reliable source of food during the past year. The Food Environment Index ranges from 0 (worst) to 10 (best). The Food Environmental Index is slightly better in Stark County than Ohio.

Food Environment Index										
	2015	2016	2017	2018	2019	Change				
Stark County	7.3	7.4	7.3	7.4	7.4	+0.3%				
Ohio	6.6	6.7	6.7	6.8	6.8	-0.2%				
SOURCE: County H	SOURCE: County Health Rankings									

Stark County has nearly the same percentage of the population who are food insecure or do not have access to a grocery store than the state.

Food Insecurity Rate									
	2017	2018	2019	Change					
Stark County	14.2%	13.5%	13.4%	-0.8%					
Ohio	14.5%	13.9%	13.2%	-1.3%					
Source: Feeding America, Map the Meal Gap									





#### **YOUTH SURVEY**

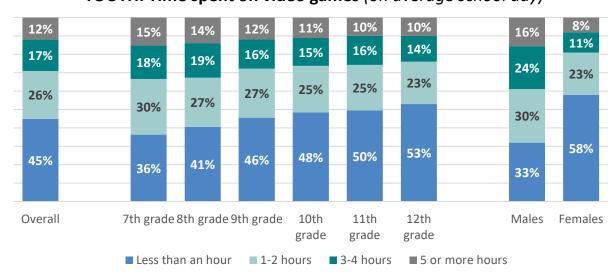
All youth were asked about how many hours on an average school day that they spend on social media. Less than one in five, (19%), reported spending less than an hour a day on social media. More than half, (51%), spend 3 or more hours a day on social media on an average school day. Females were more likely than males to spend 3 or more hours a day on social media. 10<sup>th</sup>-12<sup>th</sup> graders also tended to spend more time on social media than younger students.

13% 17% 19% 19% 18% 20% 22% 22% 26% 26% 24% 29% 31% 36% 30% 35% 33% 36% 29% 35% 30% 31% 30% 33% 30% 31% 26% 29% 26% 22% 19% 18% 15% 14% 14% 13% 7th grade 8th grade 9th grade 10th 12th Overall 11th Males Females grade grade grade ■ Less than an hour ■ 1-2 hours ■ 3-4 hours ■ 5 or more hours

**YOUTH:** Time spent on social media (on average school day)

Source: 2021 Northeast Ohio Youth Health Survey

All youth were also asked about how many hours on an average school day they spend on video games. Less than half, (45%), reported spending less than an hour a day on video games. More than one-quarter, (29%), spend 3 or more hours a day on video games on an average school day. Males were more likely than females to spend 3 or more hours a day on video games. 7<sup>th</sup> and 8<sup>th</sup> graders also tended to spend more time on video games than older students.



**YOUTH: Time spent on video games** (on average school day)

Source: 2021 Northeast Ohio Youth Health Survey



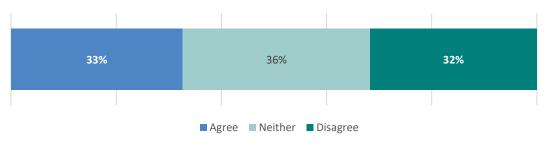


## OTHER ISSUES: ORAL HEALTH

## **COMMUNITY LEADER SURVEY**

Less than a third of community leaders who were surveyed, (33%), agreed that "Residents in Stark County are able to access a dentist when needed" with 4% strongly agreeing. Nearly a third, (32%), disagreed.

## Residents are able to access a dentist when needed



#### SECONDARY DATA ANALYSIS

The ratio below represents the population per dentist in the county. The ratio of population per number of dentists has been slightly improving over the past five years in both the county and the state. Currently, the ratio for the county is slightly better than the ratio for the state.

Ratio of Population per Dentists											
	20	016	20	17	20	)18	2019		2020		%
	# of Dentists	Ratio	Change								
Stark County	238	1,570:1	236	1,580:1	233	1,590:1	240	1,540:1	239	1,550:1	+0.4%
Ohio	-	1,660:1	-	1,620:1	-	1,610:1	-	1,560:1	-	1,570:1	-

## OTHER ISSUES: SMOKING/TOBACCO USE

#### SECONDARY DATA ANALYSIS

Adult smoking prevalence is the estimated percent of the adult population that currently smokes every day or "most days" and has smoked at least 100 cigarettes in their lifetime. Nearly a quarter of adults in Stark County currently smoke, a 4% increase over the past five years. The percentage of adults who smoke is higher in Stark County than it is in the state.

Percent of Adults that Currently Smoke										
	2015	2016	2017	2018	2019	Change				
Stark County	19%	20%	19%	24%	23%	+4.0%				
Ohio	22%	23%	21%	21%	22%	0.0%				
SOURCE: County Health Rankings										







# OTHER ISSUES: COMMUNICABLE DISEASES, VACCINATIONS AND PREVENTION SERVICES

## SECONDARY DATA ANALYSIS

Communicable disease rates tended to be higher for the majority of communicable diseases in Stark County when compared to the state of Ohio (with the exception of E-coli, Hepatitis A, Salmonellosis, and Streptococcal).

	Stark C	County	Oh	iio	Difference
	Case Count	Rate per 100,000	Case Count	Rate per 100,000	per 100,000
Campylobacteriosis	89	24.0	2,438	20.9	-3.1
Cryptosporidiosis	52	11.3	664	5.9	-5.4
E-coli	14	3.8	591	5.1	+1.3
Giardiasis	19	5.1	451	3.9	-1.2
Hepatitis A	9	2.4	1,624	13.9	+11.5
Hepatitis E	0	0.0	0	0.0	0
Influenza associated hospitalizations	437	117.9	10,886	93.1	-24.8
Lyme Disease	18	4.9	460	3.9	-1.0
Mumps	1	0.3	69	0.6	+0.3
Salmonellosis	44	11.9	1,600	13.7	+1.8
Shigellosis	25	6.7	425	3.6	-3.1
Spotted Fever, Rickettsiosis	1	0.3	49	0.4	+0.1
Streptococcal, Group A, invasive	16	4.3	780	6.7	+2.4
Streptococcal pneumoniae, invasive	34	9.2	1,273	10.9	+1.7
Varicella	24	6.5	413	3.5	+3.0
Yersiniosis	3	0.8	112	1.0	+0.2

Communicable disease rates that have risen significantly over the past four years include Influenza associated hospitalizations (63.8 increase) and Shigellosis (5.1 increase).

Communicable Disease Coun	Communicable Disease Counts and Rates, Stark County, 2016-2019										
	20	16	2017		20	18	2019		Change		
	#	Rate	#	Rate	#	Rate	#	Rate	Change		
ENTERIC DISEASES											
Campylobacteria	82	21.9	88	23.6	85	22.9	89	24.0	+2.1		
Cryptosporidiosis	46	12.3	32	8.6	32	8.6	42	11.3	-1.0		
E-coli, unspecified	9	2.4	8	2.1	16	4.3	14	3.8	+1.4		
Giardiasis	23	6.2	17	4.6	18	4.8	19	5.1	-1.1		
Listeriosis	1	0.3	1	0.3	1	0.3	2	0.5	+0.2		
Salmonellosis	44	11.8	39	10.5	61	16.4	44	11.9	+0.1		
Shigellosis	6	1.6	25	6.7	23	6.2	25	6.7	+5.1		
Yersiniosis	3	0.8	3	0.8	3	0.8	3	0.8	0		
			HEPA	TITIS							
Hepatitis A	1	0.3	0	0.0	0	0.0	9	2.4	+2.1		





Hepatitis E	0	0.0	0	0.0	0	0.0	0	0.0	0	
		VACCIN	E PREVEN	TABLE DIS	EASES					
Influenza-associated hosp.	202	54.1	458	122.9	540	145.3	437	117.9	+63.8	
Pertussis	21	5.6	23	6.2	31	8.3	21	5.7	+0.1	
Varicella	28	7.5	15	4.0	15	4.0	24	6.5	-1.0	
VECTORBORNE AND ZOONOTIC										
Lyme Disease	8	2.1	10	2.7	14	3.8	18	4.9	+2.8	
Malaria	0	0.0	0	0.0	0	0.0	0	0.0	0	
		OTHER	R REPORT	ABLE DISE	ASES					
Legionnaire's	18	4.8	14	3.8	32	8.6	23	6.2	+1.4	
Meningitis (viral)	28	7.5	38	10.2	43	11.6	17	4.6	-2.9	
Streptococcal, Group A	11	2.9	21	5.6	25	6.7	16	4.3	+1.4	
TSS- Toxic Shock Syndrome	0	0.0	0	0.0	0	0.0	0	0.0	0	
Streptococcus pneumoniae	47	12.6	51	13.7	37	10.0	34	9.2	-3.4	
SOURCE: Ohio Department of Health	1									

Preventable hospital stays are measured as the hospital discharge rate for ambulatory care-sensitive conditions per 1,000 Medicare enrollees. Ambulatory-care sensitive conditions (ACSC) are usually addressed in an outpatient setting and do not normally require hospitalization if the condition is well-managed. Hospitalization for diagnoses treatable in outpatient services suggests that the quality of care provided in the outpatient setting was less than ideal. The measure may also represent a tendency to overuse hospitals as a main source of care. Over the past four years, the number of preventable hospital stays has decreased by more than 14% in both the county and the state.

Preventable Hospital Stays									
	2016	2017	2018	2019	Change				
Stark County	4,336	4,100	4,008	3,710	-14.4%				
Ohio	5,135	5,168	4,901	4,338	-15.5%				
SOURCE: County H	SOURCE: County Health Rankings								

Mammography screening represents the percent of female Medicare enrollees aged 67-69 that had at least one mammogram over a two-year period. Less than half, 45%, of female Medicare enrollees ages 67-69 reported having a mammogram in the past two years.

Mammography Screening									
	2016	2017	2018	2019	Change				
Stark County	42%	43%	44%	45%	+3%				
Ohio	41%	43%	43%	45%	+4%				
SOURCE: County H	ealth Rankings								



Rate=per 100,000 population, number of cases is confirmed and probable



## OTHER ISSUES: CHRONIC DISEASE MANAGEMENT

## SECONDARY DATA ANALYSIS

The number of resident deaths in both Stark County and the state has increased by approximately 24% over the past five years. The age group that saw the largest increase in the last five years in Stark County was ages 5 to 14.

Resident Death	S								
	2016	2017	2018	2019	2020	2021	Change		
Stark County	4,378	4,478	4,421	4,490	5,286	5,411	+23.6%		
Ohio	119,574	123,650	124,294	123,705	143,661	147,569	+23.4%		
STARK COUNTY BY AGE GROUP									
<1	38	38	26	22	31	22	-42.1%		
1-4	5	4	3	3	2	7	+40.0%		
5-14	1	6	10	11	7	5	+400.0%		
15-24	28	49	45	37	36	43	+53.5%		
25-34	85	88	64	74	82	79	-7.0%		
35-44	122	96	97	103	109	149	+22.1%		
45-54	269	223	210	211	270	329	+22.3%		
55-64	591	577	530	553	648	744	+25.8%		
65-74	762	842	867	865	1,036	1,186	+55.6%		
75-84	943	1,063	1,073	1,111	1,391	1,296	+37.4%		
85+	1,534	1,492	1,496	1,500	1,674	1,551	+1.1%		
SOURCE: Ohio Depo	artment of Healt	h, ODH Data Wo	ırehouse						

The top two causes of death in Stark County in 2021 were cancer and heart disease. When looking at five-year trends, the causes of death that had the largest increase were heart disease and unintentional injuries.

			Stark	County			Ohio					
	2017	2018	2019	2020	2021	Change	2017	2018	2019	2020	2021	Change
Malignant Neoplasms	160.2	153.8	152.5	151.9	159.8	-0.4	158.8	145.1	151.2	147.2	148.6	-11.6
Diseases of the heart	165.9	171.1	182.7	186.5	167.4	+1.5	186.4	191.7	189.2	196.7	196.4	+30.5
Alzheimer's Disease	54.3	50.9	51.7	52.5	46.7	-7.6	33.6	35.1	33.7	38.0	31.7	-22.6
CLRD	53.8	52.2	51.1	44.2	43.0	-10.8	48.5	49.1	46.0	44.6	40.6	-13.2
Cerebrovascular	42.9	37.4	43.0	40.0	40.8	-2.1	42.9	42.8	42.3	45.4	46.4	+3.5
Unintentional Injuries	49.1	43.3	52.6	59.6	64.8	+15.7	65.1	55.0	58.8	68.3	71.0	+21.9
Diabetes	25.0	25.4	22.1	27.7	30.7	+5.7	25.2	25.4	25.5	28.3	29.0	+4.0
Suicide	18.2	20.2	19.8	14.1	19.3	-1.1	14.8	15.3	15.2	13.8	14.6	-3.6
Flu & Pneumonia	11.6	14.7	12.6	13.5	9.9	+1.7	14.9	15.8	12.7	13.3	10.9	-0.7







Cancer incidence rates were higher in Stark County than Ohio for the following types of cancer: bladder, leukemia, ovarian, and other types. Cancer incidence rates were lower in Stark County than Ohio for colon, breast, kidney, and uterine.

Cancer Incidences in Stark Cour	nty and Onio					
			r of Cases	l e	Age Adjusted	Change
	2016	2017	2018	2019	Rate (2019)	
	<u> </u>		COUNTY	I .	1	
Bladder	152	121	108	136	24.9	-10.5%
Brain and other CNS	39	32	29	34	7.6	-12.8%
Breast	330	343	318	339	67.3	+2.7%
Cervix	20	16	18	18	9.2	-10.0%
Colon & Rectum	175	195	162	163	31.5	-6.8%
Esophagus	29	20	37	23	4.0	-20.6%
Hodgkin's Lymphoma	7	13	10	11	3.0	+57.1%
Kidney & Renal Pelvis	85	103	74	70	14.9	-17.6%
Larynx	28	21	19	19	3.7	-32.1%
Leukemia	43	67	68	78	16.3	+81.4%
Liver & Intrahepatic Bile Duct	32	29	34	50	9.2	+56.2%
Lung and Bronchus	398	330	332	353	63.0	-11.3%
Melanoma of the Skin	122	122	138	131	27.1	+7.3%
Multiple Myeloma	36	29	41	25	4.6	-30.5%
Non-Hodgkin's Lymphoma	80	108	75	103	20.7	+28.7%
Oral Cavity & Pharynx	67	63	59	71	13.9	+5.9%
Other Sites/Types	183	188	162	197	37.6	+76%
Ovary	21	32	32	35	12.9	+66.6%
Pancreas	58	65	93	67	12.5	+15.5%
Prostate	255	283	271	317	121.4	+24.3%
Stomach	34	30	34	26	4.8	-23.5%
Testis	9	13	10	13	7.8	+44.4%
Thyroid	43	52	57	56	14.9	+30.2%
Uterus	76	77	70	79	28.2	+3.9%
TOTAL	2,322	2,352	2,251	2,414	468.1	+3.9%
1017/12	2,322		HIO	2,727	40012	131370
Bladder	3,201	3,244	3,302	3,318	21.3	+3.6%
Brain and Other CNS	935	959	904	931	7.0	-0.4%
Breast	9,818	9,956	9,909	10,149	70.1	+3.3%
Cervix	491	492	450	499	8.0	+1.6%
Colon & Rectum	5,834	5,828	5,819	5,608	37.8	-3.8%
Esophagus	823	833	860	931	5.9	+13.1%
Hodgkin's Lymphoma	332	330	288	352	3.0	+6.0%
Kidney & Renal Pelvis	2,519	2,540	2,529	2,625	17.8	+4.2%
Larynx	583	598	547	572	3.7	-6.1%
Leukemia	1,677	1,720	1,678	1,712	12.0	-2.0%
Liver & Intrahepatic Bile Duct		-	<del>                                     </del>	· ·		
· · · · · · · · · · · · · · · · · · ·	1,162	1,157	1,162	1,228	7.6	+5.6%
Lung and Bronchus	10,001	9,954	10,025	10,134	63.9	+1.3%





Cancer Incidences in Stark Cour	nty and Ohio					
Melanoma of the Skin	3,615	3,406	3,403	3,825	26.7	+5.8%
Multiple Myeloma	953	902	920	932	6.0	-2.2%
Non-Hodgkin's Lymphoma	2,691	2,777	2,768	2,862	19.3	+6.3%
Oral Cavity & Pharynx	1,765	1,843	1,857	1,946	12.9	+0.2%
Other Sites/Types	5,124	5,189	5,043	5,254	12.9	+2.5%
Ovary	743	775	709	716	9.3	-3.6%
Pancreas	1,897	2,008	2,189	2,155	13.8	+13.6%
Prostate	7,498	8,391	8,567	9,105	118.9	+21.4%
Stomach	891	886	835	811	5.4	-8.9%
Testis	295	282	305	312	5.9	+5.7%
Thyroid	1,909	1,848	1,838	1,848	14.8	-3.2%
Uterus	2,498	2,571	2,469	2,545	31.6	+1.8%
TOTAL	67,255	68,489	68,376	70,370	468.0	+4.6%
SOURCE: Ohio Department of Health De	ata Warehouse					

The table below measures the percentage of the county population with a disability. Disabilities include difficulties with hearing, vision, cognition, ambulation, and self-care. The percentage of the population with disabilities has slightly decreased over the past five years.

Disability Status by Age						
	2016	2017	2018	2019	2020	Change
Total Population	370,006	369,531	368,713	367,654	366,799	-0.8%
% with a Disability	13.3%	13.4%	13.4%	13.4%	13.3%	-
# with a Disability	49,242	49,348	49,462	49,105	48,810	-0.8%
# under 5	48	89	130	127	123	+156.2%
#5-17	3,172	3,578	3,480	3,452	3,493	+10.1%
#18-34	4,924	5,165	5,065	4,956	5,299	+7.6%
#35-64	19,835	19,400	19,187	18,846	18,656	-5.9%
#65-74	7,940	8,239	8,461	8,570	8,516	+7.2%
75 years and older	13,323	12,877	13,139	13,154	12,723	-4.5%
SOURCE: U.S. Census Bureau, A	merican Commi	unitv Survev 5-Ye	ear Estimates			



The percentage of students with disabilities in the county is outlined in the table below. These children will have Individual Education Plans (IEPs) at school. Alliance City and Canton City had the highest percentage of students with disabilities.

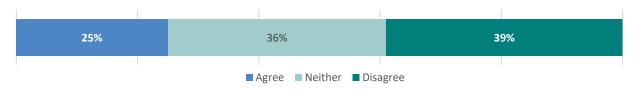
Students with Disabilities, 2020-20	21 District Lev	vel Data	
District	# Total	# Students	% Students
District	Students	Disabilities	Disabilities
Alliance City School District	2,903	557	19.2%
Canton City School District	7,928	1,348	17.0%
Canton Local School District	1,851	281	15.2%
Fairless Local School District	1,336	189	14.2%
Jackson Local School District	5,752	645	11.2%
Lake Local School District	3,321	254	10.7%
Louisville City School District	2,761	408	14.8%
Marlington Local School District	1,906	249	13.0%
Massillon City School District	3,947	588	14.9%
Minerva Local School District	1,749	250	14.3%
North Canton City School District	4,208	573	13.6%
Northwest Local School District	1,757	220	12.5%
Osnaburg Local School District	849	124	14.6%
Perry Local School District	4,324	508	11.7%
Plain Local School District	5,958	781	13.1%
Sandy Valley Local School District	1,276	197	15.5%
Tuslaw Local School District	1,229	145	11.8%
COUNTY TOTAL	53,055	7,317	13.8%
SOURCE: Ohio Department of Education			

## **OTHER ISSUES: TRANSPORTATION**

## **COMMUNITY LEADER SURVEY**

A quarter of community leaders, (24.8%), agreed that "Transportation services for medical/mental health appointments are available for residents in Stark County when needed," with 6.4% strongly agreeing. Over a third, (39.2%), disagreed with the statement.

## **Transportation Services are Available for Health Appointments**





## SECONDARY DATA ANALYSIS

Driving alone to work is the percentage of the workforce that usually drives alone to work. The numerator is the number of workers who commute alone to work via a car, truck, or van. The denominator is the total workforce. Driving alone to work is an indicator of poor public transit infrastructure and sedentary behaviors. Most of the workforce in Stark County, (84%), drives alone to work.

Driving Alone to Work: % of the workforce that drives alone to work									
	2016	2017	2018	2019	2020	Change			
Stark County	85%	85%	85%	85%	84%	-1%			
Ohio	83%	83%	83%	83%	82%	-1%			
SOURCE: County He	SOURCE: County Health Rankings								

Among workers who commute in their car alone, the percentage that commute more than 30 minutes in Stark County was 26%, slightly lower than the state percentage of 31%.

Long Commute	Long Commute Driving Alone to Work: % of that drives alone to work that commute <30 minutes									
	2012-2016	2013-2017	2014-2018	2015-2019	2016-2020	Change				
Stark County	26%	26%	26%	26%	26%	-				
Ohio	30%	30%	31%	31%	31%	+1%				
SOURCE: County H	SOURCE: County Health Rankings									

## OTHER ISSUES: ENVIRONMENTAL QUALITY

#### SECONDARY DATA ANALYSIS

The table below represents the average daily amount of fine particulate matter in micrograms per cubic meter (PM2.5) in a county. Fine particulate matter is defined as particles of air pollutants with an aerodynamic diameter less than 2.5 micrometers. These particles can be directly emitted from sources such as forest fires, or they can form when gases emitted from power plants, industries and automobiles react in the air.

Air Pollution - Particulate matter									
	2012	2014	2016	2018	Change				
Stark County	12.0	12.2	9.5	10.0	-2.0				
Ohio	11.3	11.5	9.0	9.0	-2.3				
SOURCE: County F	SOURCE: County Health Ranking, Air Data Quality Index Report								

More than one-tenth of the Stark County population, (11.1%), currently has asthma, an increase from 10.0% in 2015.

Stark County Estimated Prevalence of Asthma									
	2015	2016	2017	2018	2019	Change			
Currently have asthma	Currently have asthma 10.0 9.7 9.9 9.5 11.1 <b>+1.1%</b>								
SOURCE: Ohio Behavioral Risk	Factor Surveillanc	e System, Ohio l	Department of H	lealth					



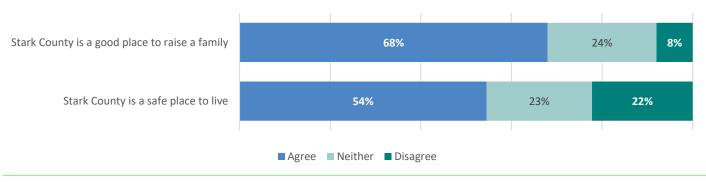


## OTHER ISSUES: SAFETY, INJURY AND VIOLENCE

#### **COMMUNITY LEADER SURVEY**

More than two-thirds of community leaders, (67.5%), agreed that "Stark County is a good place to raise a family" with 17.1% strongly agreeing. Less than one tenth, (8.1%), disagreed with this statement. More than half of community leaders, (54.4%), agreed that "Stark County is a safe place to live" with 9.6% strongly agreeing. Less than a quarter, (22.4%), disagreed.

## **Agreement with Statements**



## SECONDARY DATA ANALYSIS

Although the death rate for unintentional injuries in Stark County has increased by 14% over the past five years, the unintentional death rate for the county is significantly lower than the state.

Injury and Homicide Death Rate (death per 100,000 population)												
	Stark County					Ohio						
	2017	2018	2019	2020	2021	Change	2017	2018	2019	2020	2021	Change
Unintentional Injuries	49.1	43.3	52.6	58.4	63.2	+14.1	65.1	55.0	58.8	68.4	71.0	+5.9
Homicide	9.1	6.0	5.3	6.5	7.0	-2.1	7.6	6.9	6.6	9.1	9.4	+1.8
SOURCE: Ohio Department o	of Health, O	DH Data W	SOURCE: Ohio Department of Health, ODH Data Warehouse									

The violent crime rate below is represented as an annual rate per 100,000 population. Violent crimes are defined as offenses that involve face-to-face confrontation between the victim and the perpetrator, including homicide, forcible rape, robbery, and aggravated assault. The violent crime rate for Stark County is higher than the state.

Violent Crime Rate										
	2008-2010	2009-2011	2010-2012	2012-2014	2014-2016	Change				
Stark County	297	299	297	303	328	+10.4%				
Ohio	332	318	307	290	293	-11.7%				
SOURCE: County Health Rankings										







The firearm fatality rate, the number of deaths due to firearms per 100,000 population, is slightly lower in the county than it is in the state, and the rate for the county has decreased over the past five years.

Homicide by Firearm Fatality Rate										
	2017	2018	2019	2020	2021	Change				
Stark County	6.9	3.9	3.5	5.2	5.4	-1.5				
Ohio	5.8	5.0	5.2	7.6	8.1	+2.3				
SOURCE: Ohio Department	SOURCE: Ohio Department of Health, Ohio Data Warehouse									

Over the past five years the total number of maltreatment allegations in the county has decreased at a slightly higher level than the state. Looking specifically at allegations of physical abuse, Stark County had a significantly larger increase over the past five years than the state average. Overall, the number of neglect allegations has decreased for both the state and the county. In Ohio, the number of allegations of psychological or emotional maltreatment has decreased by 37% over the past five years, while it decreased by 3% in Stark County over the same time.

<b>Total Number of Malt</b>	reatment Alle	gations, 2013	- 2020					
	SFY 2013	SFY 2016	SFY 2018	SFY 2020	Change			
Stark County	3,135	2,927	3,379	2,918	-6.9%			
Ohio	100,139	97,602	101,243	94,973	-5.1%			
Count of Maltreatmer	nt Allegations	by Maltreatm	ent Type: PH	YSICAL ABUSE				
Stark County	499	526	592	584	+17.0%			
Ohio	28,817	29,659	30,264	29,442	+2.1%			
Count of Maltreatment Allegations by Maltreatment Type: NEGLECT								
Stark County	1,161	832	1,160	963	-17.0%			
Ohio	28,819	25,098	25,827	23,743	-17.6%			
Count of Maltreatment Allegations by Maltreatment Type: SEXUAL ABUSE								
Stark County	342	290	338	321	-6.1%			
Ohio	10,153	9,040	9,137	8,548	-15.8%			
Count of Maltreatmer	nt Allegations:	<b>EMOTIONAL</b>	<b>MALTREATM</b>	ENT				
Stark County	30	23	33	29	-3.3%			
Ohio	1,505	1,301	1,203	950	-36.8%			
<b>Count of Maltreatmer</b>	nt Allegations:	<b>MULTIPLE AI</b>	LEGATIONS					
Stark County	687	765	798	642	-6.5%			
Ohio	13,348	13,827	17,861	18,995	+42.3%			
Count of Maltreatmer	Count of Maltreatment Allegations: FAMILY IN NEED OF							
Stark County	460	491	458	350	-23.9%			
Ohio	17,541	18,856	17,001	12,346	-29.6%			
SOURCE: Public Children Sei	rvices Association	of Ohio (PCSAO,	) PCSAO Factboo	k				

The table below shows the number of youths under age 18 adjudicated for felony-level offenses over a 4-year period. The rate is the number of adjudications per 1,000 youths in the population. Overall, the number of youths adjudicated for felonies in the county declined by 19% over the four-year period while the number at the state level decreased by almost 32% over the same time.





Adolescents Adj	Adolescents Adjudicated for Felonies									
2017		2018		2019		2020				
	#	Rate per 1,000	#	Rate per 1,000	#	Rate per 1,000	#	Rate per 1,000	Change	
Stark County	114	1.4	111	1.4	113	1.4	92	1.2	-19.3%	
Ohio	4,496	1.7	4,195	1.6	3,365	1.4	3,075	1.3	-31.6%	

The # of those under age 18 adjudicated for felony-level offenses. The rate is the number of adjudications per 1,000 adolescents in the population. SOURCE: Kids Count Data Center. <a href="http://datacenter.kidscount.org/data/tables/2490-adolescents-adjudicated-for-felonies?loc=37&loct=5#detailed/5/5180,5192,5215,5224,5227,5229,5244,5253-5255,5262/false/573,869,36,868,867/any/10247,15677.

## OTHER ISSUES: REPRODUCTIVE AND SEXUAL HEALTH

#### SECONDARY DATA ANALYSIS

The HIV infection rate is the number of persons with a reported diagnosis of HIV infection per 100,000 population. Although the HIV infection rate in Stark County has decreased over the past five years, it is higher than Ohio's rate.

HIV Infection Rate									
	2016	2017	2018	2019	2020	Change			
Stark County	8.6	7.2	8.3	4.0	7.8	-0.8			
Ohio	8.3	8.4	8.2	7.7	7.7	-0.6			

The rate below depicts the number of persons living with diagnosed HIV per 100,000 population. While the rate in Stark County has increased considerably over the past five years, it is still significantly lower than the state rate.

Rate of Population Living with Diagnosed HIV Infection										
	2016	2017	2018	2019	2020	Change				
Stark County	124.7	130.5	137.0	140.3	138.5	+13.8				
Ohio	196.1	202.3	204.4	209.4	214.6	+18.5				

The Gonorrhea rate is the number of persons per 100,000 population with Gonorrhea. In 2016, the Gonorrhea rate for Stark County was higher than the rate for the state. Since then, however, the Gonorrhea rate for Stark County has increased at a much lower rate than the state to the point that Ohio's Gonorrhea rate is now considerably higher than the county rate.

Gonorrhea Rate									
	2016	2017	2018	2019	2020	Change			
Stark County	179.1	141.2	175.1	144.9	211.0	+32.0			
Ohio	176.8	205.8	216.2	224.0	262.6	+85.8			





The Chlamydia Rate is the number of persons per 100,000 population with Chlamydia. The Chlamydia rate for Stark County is considerably lower than the state's rate.

Chlamydia Rate										
	2016	2017	2018	2019	2020	Change				
Stark County	500.0	477.0	459.5	483.8	437.9	-62.1				
Ohio	521.8	526.8	543.1	561.9	504.8	-17.0				

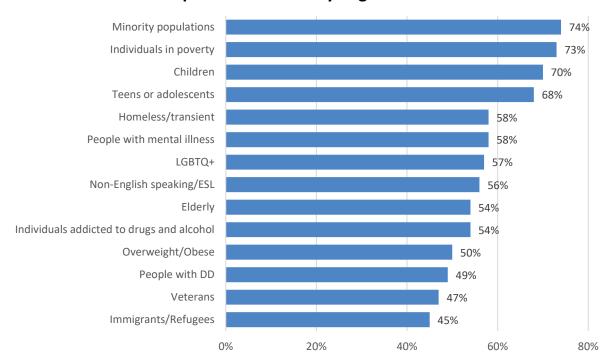
The Syphilis rate is the number of persons per 100,000 population with Syphilis. The Syphilis rate for Stark County is considerably lower than the state's rate.

Syphilis Rate										
	2016	2017	2018	2019	2020	Change				
Stark County	5.4	6.7	9.2	9.4	11.9	+6.5				
Ohio	13.9	16.5	16.4	17.3	20.9	+7.0				
SOURCE: Ohio Department of Health, STD Surveillance										



A total of 125 community leaders familiar with health-related issues completed the web survey.

# **Populations Served by Organization**



Sectors Org. Associates With	N	%
Nonprofit	36	29.0%
Health care	31	25.0%
Government	29	23.4%
Education	17	13.7%
Business/private sector	3	2.4%
Religious	1	0.8%
Other	7	5.6%
Total	124	100.0%

Primary Service Area	N	%
Stark County	66	57.9%
Multi-county including Stark County	26	22.8%
Canton	9	7.9%
Massillon	5	4.4%
Alliance	5	4.4%
North Canton	1	0.9%
Alliance, Canton, Massillon	1	0.9%
Hartville	1	0.9%
Total	114	100.0%



# **Appendix: Research Methodology**

The Center for Marketing and Opinion Research (CMOR) conducted the 2022 Stark County Community Health Needs Assessment on behalf of the Stark County Health Needs Advisory Committee.

## This report includes indicators in the following focus areas:

- Community Needs/Social Determinants
- Access to Health Care
- Oral Health
- Smoking/Tobacco Use
- Mental Health
- Substance Abuse
- Maternal, Infant, and Child Health
- Healthy Living
- Vaccinations and Prevention Services
- Chronic Diseases
- Transportation
- Environmental Quality
- Injury and Violence
- Reproductive and Sexual Health

#### **STARK POLL**

The 2021 Stark County Collaborative Poll was a large-scale, random sampling survey of households in Stark County. The final sample of the poll consisted of a total of 600 respondents. The general population statistics derived from the sample size provide a precision level of plus or minus 4.0% within a 95% confidence interval.

CMOR collaborated with participating organizations to design survey questions to meet the needs of each organization. Separate reports were written by CMOR for each participating organization. In addition to the survey results for the questions posed by the organization, all reports include a Quality of Life in Stark County section as well as Demographic and Methodology sections.

Data Collection began on April 26 and ended on June 23, 2021. Most calling took place between the evening hours of 5:15 pm and 9:15 pm. Some interviews were conducted during the day and on some weekends to accommodate respondent schedules. The interviews took an average of 22.6 minutes.

## **COMMUNITY HEALTH LEADER SURVEY**

CMOR conducted a web survey of community health leaders between May 9 and May 23, 2022. The Stark County Health Department provided CMOR with a list of 474 email addresses of potential survey respondents. Of these, 290 were valid email addresses. A total of 125 surveys were completed from the email campaign: a completion rate of 43.1%. The initial email invitation with a link to complete the online





<sup>\*</sup>Throughout the report, statistically significant findings and statistical significance between groupings (i.e., between age groups or between races) are indicated by an asterisk (\*).



survey was sent to the list on May 9. Survey links were customized with an embedded unique identifying number that enabled tracking of completed surveys at the individual level.

Reminder invitations were sent on May 12, 17 and 20 of 2021. Reminder invitations were not sent to email addresses that were returned as invalid or that belonged to respondents who had either completed the survey or indicated their refusal to participate. Invitations were sent at varied days of the week and times of day to facilitate a higher response rate.

The design of the survey was optimized for respondents completing via computer as well as on a mobile device such as a tablet or smart phone. A total of 13.6% surveys completed via a mobile device were included in this analysis.

#### **SECONDARY DATA ANALYSIS**

Another phase of the project consisted of reviewing and analyzing secondary data sources to identify priority areas of concern when analyzed alongside survey data. CMOR gathered and compiled health and demographic data from various sources (outlined below). After gathering the data, CMOR compiled the information, by category. In addition to the report narrative, data was visually displayed with charts and tables. When available, data was compared to previous five year's information as well as other geographic areas such as Ohio. Analysis included survey data in conjunction with health and demographic data. Using all data available, CMOR identified priorities for the county.

#### Sources of Data:

- 2021 Northeast Ohio Youth Health Survey
- ✓ Behavioral Risk Factor Surveillance System (BRFSS)
- Canton Regional Chamber of Commerce, Economic Scorecard
- ✓ County Health Rankings
- Feeding America, Map the Meal Gap
- ✓ HRSA Area Resource File
- ✓ National Center for Health Statistics/Census Bureau
- ✓ Ohio Behavioral Risk Factor Surveillance System
- ✓ Ohio Department of Education
- ✓ Ohio Department of Health
- ✓ Ohio Department of Health, Data Warehouse
- ✓ Ohio Department of Health, STD Surveillance
- ✓ Ohio Department of Job and Family Services, Office of Workforce Development
- ✓ Ohio Department of Job and Family Services, Bureau of Labor Market Information
- Ohio Department of Job and Family Services, Statewide Automated Child Welfare Information System
- Ohio Development Services Agency, Ohio County Profiles
- Ohio Housing Finance Agency, Ohio Housing Needs Assessment
- Ohio Mental Health and Addiction Services

## 2022 Stark County CHA



- Public Children Services Association of Ohio (PCSAO)
- ✓ Stark County Health Department
- Stark County Mental Health and Addiction Recovery (StarkMHAR)
- ▼ The Annie E. Casey Foundation, Kids Count Data Center
- ✓ U.S. Census Bureau American Fact Finder, American Community Survey
- ✓ U.S. EPA Air Data Air Quality Index Report

The 2021 Northeast Ohio Youth Health Survey was an anonymous online survey of 15,083 students from 18 Stark County school districts. All students were in 7<sup>th</sup>-12<sup>th</sup> grade. The survey was administered in the Fall of 2021.

#### MATERNAL HEALTH COMMUNITY FOCUS GROUP

The Center for Marketing and Opinion Research (CMOR) on behalf of Stark County Health Department conducted a focus group on August 25, 2021, to collect qualitative data to help collect information to assist in the evaluation of the Maternal Child Health Grant. Participants all where women ages 18 to 44 who lived in Stark County. The group consisted of participants of different races and backgrounds, with and without children, and living in urban, suburban and rural areas. The focus groups were moderated by CMOR. The focus group was conducted at the Stark County Health Department.

#### **VOICES OF STARK COUNTY**

The Voices of Stark County Report consisted of data from six community meetings and 15 small focus groups. A total of 167 individuals participated. The Voices of Stark County Report was compiled by the Behavioral Health Access and Integration Collaborative and supported by Stark Mental Health and Addiction Recovery, Aultman Health Foundation, and the Stark County Educational Service Center. The Behavioral Health Access and Integration Collaborative is a coordinated county-wide initiative that aims to address socioeconomic barriers to access and create and implement targeted interventions to increase access entry points throughout the community. The purpose of this report was to identify barriers to access.